



Report from workshop on

Bioactive peptides from aquatic raw materials

Copenhagen, 2 March 2010



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**Bioactive peptides from aquatic
raw materials**

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Copenhagen

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Technical University of Denmark

Bioactive peptides from aquatic raw materials

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Preface

The open workshop “Bioactive Peptides from Aquatic Raw Materials” took place in Copenhagen on 2 March 2010 at Ingeniørforeningens (IDA) Mødecenter. The workshop was arranged by Flemming Jessen (project leader), National Food Institute, Technical University of Denmark (DTU), in cooperation with Gestur Hovgaard, director of the marine biotech company Atlantic Biotechnology S/P, Faroe Islands. Other project participants: Hordur G. Kristinsson (Matís, Reykjavik, Island), Turid Rustad (Norwegian University of Science and Technology (NTNU), Trondheim, Norway), Ingmar Høgøy (Seagarden ASA, Haugesund, Norway), Jan Stagsted (University of Aarhus, Denmark), Hóraldur Joensen (University of Faroe Islands, Tórshavn, Faroe Islands), Eddy G. Torp (DueMiljø AS, Oslo, Norway), Frank Hansen (Hansen-Øye Consult, Sortland, Norway).

This report consists of a synopsis of the presentations at the workshop with the programme and the slides accompanying each presentation presented in Appendix 1-12.

The workshop was supported by the **Working Group for Fisheries Cooperation (AG-Fisk), Nordic Council of Ministers for Fisheries and Aquaculture, Agriculture, Food and Forestry.**

March 2011

Summary

A workshop was held in Copenhagen in March 2010 addressing issues of documentation of bioactivity and the commercial utilisation of bioactive peptides and other compounds derived from aquatic raw materials. Ongoing research activities and commercial initiatives were presented by representatives from both research institutions and Nordic companies specialising in developing products containing bioactive peptides.

In conclusion of the workshop, three areas where further research is needed to fully document the bioactive effect of marine peptides were identified. These were: 1) Studies on the uptake and stability of bioactive peptides in the intestinal system, 2) the implementation of more extensive human trials to confirm positive results from *in vitro* and animal studies, and finally, 3) more research is needed to determine whether the observed effect of marine peptides on the metabolic syndrome is a general peptide effect or directly attributable to specific peptides found only in fish or other aquatic materials. In general, more studies are needed to explore the sources, bioavailabilities, and the physiological/functional properties and the mechanisms of action of bioactive peptides.

Workshop synopsis

Introduction

The aim of the workshop was to generate an overview of the current state of the art of research and development within the field of utilising bioactive peptides and other compounds of marine origin for health beneficial purposes. The ambition was furthermore to provide a knowledge platform to facilitate Nordic cooperation and research coordination between industry and research institutions through the establishment of new collaborations and joint applications for funding under national as well as EU auspices.

The aquatic ecosystem represents an as of yet not fully explored resource of biodiversity with a huge variety of organisms adapted for living conditions very different from terrestrial animals. For example, fish generally have an eminent bioactive defence system for protection against the high amounts of potentially harmful bacteria in the water. In consequence, fish and other inhabitants of the aquatic ecosystem expectedly possess a great number of biocomponents of both nutritional and pharmaceutical value, in line with what has been found in the rain forest.

During industrial processing of fish for human consumption only about half of the total fish weight is converted to edible products. The remaining part, the secondary products, is mainly used for animal feed products. Internationally, there is increasing documentation of the fact that fish contain large amounts of bioactive peptides. These bioactive peptides often have beneficial effects in respect to both human and animal health, as for example strengthened immune response, better blood pressure regulation, inhibition of cancer cell proliferation, reduction of obesity, diabetes, and antibacterial activity. Products with bioactive peptides from fish have a potential usage in healthy foods, as nutritional supplements, as ingredients, as alternatives to antibiotic growth promoters in animal feeds, and as pharmaceutical products.

Despite many years of focus on better exploitation of the secondary marine products, there is still a great need for product and market development. The access to ever more advanced technologies and research-based knowledge increasingly enables the potentials of the marine raw materials to be developed into specific innovations. New applications within the area of “bioactive peptides” are developed in a complex interplay between industries, technologies, research, and markets. This workshop has its main focus on the “niche” that bioactive peptides represent within the broad spectrum of marine ingredients.

11 presentations were given by invited speakers from both academic research institutions and Nordic companies developing health promoting products.

Health aspects

Biologically active peptides released from fish proteins, either during digestion or during food processing, may have crucial influences on the regulation and modulation of the human metabolism. Thus such peptides are potential nutraceuticals providing health benefits and prevention or treatment of diseases. Many studies have reported that fish peptides have effects on important

health aspects including blood pressure, obesity, diabetes, cancer, coronary vascular disease, inflammation, and immunological diseases (Hordur G. Kristinsson, Appendix 8, page 85).

Central to many studies on the health effects of peptides are *in vitro* investigations of the mechanisms known to be involved. Antihypertensive peptides are mainly found and studied by their inhibitory effect on angiotensin-converting enzyme (ACE). Apart from inhibiting ACE, the ACE inhibitors have the ability to influence the metabolic syndrome as they reduce fat mass in adipose tissue (Stéphanie Bordenave-Juchereau, Appendix 2, page 23). In relation to obesity the bioactive effects are registered as reduced fat depositing, probably due to a regulation of the adipocyte life cycle (Stéphanie Bordenave-Juchereau, Appendix 2, page 23), but also as reduced liver lipid and reduced adipose tissue mass (Bjørn Liaset, Appendix 3, page 31). The mechanisms of action of bioactive peptides influencing diabetes seem to be both by a reduced postprandial blood glucose response and by effects on the insulin response (Einar Lied, Appendix 4, page 43). Antimicrobial peptides from fish show direct effects on microbes and they are also potentially able to enhance the immune function (Jan Stagsted, Appendix 6, page 67). To document anticancerous effects the peptides must possess dual effects and induce programmed cell death (apoptosis) as well as inhibition of cell proliferation (Flemming Jessen, Appendix 12, page 143).

Industrial perspectives

Marine peptide hydrolysates are expected to have a great potential as supplements in a number of future products. Functional foods such as sports drinks, pet food, dietary supplements, but also cosmetics are seen as some of the most promising areas where, today already, there is a large and growing market. This is promoted by the increasing consumer awareness that a number of diseases (both concerning humans and animals) may be avoided by a healthier lifestyle, among this an intake of foods containing health promoting ingredients such as bioactive peptides (Hordur G. Kristinsson, Appendix 8, page 85).

Today already, there are a number of commercial marine peptide products with claimed bioactive properties such as activity against hypertension, intestinal diseases, stress, and insulin resistance on the market (Hordur G. Kristinsson (Appendix 8, page 85), Einar Lied (Appendix 4, page 43)).

A number of Nordic companies producing marine based hydrolysates have been established within the recent years, e.g. NutriMarine Life Science AS from Norway (Einar Lied, Appendix 4, page 43) and Atlantic Biotechnology S/P, Faroe Islands. Already established companies such as Seagarden ASA, Norway, have extended their production to also include marine hydrolysates/peptides (Bjarte Langhelle, Appendix 10, page 115).

One of the major challenges for existing and future commercial peptide products is valid documentation of the functional and health promoting properties. Presentations at the workshop showed that a considerable number of research studies are taking place in collaboration with private companies to document the bioactivity of the products. The company NutriMarine Life Science AS has tested a protein hydrolysate, NutriPeptin, in a human trial investigating blood glucose concentration and insulin sensitivity (Einar Lied, Appendix 4, page 43). The Norwegian company Seagarden ASA has collaborated with International Research Institute of Stavanger (IRIS), Norway, on identifying peptide sequences with known stimulatory effects on the gastro-

intestinal system in peptide products (Anne Hjelle, Appendix 11, page 121). Similarly, protein hydrolysates from the Danish company Marinova ApS, which produces ingredients and foods from fish protein, are tested in collaboration with the National Food Institute, DTU, and University of Copenhagen, Denmark, for anticarcinogen and antioxidative properties (Flemming Jesen, Appendix 12, page 143).

Research activities

Bioactive peptides can be found as naturally present in e.g. the mucus of fish, where they may function as an outer defence against bacteria. However, bioactive peptides are potentially present in any protein as part of the protein sequence and are only released in their functional forms upon protein degradation, e.g. during digestion. These hidden peptides or “cryptides” are usually small containing 2-20 amino acids and have functions distinct from the parent protein (“Cryptein”, Stéphanie Bordenave-Juchereau, Appendix 2, page 23). It has been found that some of the bioactive peptides are multifunctional; i.e. they may possess both ACE inhibitory activity and influence the proliferation and differentiation of fat cells (Stéphanie Bordenave-Juchereau, Appendix 2, page 23). In this way, intake of marine peptides may be able to help prevent the development of the human disease known as “Metabolic syndrome”, which involves a number of cardiovascular risk factors such as obesity and hypertension.

The general focus in research, as well as on industrial scale, is on producing protein hydrolysates from fish or algae using either fermentation or for the greater part enzymatic hydrolysis using food grade proteases. Elucidating the functional mechanisms behind the observed health effects of e.g. fish protein hydrolysates is not always the immediate objective as the raw hydrolysates may display health beneficial effects in themselves. The Norwegian company Nutri-Marine Life Science AS (Einar Lied, Appendix 4, page 43) has developed a very promising fish hydrolysate product from saithe fillet (NutriPeptin). The positive health effects of NutriPeptin are supported by two clinical trials. NutriPeptin is suitable for application in various foods.

Much of the health effects associated with intake of fish can be attributed to the presence of n-3 fatty acids. However, fish peptides, minerals/trace elements, vitamins, and amino acids, and not least the in seafood abundant free sulfonated organic acid taurine, which has importance for energy metabolism, may also be important contributors (Edel O. Elvevoll, Appendix 5, page 53). Various seafood items display antioxidative capacity during simulated digestion experiments. Human clinical trials with combined n-3 fatty acids and taurine supplementation resulted in reduced total cholesterol and LDL-cholesterol in the blood. Similarly, saithe fish protein hydrolysate (FPH), which contains high amounts of taurine, has been shown to reduce visceral adipose tissue in rats (Bjørn Liaset, Appendix 3, page 31). However, taurine does not seem to be solely responsible for the observed effects and, furthermore, it remains to be tested if the positive effect of FPH is specific due to its marine origin or whether protein sources from other species display the same properties.

Three fish hydrolysates produced by Seagarden ASA (Bjarte Langhelle, Appendix 10, page 115) were subjected to fractionation, liquid chromatography purification, and mass spectrometry with the aim of identifying and categorising as many bioactive peptides as possible based on known bioactive peptide sequences (Anne Hjelle, Appendix 11, page 121). Focus was put on identifying bioactive peptides with respect to gastrointestinal diseases specifically and all three

hydrolysates did to varying degrees contain bioactive peptides known to stimulate the gastrointestinal system. The PEPFISH project (Flemming Jessen, Appendix 12, page 143) has focus on identifying and characterising bioactive peptides from enzymatic hydrolysates from underutilised or low-value materials from fish processing. The hydrolysates will be tested *in vitro* for effects in relation to cancer cell proliferation and apoptosis, cancer cell migration, blood pressure regulation (ACE inhibition), immunological responses, and antibacterial activity.

Fish peptides both from laboratory scale and commercial hydrolysates display antioxidative properties in different oxidative systems (Turid Rustad, Appendix 7, page 77). This property is potentially useful for the food industry as addition of fish peptides can help avoid problems with oxidation and hence rancidity in products containing unsaturated oils. Furthermore, the fish protein hydrolysates have also been found to contain calcitonin gene-related peptide (CGRP)-like and Gastrin/Cholecystokinin (G/CCK)-like molecules. CGRP is a potent arterial and venous vasodilator involved in the control of hypertension. Gastrin and cholecystokinin are hormonal regulators of various digestive processes and feeding behaviours. Interestingly, the amount of CGRP-like molecules was highest when fresh fish material was used for hydrolysis.

A potentially enormous value addition is to be expected if peptides with documented health promoting or other effects can be derived from low-value fish material (Hordur G. Kristinsson, Appendix 8, page 85). However, most claimed bioactive effects still need to be verified. Also, a problem exists with consumer acceptance of products with added fish hydrolysates due to problems with lipid oxidation and subsequent rancid tastes and flavours. Some of these problems can be reduced by using hydrolysates prepared from protein isolates of homogenized fish materials, which contain lower amounts of lipids and pro-oxidants.

A large number of naturally occurring bioactive peptides, such as e.g. piscidines, have also been identified. The Nanofish project (Jan Stagsted, Appendix 6, page 67) has focus on isolating naturally occurring antimicrobial and immunostimulating peptides from fish. The Nanofish project has developed so-called nanoparticles containing antimicrobial fish peptides coated with a protective layer of chitosan or alginate. The nanoparticles facilitate protection of the peptides from degradation in the upper digestive tract and safe release in the lower digestive tract.

As a whole other aspect of bioactive compounds derived from fish, a variety of enzymes has been described by the Norwegian company Nofima AS (Inge W. Nilsen, Appendix 9, page 103). These include the well-known shrimp alkaline phosphatase and a heat labile shrimp double-strand specific DNase. Inhibitors of HIV-protease have been identified in marine invertebrates with very interesting pharmaceutical prospects. Currently, salmon lysozymes with antibacterial effects are being characterised.

Future challenges/research areas

The presentations and discussions at the workshop identified three main areas where further research is necessary in order to increase the knowledge on bioactivity of marine peptides and how they can be commercialized:

- 1) Research on uptake of bioactive peptides from the gut and how bioactivity is influenced by variations in pH, digestive enzymes, and transport through the intestinal membrane
- 2) More extensive controlled human trials are needed to confirm results obtained in *in vitro* and animal experiments

- 3) There is a need to determine whether the positive effect of marine peptides on the metabolic syndrome is a general peptide effect or due to specific peptides, and whether the observed effect is dependent on a synergistic interplay of several peptides. In this connection, it should also be determined what role other marine components present in marine hydrolysates such as the organic acid taurine has on bioactivity

In conclusion, more research is necessary to obtain the valid and reliable documentation of bioactivity that is needed in order to introduce marine peptide products into the market and to obtain possible health claims. In general, more studies are needed exploring the sources, bioavailabilities, and possible physiological/functional properties and the mechanisms of action of bioactive peptides.

Sammenfatning

En workshop blev afholdt i København i marts 2010 omhandlende dokumentation af bioaktivitet og kommerciel udnyttelse af bioaktive peptider og andre forbindelser fra akvatiske råvarer. Igangværende forskningsaktiviteter og kommercielle initiativer blev præsenteret af repræsentanter fra både forskningsinstitutioner og nordiske virksomheder med speciale i at udvikle produkter, der indeholder bioaktive peptider.

Tre områder hvor yderligere forskning er nødvendig for fuldt ud at dokumentere den bioaktive effekt af marine peptider blev afslutningsvis identificeret på workshoppen. Disse var: 1) Undersøgelser af optagelsen og stabiliteten af bioaktive peptider i mave-tarmsystemet, 2) gennemførelse af mere omfattende humane studier der kan bekræfte de positive resultater fra *in vitro*- og dyreforsøg, og endelig 3) er der behov for mere forskning for at afgøre, hvorvidt den observerede effekt af marine peptider på det metaboliske syndrom er en generel peptid effekt, eller direkte kan henføres til specifikke peptider der kun findes i fisk og andre akvatiske råmaterialer. Generelt er flere undersøgelser nødvendige for at udforske ressourcerne, biotilgængeligheden, og de fysiologiske/funktionelle egenskaber og virkningsmekanismer af bioaktive peptider.

Appendices

Appendix 1. Programme

	DTU Food National Food Institute
BIOACTIVE PEPTIDES FROM AQUATIC RAW MATERIALS	
Workshop, 2 March 2010, 10:00 a.m. - 17:00 p.m.	
Venue: Ingeniørforeningens Mødecenter, Kalvebod Brygge 31-33, DK-1780 København V	
9:00 - 10:00	Arrival
10:00 - 10:10	Welcome by Henrik Hauch Nielsen (Senior scientist, National Food Institute, Technical University of Denmark)
10:10 - 10:30	Rolf K. Berge (Professor, Institute of Medicine, University of Bergen, Norway) "Improved health through novel peptides of marine origin"
10:30 - 10:50	Stéphanie Bordenave-Juchereau (Senior scientist, University of La Rochelle, France) "Marine cryptides as a tool to fight the metabolic syndrome"
10:50 - 11:10	Bjørn Liaset (Scientist, National Institute of Nutrition and Seafood Research (NIFES), Norway) "Fish protein hydrolysate reduces visceral adipose tissue mass in rats"
11:10 - 11:40	Coffee break
11:40 - 12:00	Einar Lied (Managing director/Professor, NutriMarine Life Science AS, Norway) "Marine peptides; a tool of blood glucose lowering and stabilisation"
12:00 - 12:20	Edel Elvevoll (Dean, Faculty of Biosciences, Fisheries and Economics, University of Tromsø, Norway) "Seafood and health - more than n-3 fatty acids"
12:20 - 12:40	Jan Stagsted (Senior scientist, Department of Food Science, Aarhus Universitet, Denmark) "Nanofish – utilization of natural fish antimicrobial peptides as nanoparticles?"
12:40 - 13:40	Lunch
13:40 - 14:00	Turid Rustad (Professor, Department of Biotechnology, Norwegian University of Science and Technology (NTNU), Norway) "Antioxidative and bioactive activities of fish protein hydrolysates"
14:00 - 14:20	Hordur G. Kristinsson (Head of division, Matis, Iceland) "Production, quality and bioactivity of fish derived peptides"
14:20 - 14:40	Inge W. Nilsen (Senior scientist, Nofima AS, Norway) "Marine enzymes and enzyme inhibitors"
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DTU Food
National Food Institute

14:40 – 15:00	Gestur Hovgaard (Director, Atlantic Biotechnology S/P, Faroe Islands) "Organisational challenges in starting a peptide business"
15:00 - 15:30	Coffee break
15:30 - 15:50	Bjarte Langhelle (Marketing director, Seagarden ASA, Norway) "Seagarden ASA, a commercial producer of bioactive peptides from marine protein sources"
15:50 - 16:10	Anne Hjelle (Scientist, International Research Institute of Stavanger (IRIS), Norway) "Identification and categorisation of bioactive peptides in marine extracts produced by Seagarden ASA"
16:10 - 16:20	Flemming Jessen (Senior scientist, National Food Institute, Technical University of Denmark) "PEPFISH: Utilisation of bioactive peptides from fish processing - upgrading the value of secondary products"
16:20 - 17:00	Discussion and concluding remarks

The workshop is funded by the Nordic Council of Ministers, Working Group for Fisheries Co-operation (AG-Fisk) and is organized in collaboration between Atlantic Biotechnology P/F, Faroe Islands (Director Gestur Hovgaard) and the National Food Institute (DTU Food), Technical University of Denmark (Senior Scientist Flemming Jessen).

Participation in the workshop is free of charge (there will be a limit on the number of participants).

For registration please contact Lisa Lystbæk Andersen (llan@aqua.dtu.dk).

Deadline for registration: 9 February 2010

Page 2 of 2

Note:

Rolf K. Berge and Gestur Hovgaard were unable to give their presentations at the workshop.

Appendix 2. "Marine cryptides as a tool to fight the metabolic syndrome"
by Stéphanie Bordenave-Juchereau

1

UNIVERSITÉ La Rochelle

LENS Littoral Environnement et Sociétés

CNRS

MARINE CRYPTIDES: A TOOL AGAINST THE METABOLIC SYNDROME ?

Stéphanie Bordenave-Juchereau

Maître de Conférences HDR

Littoral, Environment
and Human activities
laboratory

Workshop
Bioactive peptides from aquatic raw materials,
Copenhague, March 2nd 2010

2

UNIVERSITÉ La Rochelle

UNIVERSITY OF LA ROCHELLE

Created in 1993

Littoral and Environment Lab. (2008)
CNRS-UMR 6250

Proteases, peptides and
metabolic disorders

SE Apro Research Group

BIOTECHNOLOGICAL USES OF MARINE BI-PRODUCTS

LENS Littoral Environnement et Sociétés

CNRS

3

CRYPTIDES ? (Autelitano et al. 2006)

- ▣ Hidden peptides with bioactivities
- ▣ Often unpredicted
- ▣ Role often totally distinct to the parent protein

BIOLOGICAL ACTIVITIES :

hypocholesterolemic, antioxidative, antithrombotic
 mineral binding, opioid agonist and antagonist
 antimicrobial, immunomodulatory...

MARINE CRYPTINES: Vertebrate, invertebrate
 Protein from frame, muscle, skin...
 ...from by-products...

cryptein → cryptides



4

Some marine cryptides

activity	origin	sequence
Antioxydant	Sardine muscle	MY
ACE inhibitory/hypotensive	Bonito	LKPNM, LKP
	Limanda frame protein	MIFPGAGGPEL
	Oyster	AW, VW, FY

Obtained by fermentation and/or enzymatic hydrolysis

Alcalase, thermolysin, pepsin, trypsin

Same sequences (short) appear in various species.
 Some cryptides are multifunctional

Unknown peptides are still hidden in biologically active hydrolysate



5

Hypertension and ACE

Molecules able to inhibit Angiotensin Converting Enzyme...

- ▣ Reduce hypertension : no degradation of KININE and no generation of ANGIOTENSIN II
- ▣ Prevent anomalies like type 2 diabetes (Bradykinin: vasodilator which potentiates adipocytes insulin sensitivity. McCarty 2003)
- ▣ Decrease fat storage (RAS in adipocytes, Goossens 2003)



6

Metabolic syndrome

Cluster of common cardiovascular risk factors:

- ▣ central obesity,
- ▣ hyperglycaemia,
- ▣ low HDL-cholesterol concentrations
- ▣ Hypertension
- ▣ Hypertriglyceridemia.

Syndrome X : an ICEBERG :

obesity
AHT,
diabetes,
Chol...

The association of MetS with the risk of developing diabetes and cardiovascular disease implies a greater risk of mortality



7

Obesity

Imbalance between energy intake and expenditure leading to excessive body fat deposition.

Energy expends



Metabolism
sport

Energy intakes



Food
Food

OBESITY : fat tissue pathology

With physiological, psychological and social consequences



8

OBESITY
Adipose tissue pathology

- hypertrophy of adipocytes
- hyperplasia of adipocytes
- both : enlargement and multiplication of adipocytes

CRYPTIDES ACE-I

↓

ACE

RAS

HYPERTENSION

ADIPOCYTE

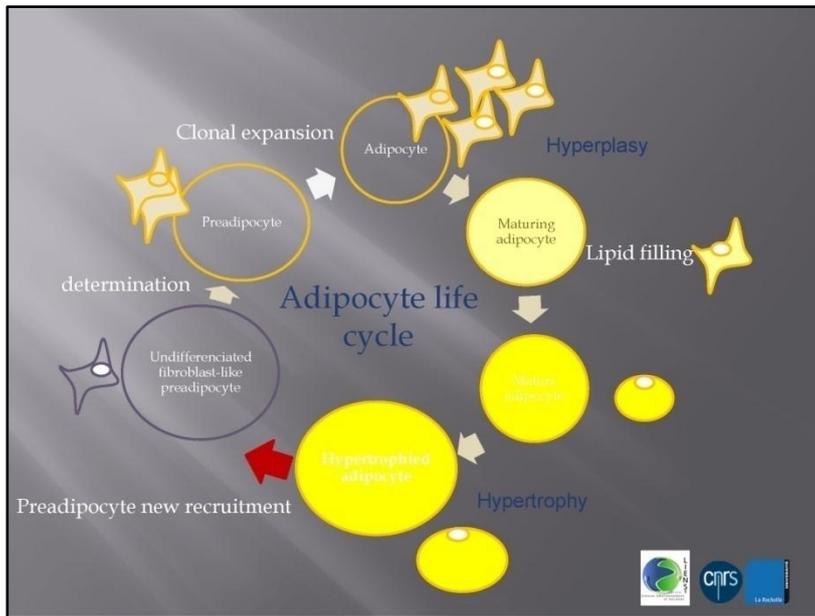
←

↙

RAS components are over-expressed in case of obesity



9



10

Treatments that regulate both size and number of adipocyte provide better therapeutic approach for treating obesity and associated pathologies.

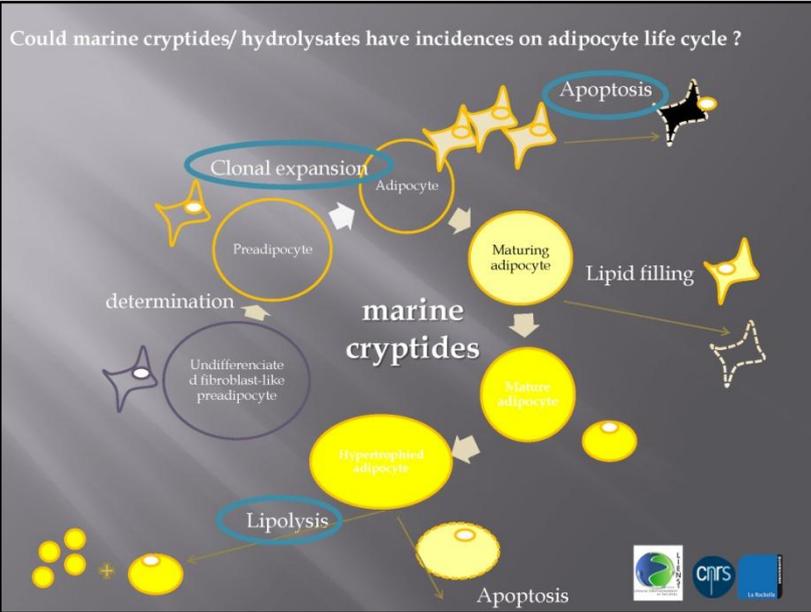
Decrease of adipose tissue mass needs

✓ **Lipolysis or apoptosis of mature adipocytes**

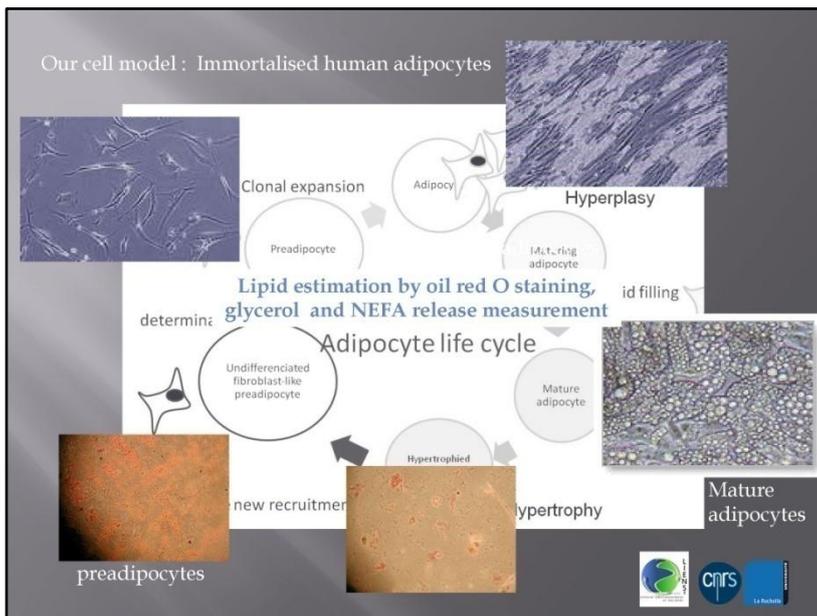
✓ **Regulating proliferation and differentiation of fat cells**



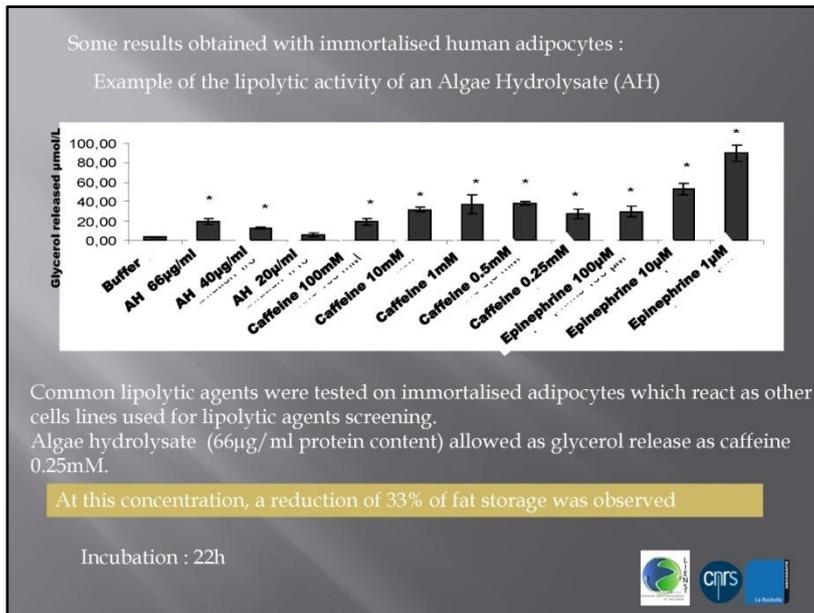
11



12



13



14

Marine cryptides...

- ACE inhibitory activity
- incidence on adipocyte development
- ...and on the development of the metabolic syndrome ...

15

Financial support and research projects :



Pr. Fabienne Guerard

Projet cofinancé dans le cadre du programme PSDR Grand Ouest par :



GESTION DURABLE (PSDR Grand Ouest)
Pr. Patrick Bourseau



16

Thanks !



Appendix 3. "Fish protein hydrolysate reduces visceral adipose tissue in rats" by Bjørn Liaset

1

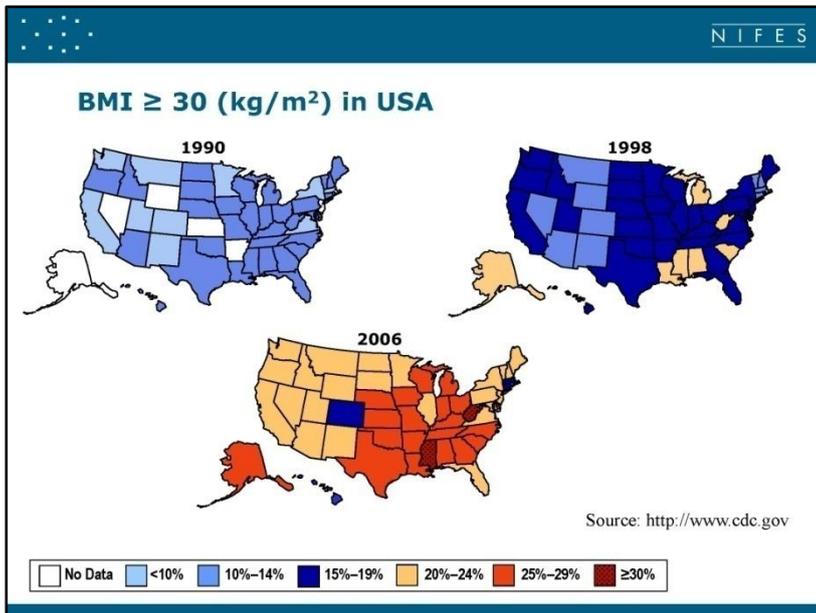
N I F E S

Fish protein hydrolysate reduces visceral adipose tissue mass in rats

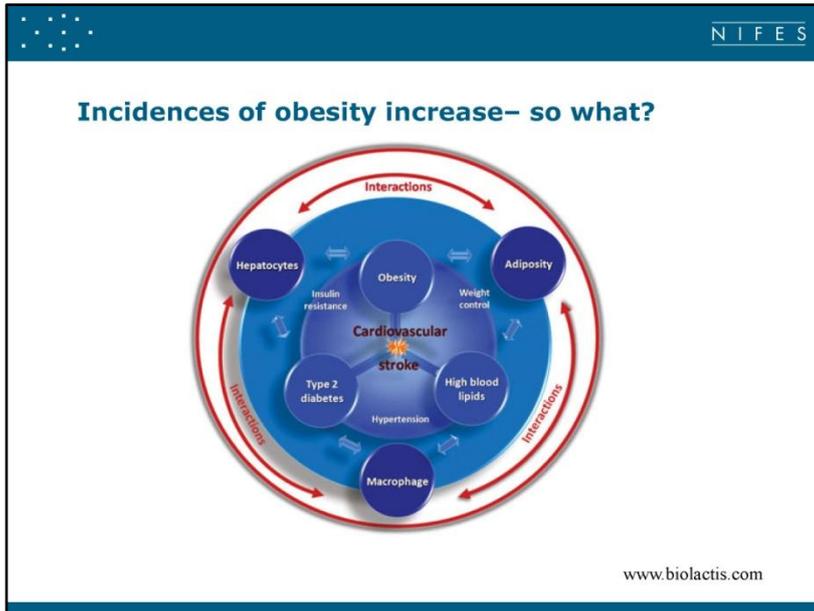
Bjørn Liaset

Seafood and health,
National Institute of Nutrition and Seafood Research (NIFES)

2



3



4

Obesity and the metabolic syndrome

Definitions for the Metabolic Syndrome

WHO 1999

- Dysglycemia (DM, IFG, IGT, IR) + 2 of:
 - BMI > 30 or ↑WHR (>0.90 males/>0.85 females)
 - Dyslipidemia (Trig ≥ 1.7 mmol / low HDL (<0.9 males/<1.0 females)
 - BP >140/90 monthly
 - Micro alb (alb excm > 20 µg/min)

ATP III

- 3 or more of:
 - ↑ waist (>102 cm in males/>88 females)
 - Dyslipidemia (Trig ≥ 1.7 mmol/low HDL (<1.0 mmol/<1.3 mmol)
 - BP ≥ 135/85 mmHg
 - FPG ≥ 6.1 mmol/L

http.img.medscape.com

5

N I F E S

Why obesity?

• Proteins !!!

Lowell & Spiegelman 2000
Nature 404: 652

Energy intake (food)

↓

Metabolism ↔ Energy storage (fat)

↓

Total energy expenditure = Heat produced + work on environment
(when organism is at rest, all energy expenditure is equal to heat produced, that is, thermogenesis)

Adaptive thermogenesis

- variable, regulated by the brain
- responds to temperature and diet
- occurs in brown adipocyte mitochondria, skeletal muscle and other sites

Physical activity

- variable

Obligatory energy expenditure

- required for performance of cellular and organ functions

6

N I F E S

Dietary protein intake and heat production

Data frå TS Hamilton 1939 J Nutr

Dietary protein (%ME)	Heat increment (%ME)
5	8.5
10	9.5
15	5.5
20	3.5
25	2.5
30	3.5
40	10.5
55	13.5

• Recommended intake: 15 (10-35) energi%

7

N I F E S

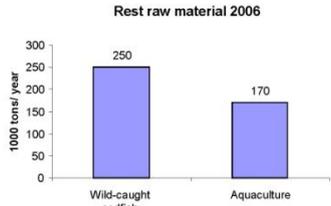
Dietary protein and energy expenditure

- **Very-low** dietary protein induces energy expenditure
- **High** dietary protein induces energy expenditure
- However, protein intake quite constant over last decades (15-20 en%)
- Can different types of dietary proteins induce energy expenditure differently at **average** dietary level

8

N I F E S

Fish protein hydrolysate



Category	Quantity (1000 tons/year)
Wild-caught codfish	250
Aquaculture	170

www.rubin.no

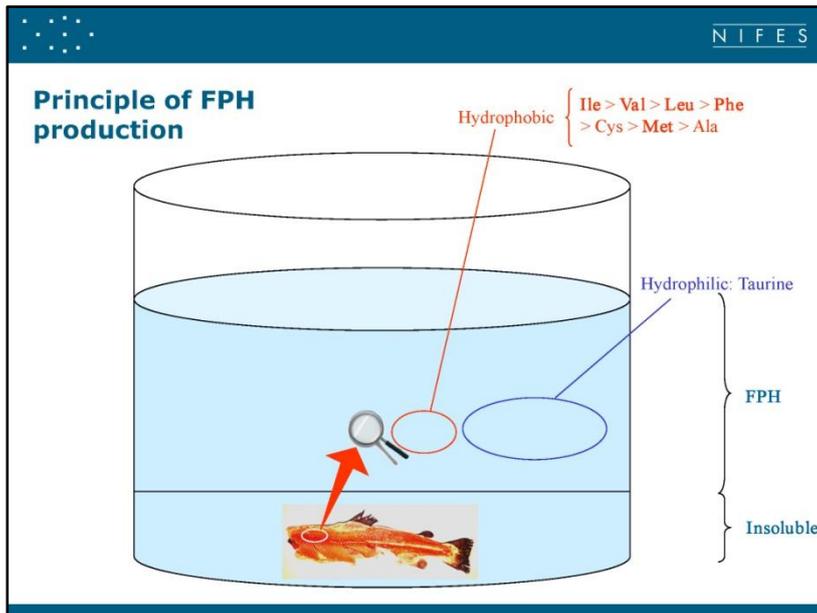


↓
Enzymatic hydrolysis

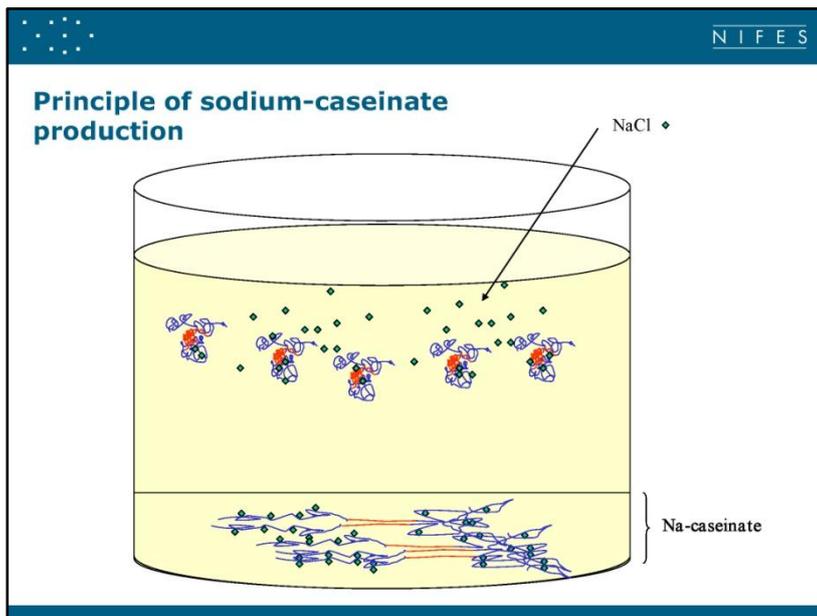


Dried fish protein hydrolysate (FPH)

9



10



11

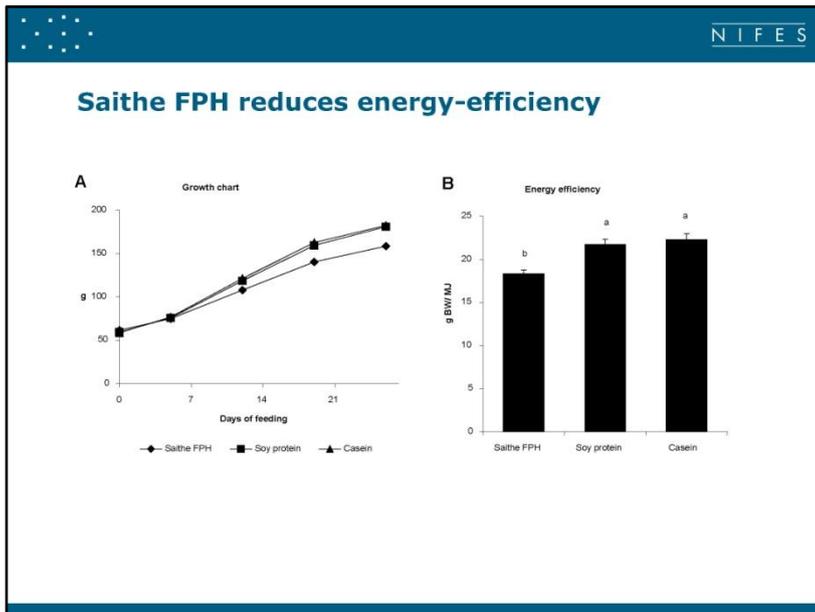
N I F E S

Rat study with saithe FPH

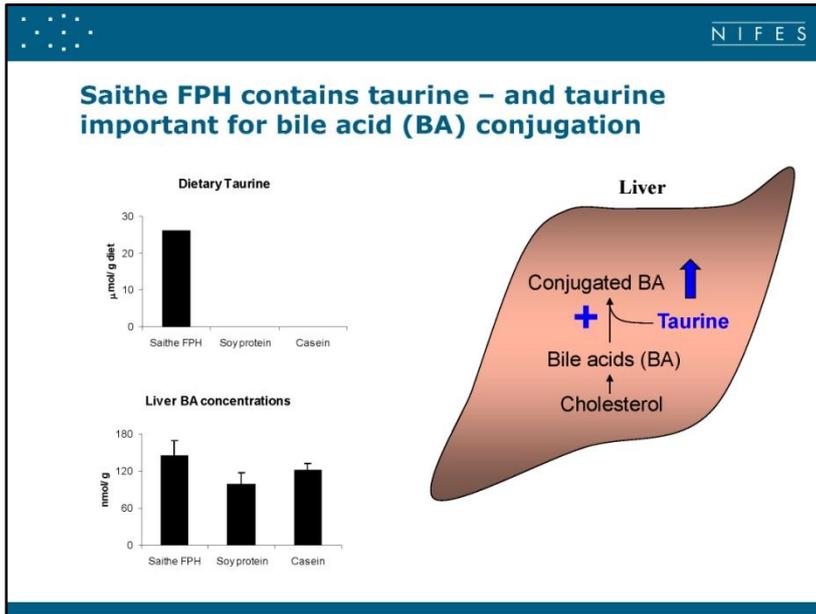
- Dietary saithe FPH compared to dietary soy protein and casein

Component, g/kg	Saithe FPH	Soy protein	Casein
Saithe FPH	239	-	-
Soy protein isolate	-	230	-
Casein	-	-	227
KCl	-	23	26
Salt mix AIN-93 G*	35	35	35
Vitamin mix AIN-93G*	10	10	10
Cellulose	50	50	50
Sucrose	90	90	90
Supplement AIN-95G*	10	10	10
L-Cystine	3	3	3
Choline Bitartrate	2,5	2,5	2,5
Soy bean oil	100	100	100
Potato starch, dextrinized	461	447	446

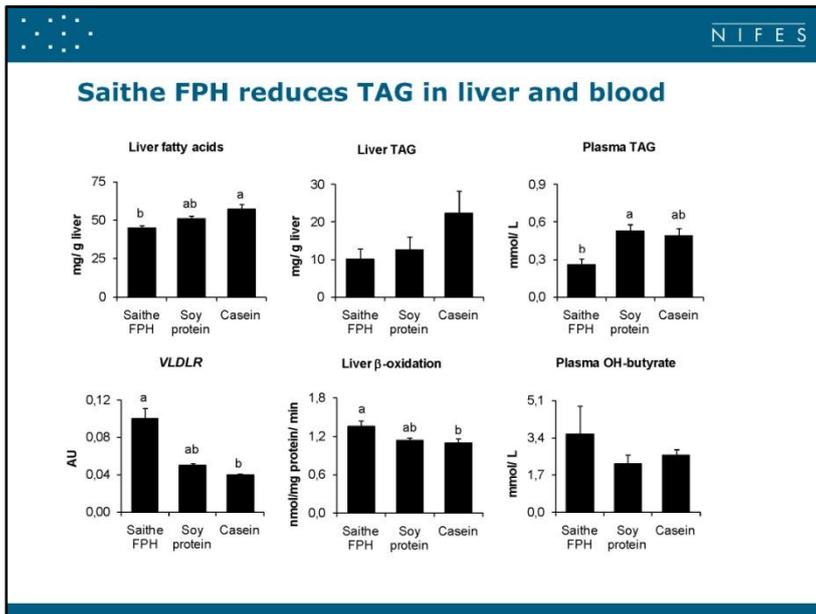
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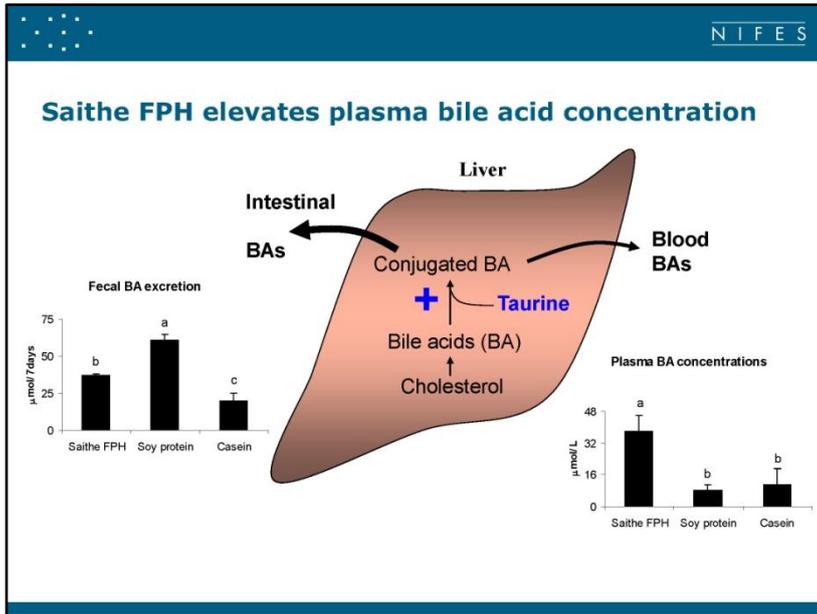
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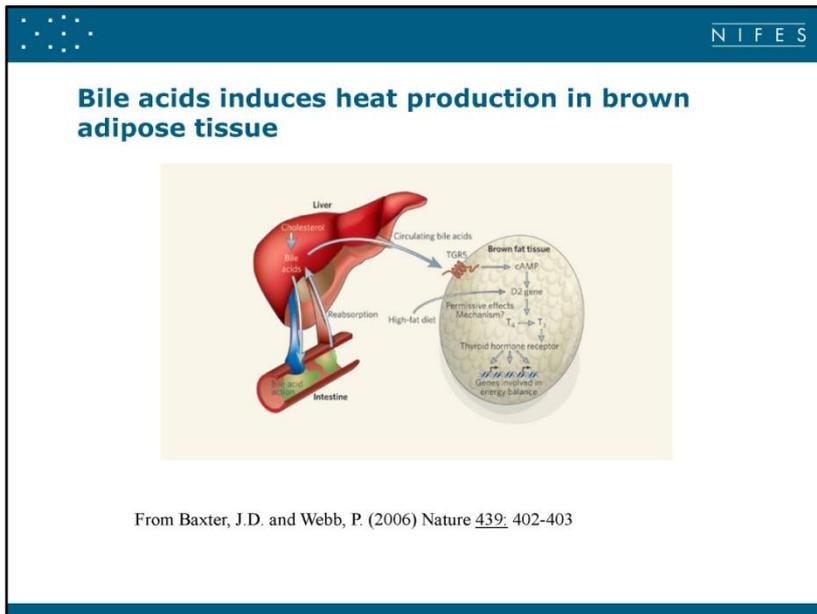
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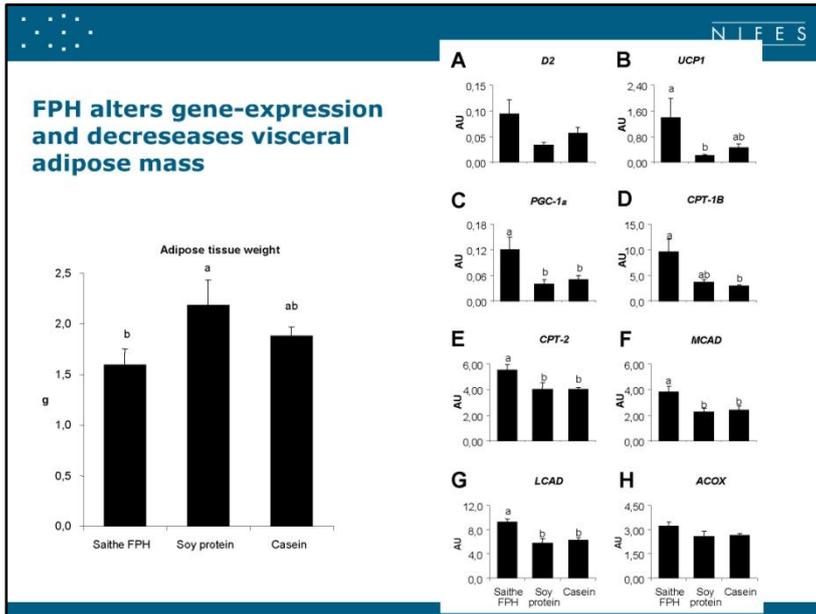
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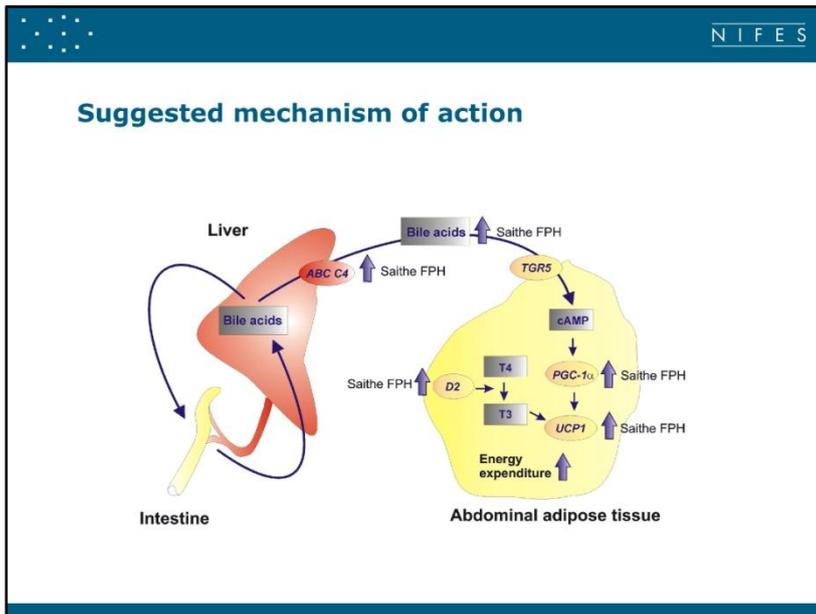
16



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18



19

N I F E S

Conclusions:

- At equal energy-intake, the rats that receive dietary saite FPH have:
 - **Reduced visceral adipose mass**
 - **Reduced fasting plasma TAG**
 - **Reduced hepatic TAG concentrations**
- FPH is promising for preventing development of the metabolic syndrome in rats, relative to soy protein and casein

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N I F E S

FPH and the metabolic syndrome

Definitions for the Metabolic Syndrome

WHO 1999

- Dysglycemia (DM, IFG, IGT, IR) + 2 of:
 - BMI > 30 or ↑WHR (>0.90 males/>0.85 females)
 - Dyslipidemia (Trig ≥ 1.7 mmol / low HDL (<0.9 males/<1.0 females)
 - BP >140/90 monthly
 - Micro alb (alb excre > 20 µg/min)

ATP III

- 3 or more of:
 - ↑ waist (>102 cm in males/>88 females)
 - Dyslipidemia (Trig ≥ 1.7 mmol/low HDL (<1.0 mmol/<1.3 mmol)
 - BP ≥ 135/85 mmHg
 - FPG ≥ 6.1 mmol/L

<http://img.medscape.com>

21



Collaborators:

- University of Copenhagen
 - Qin Hao
 - Karsten Kristiansen
- University of Southern Denmark
 - Philip Hallenborg
- University of Bergen
 - Gunnar Mellgren
- Karolinska University
 - Hanns-Ulrich Marschall
- NIFES
 - Lise Madsen
 - Marit Espe
 - Gabriel Criales
 - Åse Heltveit
 - Jacob Wessels
 - Livar Frøyland

22



Financial support:

- Rubin/ FHF
- Innovation Norway
- Danish Natural Science Research Council (Danish Obesity Research Centre)
- Program Committee on Nutrition, University of Bergen

Large scale enzymatic hydrolysis:

- Novozymes, Bagsvaerd, Denmark

•••••

N I F E S

Thank you for your attention!



1 dak.com/people/biggest-beer-belly-in-the-world/

Appendix 4. "Marine peptides; a tool of blood glucose lowering and stabilisation" by Einar Lied

1

NutriPeptin™
... a marine peptide

- with blood glucose lowering functionality

Patent
- functionality vs blood glucose lowering capacity

NutriPeptin™ registered trademark in:
Japan, PR China, USA, Mexico, Australia, EU (28 countries) and Norway

ASICT → nutrimarine

2

NutriPeptin™ is :

-a marine protein hydrolysate/peptide powder (≥ 90 % crude protein and < 0.1 % fat) manufactured by enzymatic hydrolysis of *saithe fillet protein*.
- produced from raw materials usually used for foods and foodstuffs, and by using food approved processing technology including food approved enzymes.
- produced of raw materials satisfying all requirements to traceability and quality assurance.
- food approved ingredient not classified as novel food according to EU regulations.

NutriPeptin™:

- Reduces and stabilises postprandial blood glucose.
- Reduces the glycaemic index (GI) in foods
- Reduces insuline resistance in persons suffering from persistant elevated blood glucose levels.
- Reduces transformation of glucose into fat and increases the body's fat metabolism.
- Reduces appetite and prolongs the feeling of satiety following meals.
- Acts as a regulator of satiety and may be used as weight management tool.

ASICT → nutrimarine

3

The Making of NutriPeptin™.....

- 1. Raw material:** Minced fresh or fresh frozen fish meat/fish fillet from wild caught saithe species; only food quality raw material is used in the process.
- 2. Homogenate:** The fish mince is mixed with pure water and made into a homogenate in the incubator.
- 3. Incubation & Hydrolysis:** The temperature in the homogenate is raised to 55 °C, the cocktail of enzymes are added and the homogenate incubated for 45 minutes.
- 4. Enzyme Inactivation:** The temperature in the homogenate is raised to 90 °C, and kept for 15 minutes thereby inactivating the enzyme and stopping protein hydrolysis.
- 5. Separation:** The hydrolysis is followed by separation of the water soluble peptide-rich fraction and the undigested protein-rich fraction in order to obtain a pure peptide product.
- 6. Concentrating:** The water soluble and peptide-rich fraction is concentrated to a predetermined dry matter content by dehydration.
- 7. Spray drying:** The concentrate is spray dried into an easy-flowing white powder.
- 8. Packing:** The spray dried powder is packed in airtight plastic bags, which is placed in cardboard barrels.

4

Chemical Characterisation

Proximal composition [%]		Microbiology (per gram)		Amino acid profile (mg/g)	
Protein (N6.25)	> 89.0	Coliform bacteria (37 °C)	0	Non-essential amino acids	
Fat	< 0.1	Thermotolerant col. (44.5 °C)	0	Aspartic acid	96.2
Water	3.8	Coagulase pos Staphylococcus	< 100	Glutamic acid	157.8
Ash	9.3	Mould and yeast	< 100	Hydroxyproline	4.9
Salt [NaCl]	4.8	Salmonella ssp	0	Serine	42.4
		Listeria monocytogenes	0	Glycine	48.3
				Alanine	63.2
				Proline	30.9
				Tyrosine	25.4
				Arginine	56.9
				Essential amino acids	
				Histidine	28.4
				Threonine	37.0
				Methionine	27.2
				Phenylalanine	27.1
				Valine	40.5
				Isoleucine	36.4
				Leucine	76.2
				Lysin	92.5
				Tryptofan	5.5
				Sum amino acids	896.7
				Essential amino acids (EAA)	370.8
				Non-essential amino acids (NEAA)	525.9
				Ratio EAA/NEAA	0.71
				Sum Branched Chain Amino Acids	153.1
				Estimated content of Glutamine	78.9

Heavy metals (mg/kg)
Cadmium [Cd] 0.001
Mercury [Hg] 0.11

Degree of hydrolysis [%]
Free α-NH₂ in terms of total NH₂ in the protein: = 12.0

Solubility, smell and taste
Easily soluble in water. Weak sweetish smell and taste of marine fish; easily masked on demand in applications.

Shelflife
Minimum 2 years | unopened package.

Molecular size analysis by chromatography shows that 15 % of the peptides in NutriPeptin™ have molecular weights higher than 5.000 Da (more than 36 amino acids in the peptides), 10 % between 5.000 and 2.500 Da (36 to 16 amino acids in the peptides), 10 % between 2.500 and 1.000 Da (16 to 7 amino acids in the peptides), and 55 % with molecular weight less than 1.000 Da (6 or less amino acids in the peptides).

5



About 3 % of the population in Western communities suffers from Diabetes 2; another 3 % suffers from persistent elevated blood glucose levels. It is estimated that about 7 % of the population will suffer from Diabetes type 2 by the end of 2015, and twice that number from highly elevated and unhealthy blood glucose levels.

Obesity and diabetes have turned out to be a great and fast growing health problems.




Diabetes may lead to:

- **Cardiac diseases:** the risk of developing different cardiac diseases is increased by five-fold in people suffering from diabetes
- **Elevated blood pressure:** 70 % of diabetic patients have blood pressure higher than 140/85 (= normal blood pressure).
- **Kidney disease:** Diabetes increases the risk of serious kidney failure and dialysis treatment.
- **Blindness:** Diabetes is the most frequent cause of blindness in people less than 60 years.
- **Amputations:** Diabetes affects blood circulations- the risk of amputations below the knee is increased 34-fold.

Growing health problems related to overweight and elevated blood glucose levels opens for innovative nutrition preparations and food supplements based on natural and functional ingredients to reduce health hazards.



6









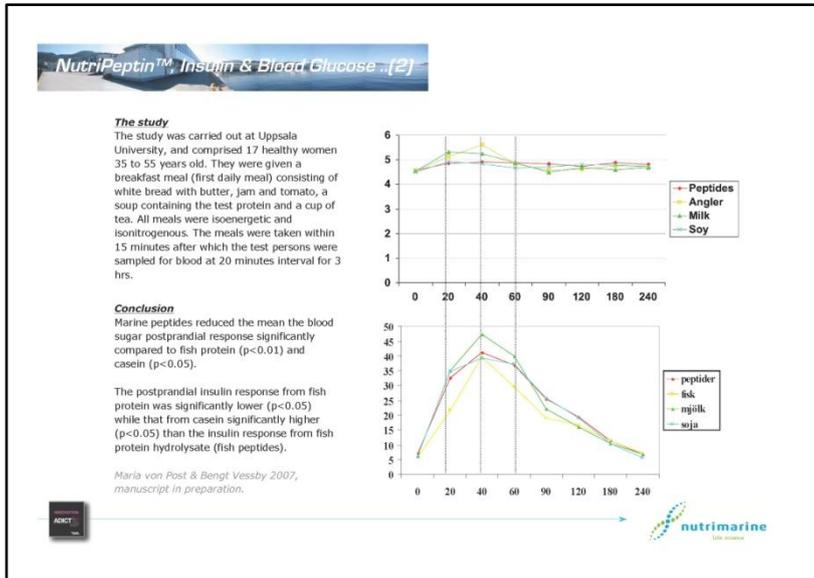
Clinical study with healthy individuals ^{1,2)}:

- **Objective:** Investigate the effect of NutriPeptin™ on the postprandial blood glucose and serum insulin in comparison with soy protein, casein and full protein from fish (ie non-hydrolysed fat free fish protein).
- **Test individuals:** 17 healthy individuals, all women ranging from 35 to 55 years, participated in the study.
- **Implementation:** The studies were always performed in the morning. The test meal was the first meal of the day - and was given as a ordinary breakfast meal comprising white bread with butter, marmelade, tomato, cucumber, a cup of tea and a soup containing the test protein. In the peptide meal the source of protein was composed of peptide and fullprotein from fish filet in the ratio 20:80. All meals (containing the different proteins) was isotrogenous and isocaloric. Each combination of meals were tested in all participants of the study, totalling 17 observations per protein tested. The meals were taken within a 15 min period. Blood was sampled from the arm before the meal and then at 20-min intervals for 240 minutes. The test persons was resting in bed during the whole measuring period.
- **Analysis:** Blood samples were analysed for whole blood glucose and serum insulin concentrations

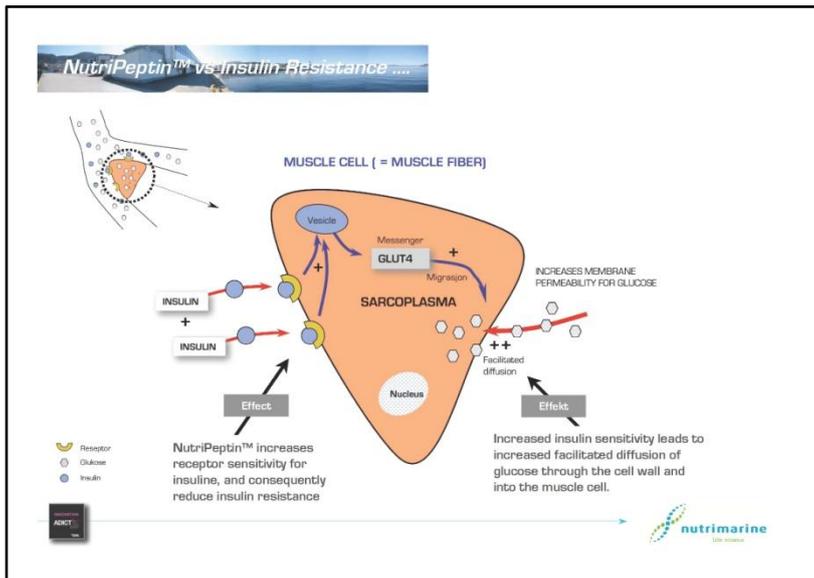
¹⁾ Effects of different proteins and peptides on blood glucose levels" Maria van Pelt & Bengt Vessby, Uppsala University, Sweden, master thesis in progress.
²⁾ The study was approved by the Ethical Committee for Medical Research - University of Uppsala, Sweden



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9

Potential Applications ...

NutriPeptin™'s nutritional qualities, and functional and technical properties makes it very suitable for applications in (1) formulated foods and food supplements for better performance and restitution, and (2) as a health-promoting ingredient in foods.

Marine peptides



Peptide powder, manufactured from fresh or fresh frozen saithe filets

Protein and peptide food supplements



Drinking concepts for sports and clinic

Sport nutrition



Peptides in food:
Improve performance
Stimulate muscle glycogen synthesis

Senior nutrition



Peptides in food:
Diminish muscle growth
Lower age-dependent muscle degeneration

Clinical enteral nutrition



Peptides in food:
Improve growth and protein utilisation
Provides easily absorbable proteins

Improved performance

GI lowering drinks, foods and dishes



Peptides in food:
Lower blood glucose after a meal
Stimulate glucose uptake in cells

GI-low nutrition



Peptides in food:
Lower plasma cholesterol and lipids
Lower blood pressure

Cardioprotective nutrition



Peptides in food:
Lower plasma cholesterol and lipids
Lower blood pressure

Fat-reducing nutrition



Peptides in food:
Lower fat deposition and risk of obesity
Lower the risk of diabetes II

Health promoting



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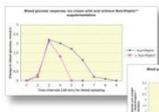
NutriPeptin™ and GI-Functionality

The ice cream: Vanilla ice cream was made with and without 1% addition of NutriPeptin™ (10 gram of powder per 1 kg of ice cream); the ice cream was produced by Isbjørn AS, Askøy - Bergen, and made as an ordinary vanilla ice cream in 100 grams portions and given to the test persons.

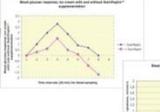
Test persons: 54 - 60 years' healthy men and women.

The experiment: The test persons ate 100 gram of ice cream on an empty stomach in the morning; the blood glucose concentrations were measured at 20-minutes intervals until the blood glucose level returned to the level or lower before eating the ice cream.

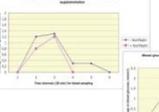
A: GI = -51%



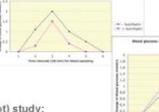
B: GI = -49%



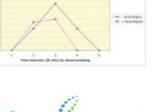
C: GI = -35%



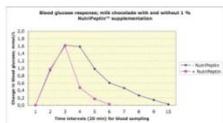
D: GI = -52%



E: GI = -34%



The studies continues in 2010

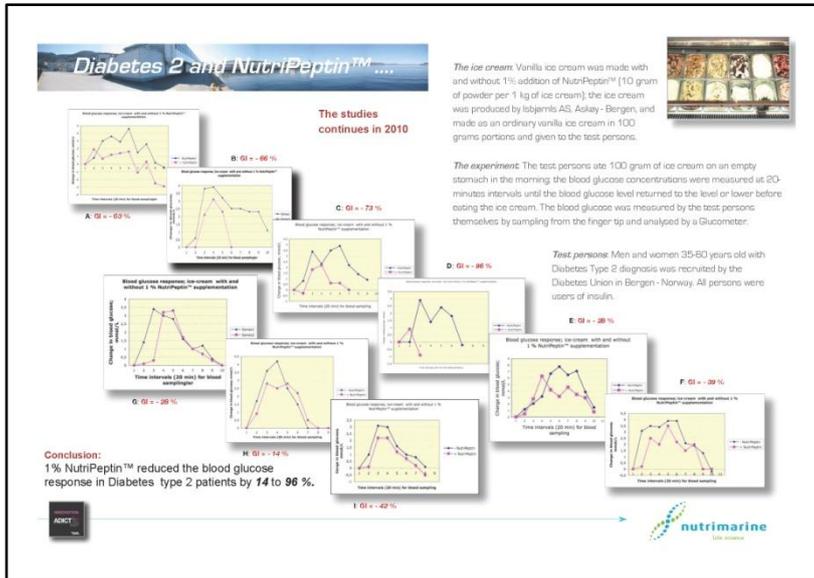


On the average, supplementation of ice cream reduced the postprandial blood glucose response by 51 %

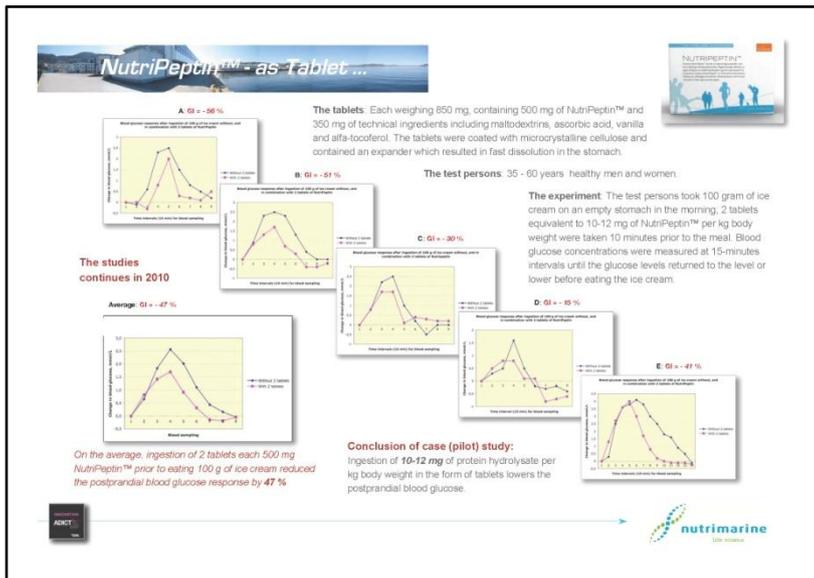
Conclusion of case (pilot) study:
Supplementation of ice cream with 1% NutriPeptin™ in terms of wet weight resulted in a GI-lowered product



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NutriPeptin™ as Ingredient ...

Blood glucose response: ice cream with and without NutriPeptin™

One percent NutriPeptin™ supplementation to ice cream reduced the blood glucose response in healthy persons by an average of 51 %

In Diabetes-2 patients NutriPeptin™-supplementation reduced the blood glucose response by 14 to 96 %.

51% Blood Glucose Response Reduction

We make NO food YES food

Blood glucose response with chocolate with and without 1% NutriPeptin™

Case studies has shown that 1 % NutriPeptin™ supplementation to chocolate will reduce the postprandial blood glucose response in healthy persons by 32 to 78 %.

Blood glucose response with meal with and without 1% NutriPeptin™

ADICT

14

"NutriPeptin™ Inside" ...

SPORT

NutriPeptin™ is used as a functional ingredient in the sport nutrition preparation **Restitution™ - Professional Sport Nutrition**; the first in a series of 3 different sport nutrition preparations with "NutriPeptin™ Inside", **"PreComp"**, **"On the Road"** and **"Restitution"** aimed to increase performance and satisfy the specific nutrition demands before, during and after work-outs and competitions. **Restitution™ Sport** was tested and used by **Team CSC** i Tour de France 2005 and 2006 , and in Giro d'Italia 2006.

Restitution Sport in Tour de France and Giro d'Italia.

Restitution - Sport was tested by **TEAM CSC**, the world's No 1 professional racing team both in Tour de France, Giro d'Italia i 2005, 2006 and for a period in 2007.

ADICT

15

Is NutriPeptin™ Approved for Foods ... ?

NutriPeptin™ is manufactured and categorised as a food ingredient; neither is it classified as "Novel Food" since marine hydrolysates has been produced and used in foods before January 1st, 1999.

Consequently, NutriPeptin™ and its applications in foods is only subject to food manufacture control and regulations in Norway as well the EU without any further documentation



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Bottom Line:



NutriPeptin™ lowers the postprandial blood glucose response and may be used as a tool to:

- stabilise the blood glucose level in individuals suffering from persistent elevated blood glucose and diabetes 2 without any kind of side effects.
- the claim is supported by 2 clinical studies in Sweden and the UK.
- 2 clinical studies are being started at the University of Bergen - Institute of Medicine in collaboration with Haukeland University Clinic.



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Contact information:

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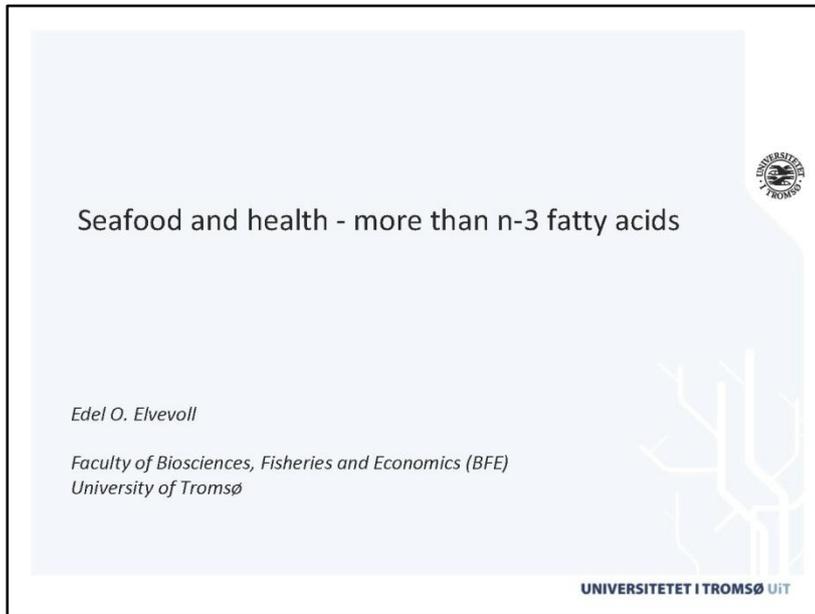
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www.nutrimarine.com

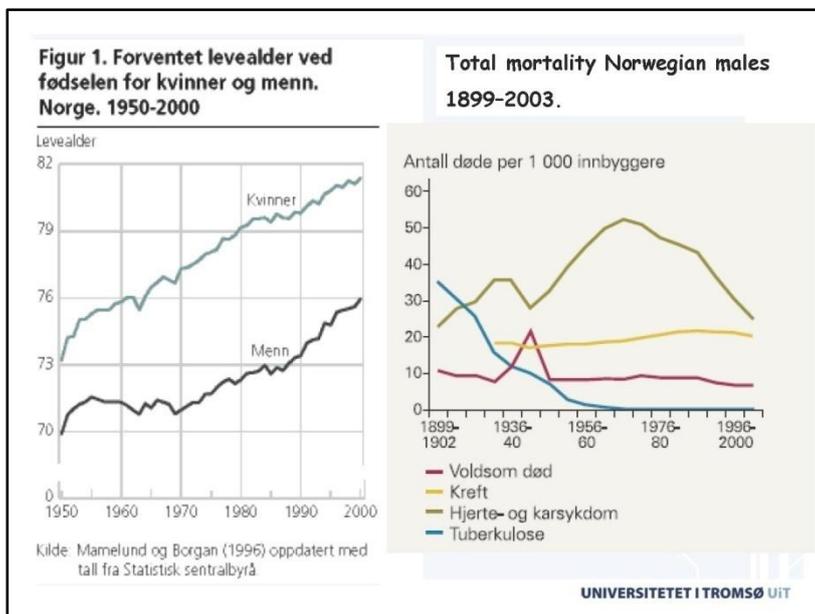


Appendix 5. "Seafood and health – more than n-3 fatty acids" by Edel O. Elvevoll

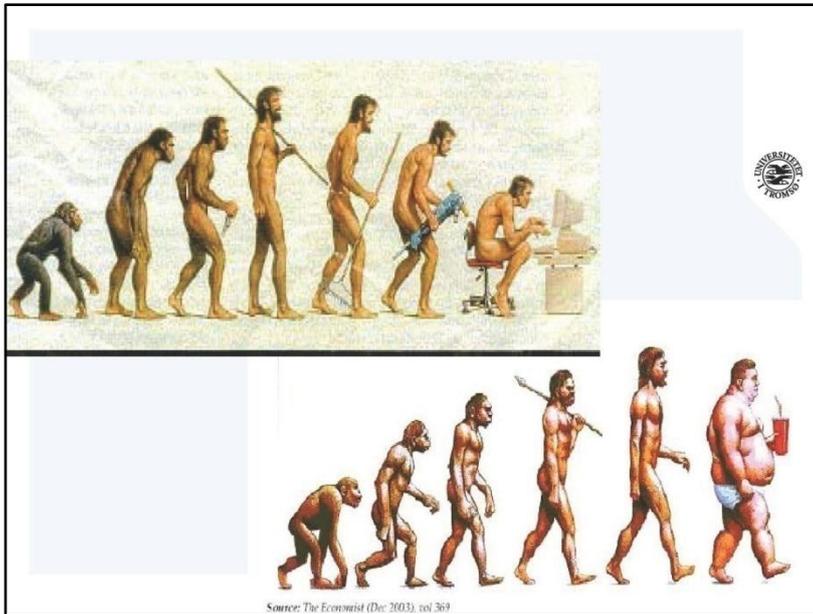
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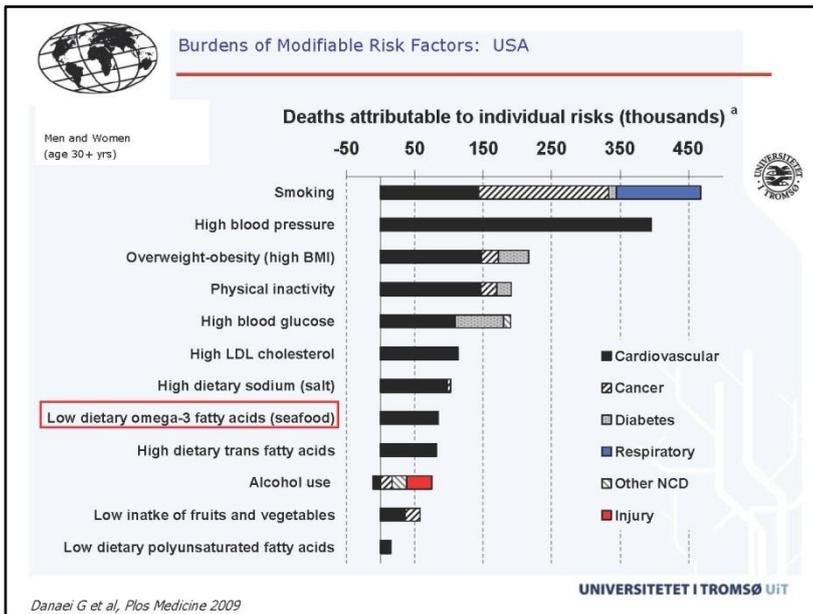
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5

Fish Consumption: Effects on Disease Outcomes

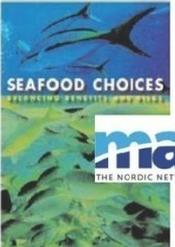
- **Heart**
 - Coronary Death / Sudden Cardiac Death
 - Nonfatal Coronary Events
 - Atrial Fibrillation
 - Congestive Heart Failure
- **Brain**
 - Neurodevelopment (in utero, infancy)
 - Ischemic Stroke
 - Mood and Depression
 - Cognitive Decline and Dementia
 - Postpartum Depression
- **Other**
 - Inflammatory Diseases
 - Cancer
 - Bone Health



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Advice on fish consumption: benefits and risks







"Seafood choices – balancing benefits and risks" 2006. Institute of Medicine, USA

"Advice on fish consumption: benefits and risks" 2004. SACN/COT, Storbritannia

"Helhedssyn på fisk og fiskevarer" 2003. Fødevaredirektoratet, Danmark

EFSA (2005), WHO/FAO(2003, 2009?), etc

Undeland et al., 2009 Seafood and health - what is the full story? MARIFUNC

"Et helhetssyn på fisk og annet sjømat i norsk kosthold" 2006. VKM, Norway



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Getting information on health effects

Human studies, clinical trials



Highest level of evidence

- Firm control of diet, study length, type of subjects, etc.
- Expensive
- Impossible to conduct on some diseases

Observational (Epidemiological) studies



Segment of population observed

- Fish intake associated with diseases
- Indication of correlation
- Many confounding factors

Animal Studies



Extrapolation to humans is limited

- Can exert tight control over experimental conditions
- Insights into designing human studies

In vitro (test tube) studies



Hardest to extrapolate to humans

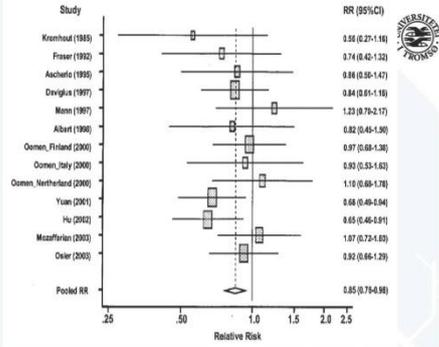
- Important in early phases
- Can give directions

marifunc I. Undeland Sept 2008 UNIVERSITETET I TROMSØ UIT

8

Fish consumption and CHD mortality

- Meta-analysis, observational, 222.364 individuals
- Inverse association between fish consumption and CHD mortality rates
- Fish meal once a week, reduced risk of CHD death by 15 % compared to
- May be further reduced with additional consumption
 - 7% decrease with per additional serving per week

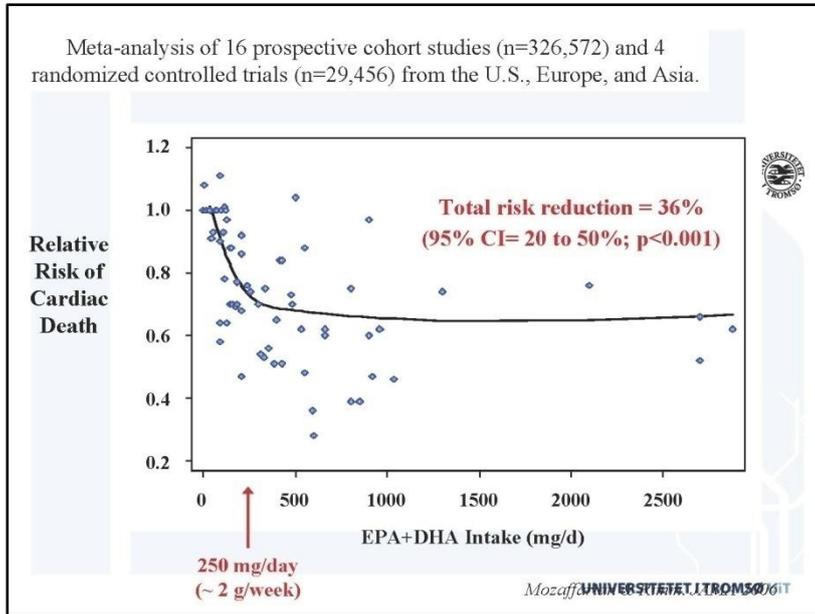


Study	RR (95%CI)
Kronhou (1983)	0.58 (0.27-1.18)
Fraser (1982)	0.74 (0.42-1.22)
Ascherio (1995)	0.88 (0.50-1.47)
Daviglus (1997)	0.84 (0.61-1.13)
Mann (1997)	1.23 (0.73-2.11)
Albert (1996)	0.82 (0.45-1.50)
Oomen, Finland (2000)	0.97 (0.68-1.38)
Oomen, Italy (2000)	0.93 (0.53-1.62)
Oomen, Netherlands (2000)	1.10 (0.68-1.78)
Yuan (2001)	0.68 (0.48-0.94)
Hu (2002)	0.65 (0.46-0.91)
Mozaffarian (2003)	1.07 (0.73-1.63)
Oster (2003)	0.92 (0.66-1.29)
Pooled RR	0.85 (0.74-0.98)

He et al., Circulation, 2004

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Hibbeln et al, Feb 17, 2007
- Lancet 369:578-585

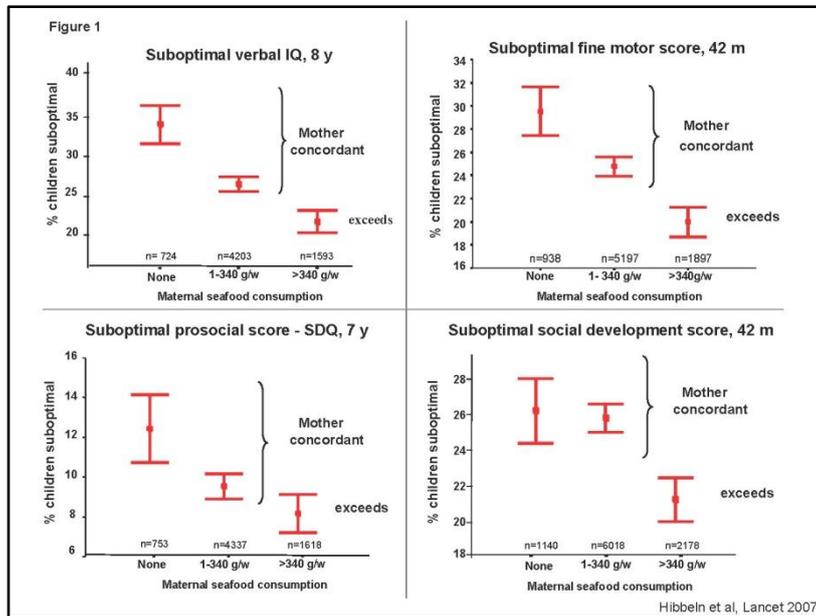
Relative to health and consumption advisories;

"mothers who ate small amounts (< 340 g/wk) of seafood were most likely to have suboptimum neurodevelopment outcomes than children of mothers who ate more seafood than the recommended amounts"

340g/wk = 12 oz./wk = Four 3 oz. Servings /wk

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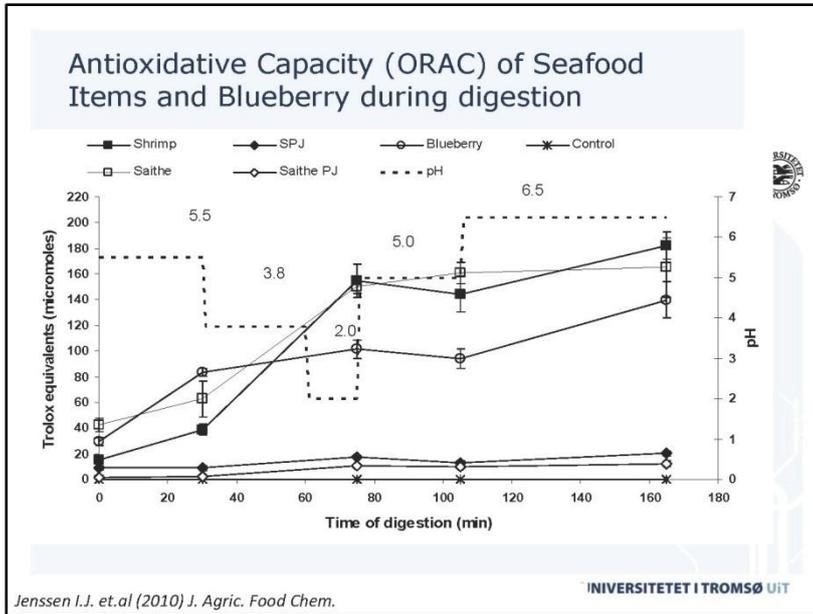


12

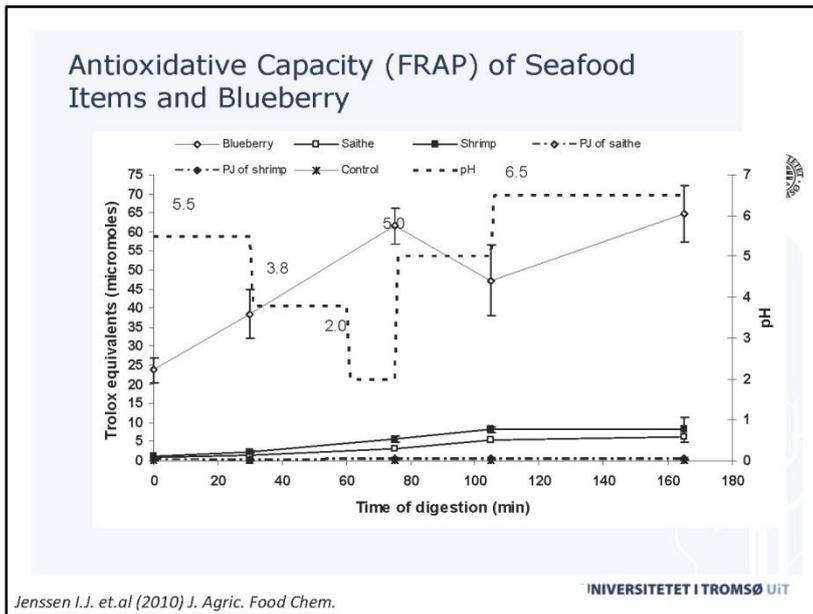
- To a large extent attributed to n-3 fatty acids...
- Other possible contributors
 - Peptides
 - Amino acids
 - Minerals and trace elements
 - Vitamins

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Antioxidative Capacity of Seafood Items and Blueberry during digestion



- Oxygen Radical Absorbance Capacity (ORAC)
 - Preformed peroxy radicals attack a fluorescent probe and decrease the fluorescence. Antioxidants have a protective effect: donate H-atom and delays the decrease in fluorescent.
 - pH 7.4 and 37°C. Trolox as standard.
- Ferric Reducing Ability of Plasma (FRAP)
 - Measures the reducing capacity of an antioxidant to reduce a Fe^{3+} -complex to a Fe^{2+} -complex with an intense blue colour.
 - pH 3.6 and 37°C. Trolox as standard.

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- AOC
 - Increase up until the phase simulating the small intestine.
 - ORAC: muscle > blueberry
 - FRAP: muscle < blueberry
- FRAP assay pH 3.6:
 - stomach
 - appropriate to use when assessing the antioxidative protection in this environment.
- ORAC assay pH 7.4
 - better method to assess the antioxidative protection in the intestine and elsewhere in the human body.
- Cellular antioxidative assay



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Taurine

$$\begin{array}{c}
 \text{O} \quad \text{H} \\
 \parallel \quad | \\
 \text{HO} - \text{S} - \text{C} - \text{CH}_2 \\
 \parallel \quad | \\
 \text{O} \quad \text{H} \quad \text{NH}_2
 \end{array}$$

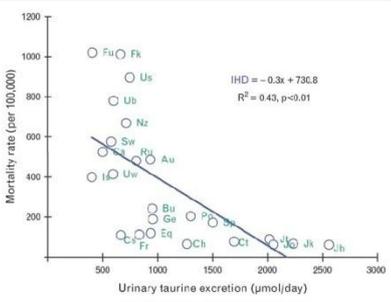
- Free sulfonated amino acid.
- Shown to be a marker of seafood consumption.



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Dietary markers on IHD mortality



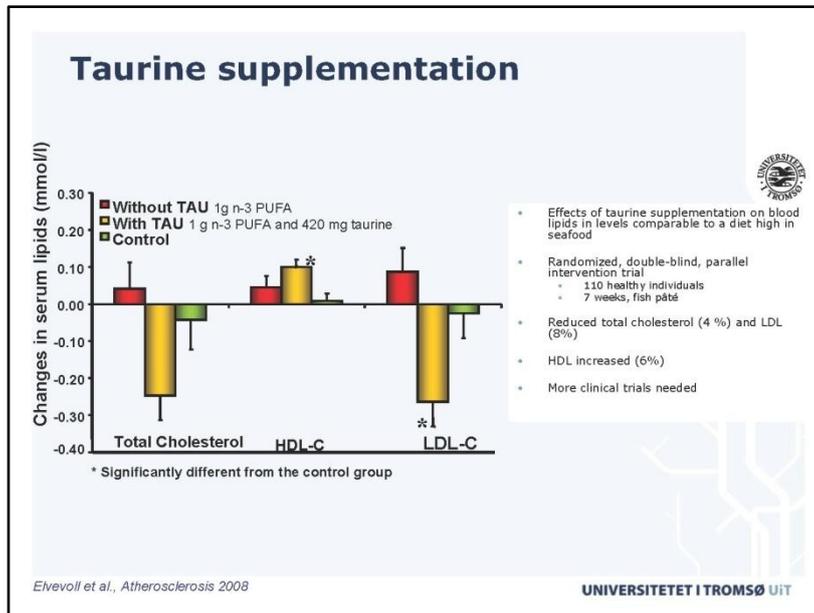
- Associations between various dietary markers and mortality from IHD
- Males, n=2462
- "In our present study, taurine excretion, in fact, appears as the most significant factor (inversely) in IHD mortality"



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Yamori et al., J. Hypertension, 2006

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20

Taurine is abundant in seafood

- Intervention studies in animals and humans have suggested that protective effect may act through several mechanisms
 - Antioxidative properties
 - Reduce pro - inflammatory products
 - Suppress atherosclerosis
 - Platelet aggregation, reduce blood cholesterol, improved cardiac performance
- Study
 - The mechanism (s) needs to be studied
 - The relevance and the effect of taurine in **amounts** normally acquired through **the diet** should be studied
 - Possible interactions with other components abundant in seafood

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Setup, mouse dietary experiment

- Apolipoprotein-E^{-/-}-mice (background C57Bl/6, black 6)
- Atherogenous diet to speed up the pathological processes
 - Western diet (TestDiet)
 - 21.0% fat (gm) (= > 41.7% kcal)
 - 0.2% cholesterol, no cholate
 - isocaloric and isonitrogenous
- 4 dietary groups (♀), n=9
 - Western diet alone
 - Western diet + Seal oil (1% wt:wt)
 - Western diet + Seal oil (1% wt:wt) + taurine (0.5% wt:wt)
 - Western diet + taurine (0.5% wt:wt)
- 14 weeks, Blood sampling 0, 7 and 14 weeks



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Analyses

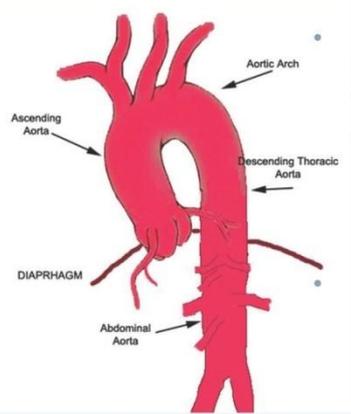
- Heart + aortic arch → Embedded in paraffin for subsequent histological analyses
- Whole mount *en face* analysis of lesion formation in the aorta
- Measurement of cholesterol, triglycerides, cytokines, chemokines, and soluble adhesion molecules in plasma
- Determination of fatty acids in whole blood/plasma
- Gene expression:
 - Isolation of RNA from various tissues (heart, liver, kidney, blood) and subsequent real time PCR analysis



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Other analyses



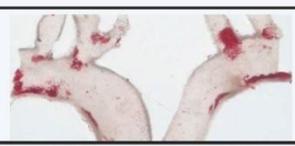
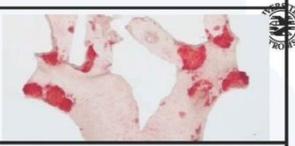
- I. Atherosclerosis
 - a. Heart+aortic arch
 - b. →Embedded in paraffin for Histological analyses
- b. Whole mount *en face* analysis of the aorta
 - - Opened longitudinally
 - - Oil red staining
- II. Gene expression





24

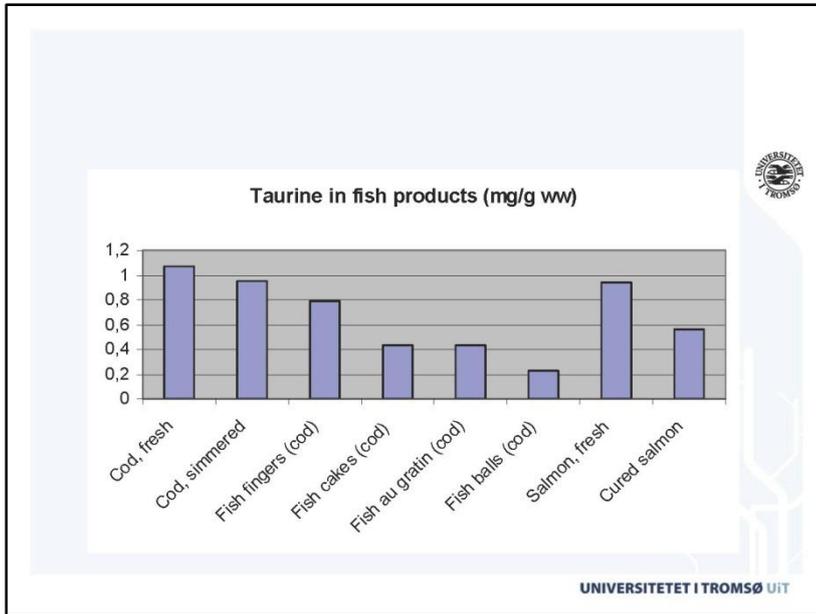
en face lesion analysis, aortic arch

Females		Males
	NO	
	SO	
	CO	

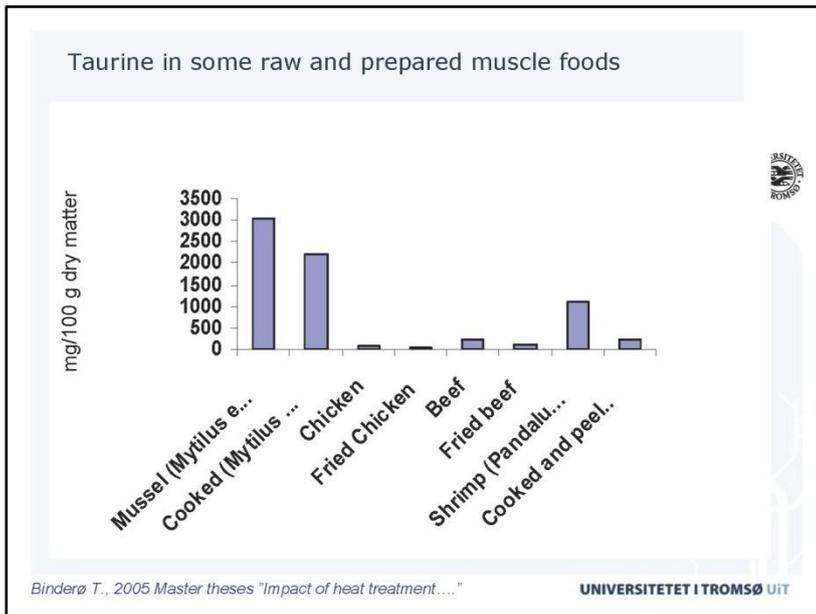




25



26



27

The end – thank you



Karl-Erik Eilertsen,
Hege Devold,
Hanne K. Mæhre,
Ida J. Jensen,
Bjørn Tore Dragnes,
Rune Larsen,
Svein Kristian Stormo,
Jan Ole Olsen,
Jan Brox,
Bjarne Østerud

Foto: Ole Torrissen, HI



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Appendix 6. "Nanofish – utilization of natural fish antimicrobial peptides as nanoparticles?" by Jan Stagsted

1

Nanofish

Utilization of natural, fish antimicrobial peptides as nanoparticles?



University of Aarhus
Department of Food Science

Jan Stagsted
Nanofish 2010

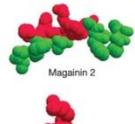
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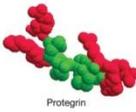
Peptide	Sequence	# aa	MW/Da
Magainin 1	GIGKFLHSAGMFGKAFVGEIMKS	23	2409
Magainin 2	GIGKFLHSAKKFGKAFVGEIMNS	23	2467



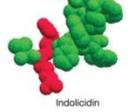
Human α -defensin 3



Magainin 2



Protegrin



Indolicidin

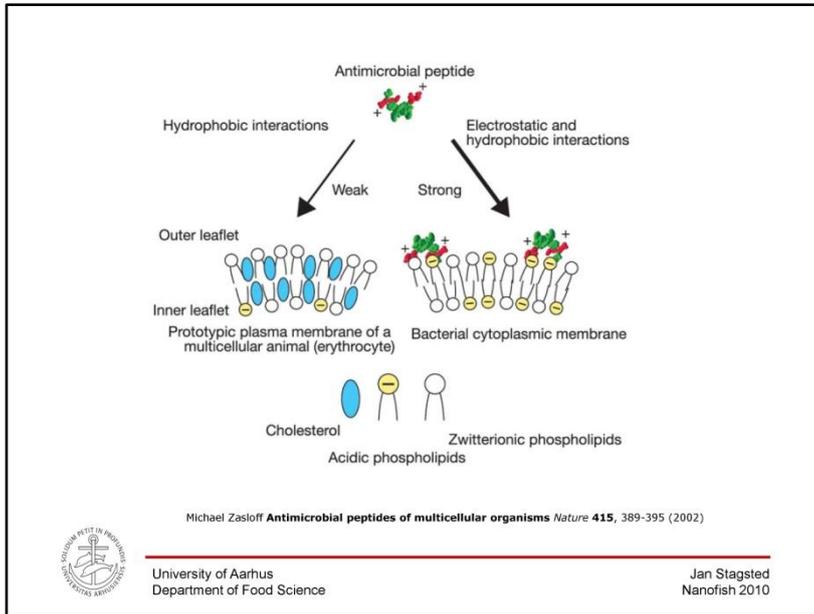
Michael Zasloff **Antimicrobial peptides of multicellular organisms** *Nature* **415**, 389-395 (2002)



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Department of Food Science

Jan Stagsted
Nanofish 2010

3



4

Nanofish

[YouTube - Antimicrobial Peptides](#)

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Department of Food Science

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Nanofish 2010

5

[Welcome to the Antimicrobial Peptide Database and Analysis System](#)

Wang G, Li X, Wang Z. APD2: the updated antimicrobial peptide database and its application in peptide design. Nucleic Acids Res. 2009 Jan;37(Database issue):D933-7

University of Aarhus
Department of Food Science

Jan Stagsted
Nanofish 2010



6

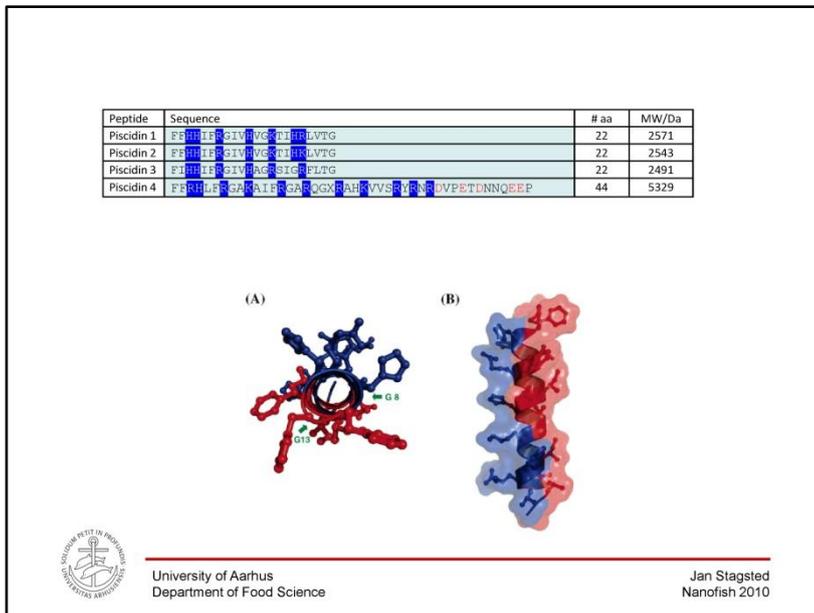
Number of species:	~6,300	~30,000
		
Number of AMP:	548	50

University of Aarhus
Department of Food Science

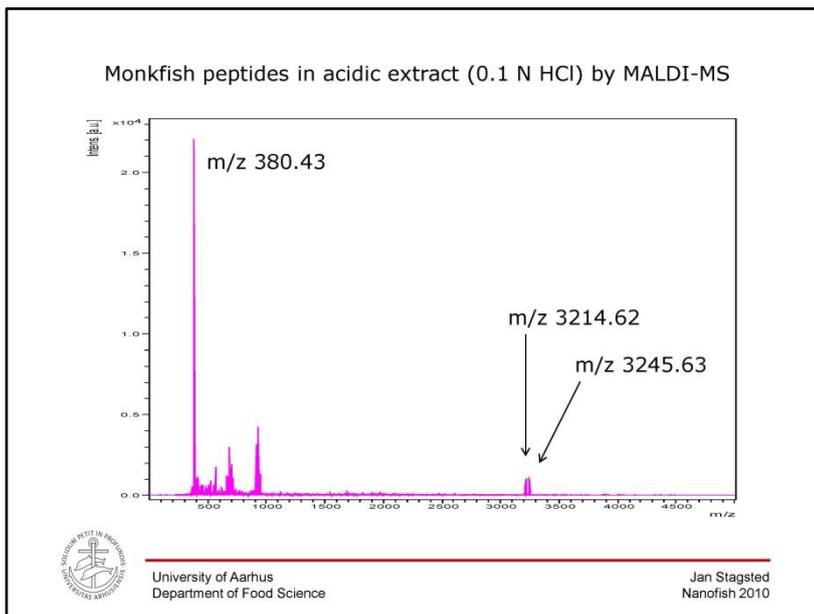
Jan Stagsted
Nanofish 2010



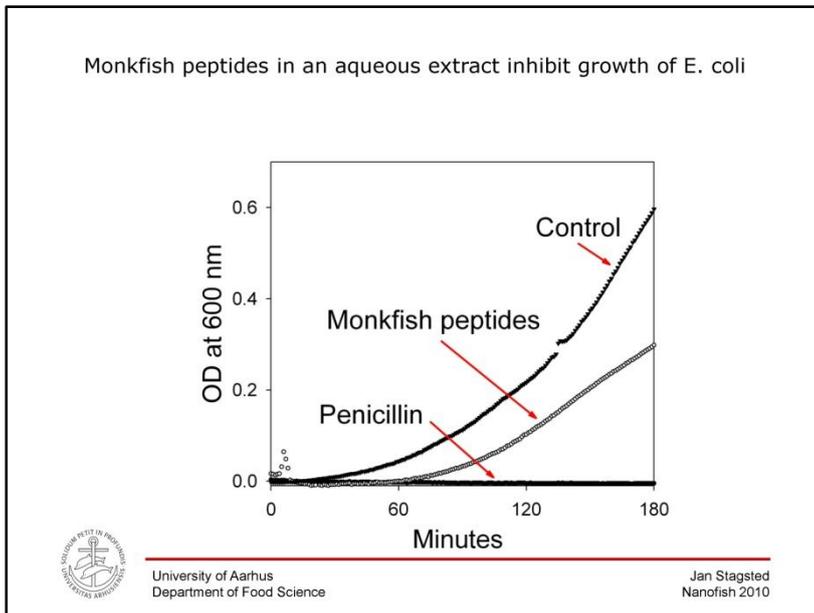
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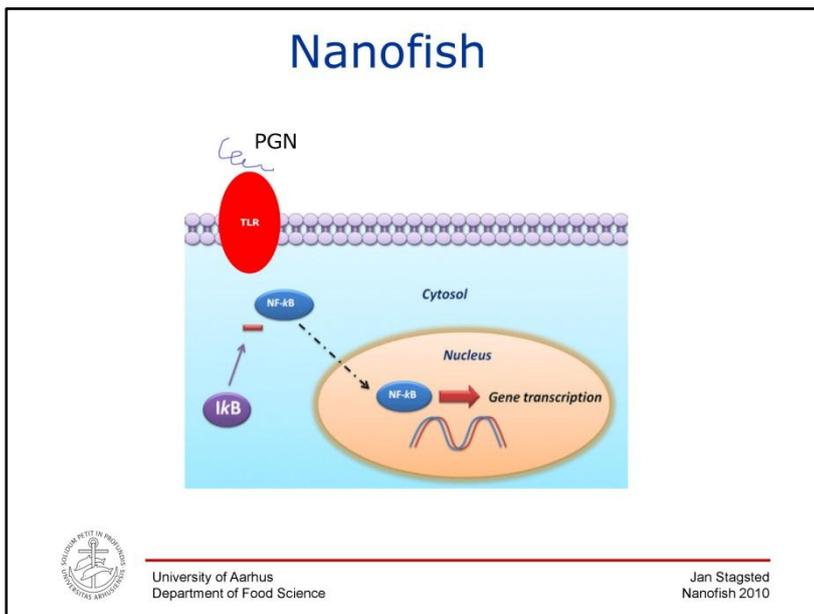
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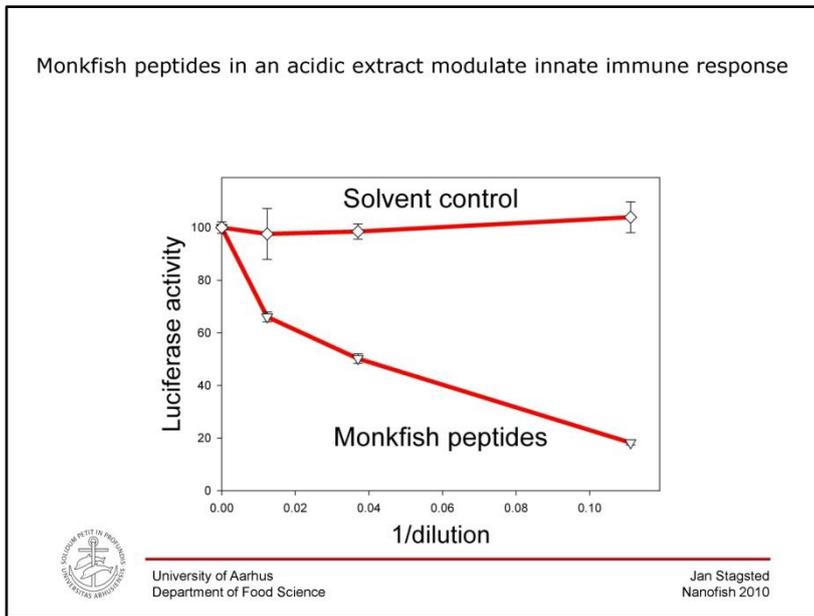
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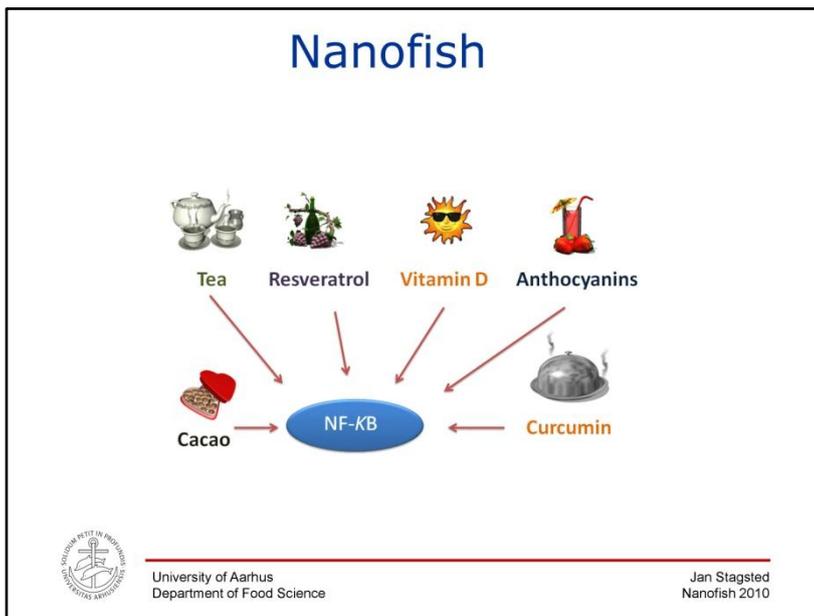
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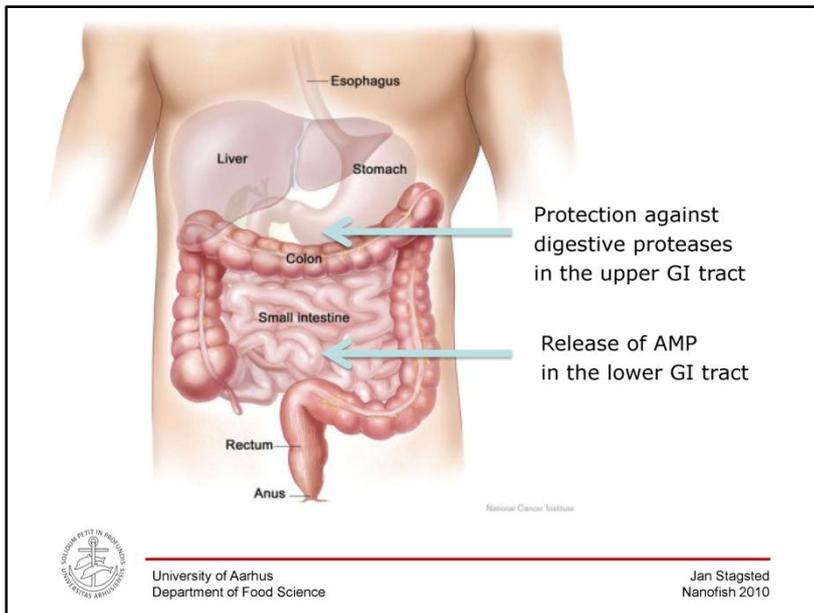
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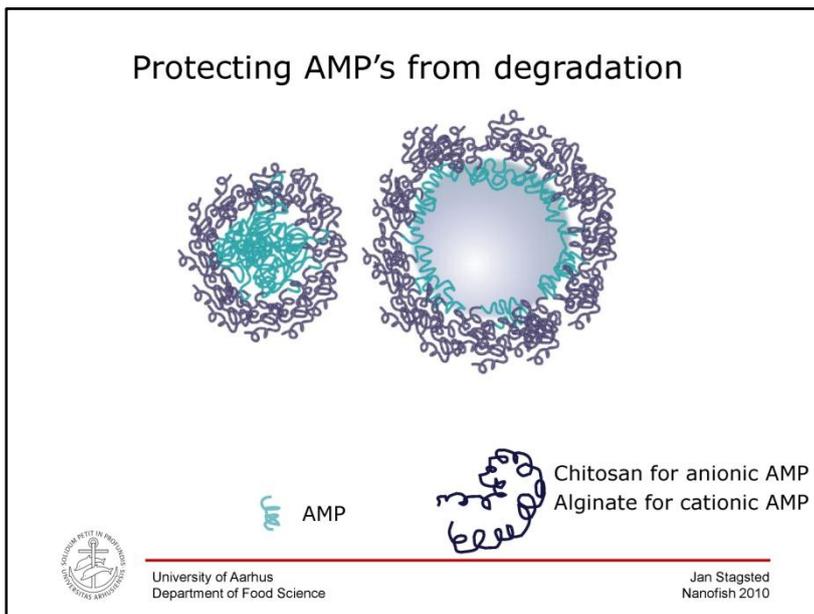
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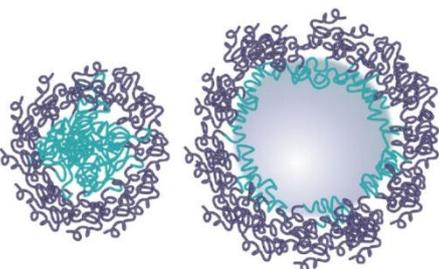


14



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Protecting AMP's from degradation



AMP

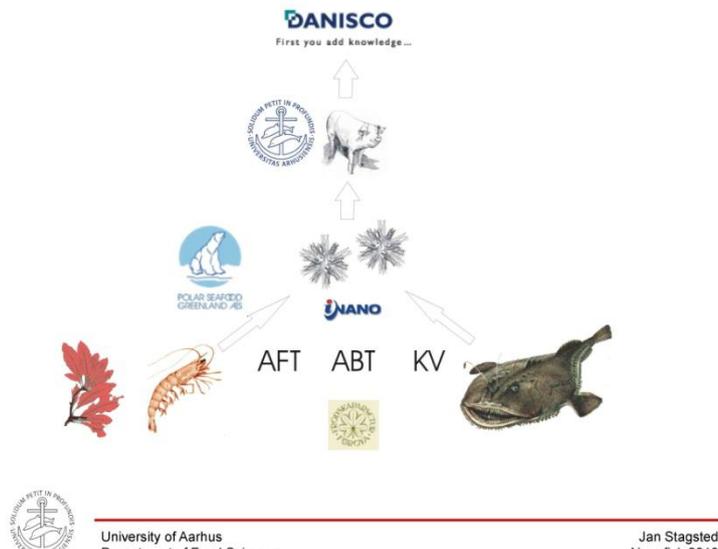
Chitosan for anionic AMP
Alginate for cationic AMP



University of Aarhus
Department of Food Science

Jan Stagsted
Nanofish 2010

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DANISCO
First you add knowledge...

POLAR SEAFOOD GREENLAND AS

JANO

AFT ABT KV



University of Aarhus
Department of Food Science

Jan Stagsted
Nanofish 2010

17

Nanofish

Thank you for your attention!



University of Aarhus
Department of Food Science

Jan Stagsted
Nanofish 2010

Appendix 7. "Antioxidative and bioactive activities of fish protein hydrolysates" by Turid Rustad

1

**Antioxidative and bioactive
activities of fish protein
hydrolysates**

Turid Rustad
Department of Biotechnology
Norwegian University of Science and
Technology (NTNU)

NTNU SINTEF

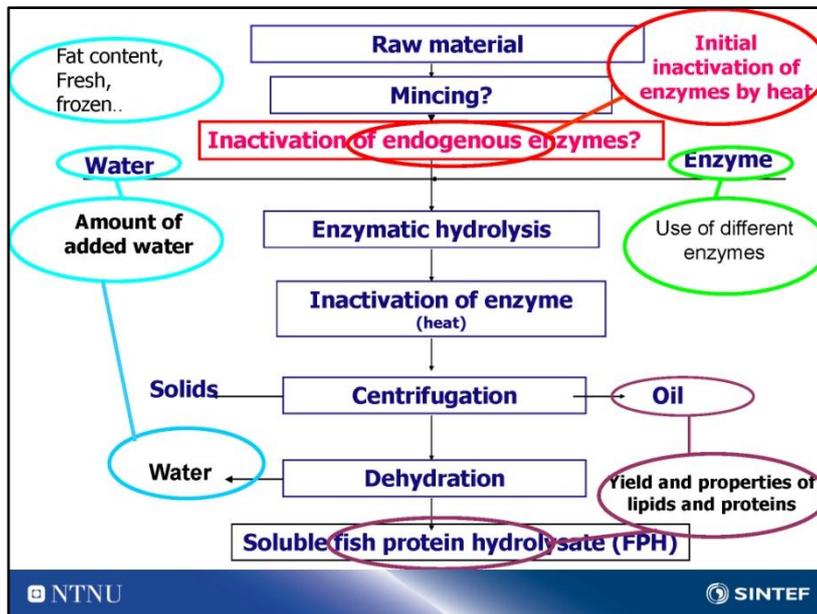
2

Outline

- Process overview
 - What influences composition and properties
- Antioxidant activity of FPH
 - Model systems
 - Different prooxidants
 - Mechanisms
- Bioactive activity
 - CGRP-like molecules
 - Gastrin/Cholecystokinin-like molecules
- Concluding remarks

NTNU SINTEF

3



4

Raw material

- Cod backbones after removal of flesh
 - Frozen or fresh backbones
 - Different time of hydrolysis
- Commercial fish powders
 - Norland HFC
 - Aroma (New Zealand)
 - Powders from Danish fish protein
 - MariPep C
 - MariPep P
 - MariPep CK



5

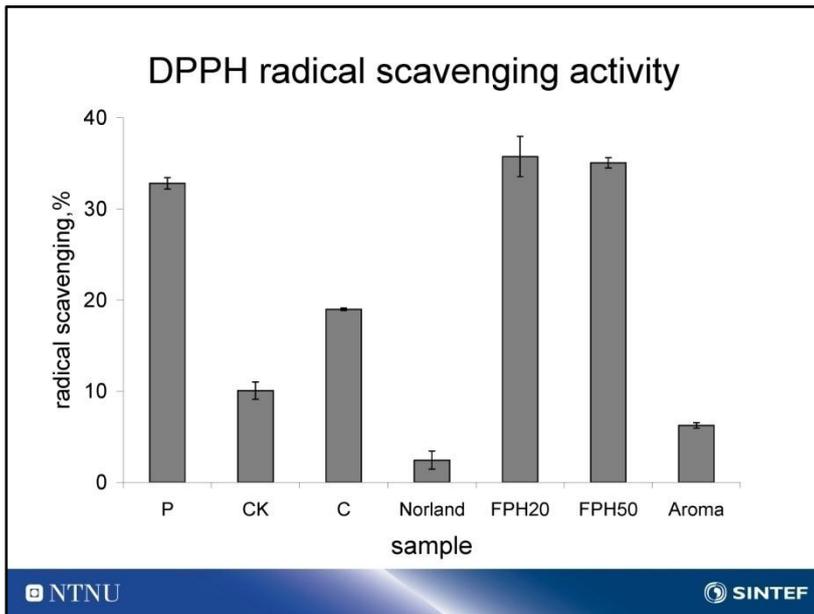
Antioxidative properties

- Peptides from fish proteins have antioxidative properties in different oxidative systems
- Antioxidative mechanisms related to the ability of peptides and hydrolysates to:
 - **scavenge radicals**
 - **chelate transition metals**
 - alter the development of rancidity in unsaturated oils by **adducting volatile aldehydes**
- Antioxidative properties depends on
 - **amino acid** sequence
 - **molecular weight**
 - **pH**

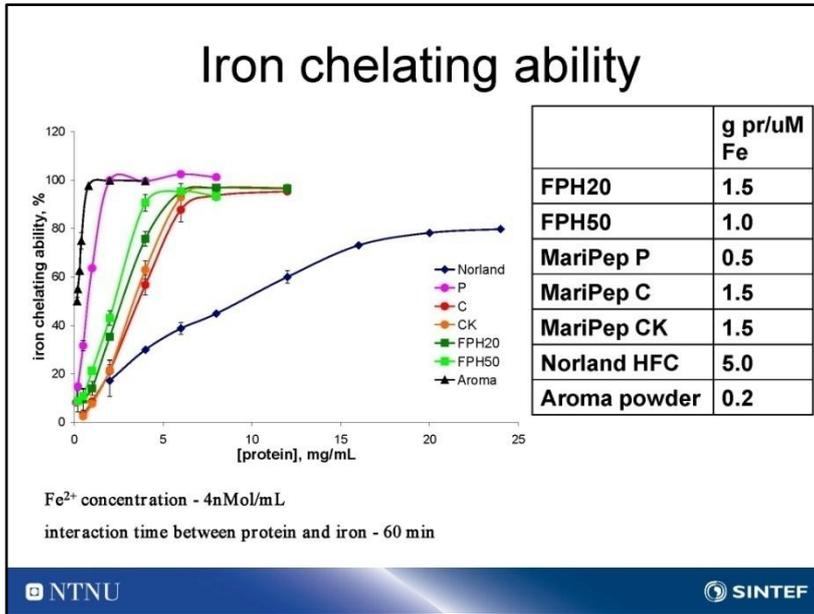
The diagram illustrates the lipid oxidation cycle. It starts with a lipid (LH) reacting with Fe²⁺ and O₂ to form a lipid hydroperoxide (LOOH). Fe²⁺ is oxidized to Fe³⁺ in this process. Fe³⁺ then reacts with another LOOH molecule to regenerate Fe²⁺ and produce a lipid radical (L•). The L• radical reacts with O₂ to form a lipid peroxide radical (LOOL•), which then reacts with another LH molecule to form LOOH and regenerate the L• radical, completing the cycle.

NTNU
SINTEF

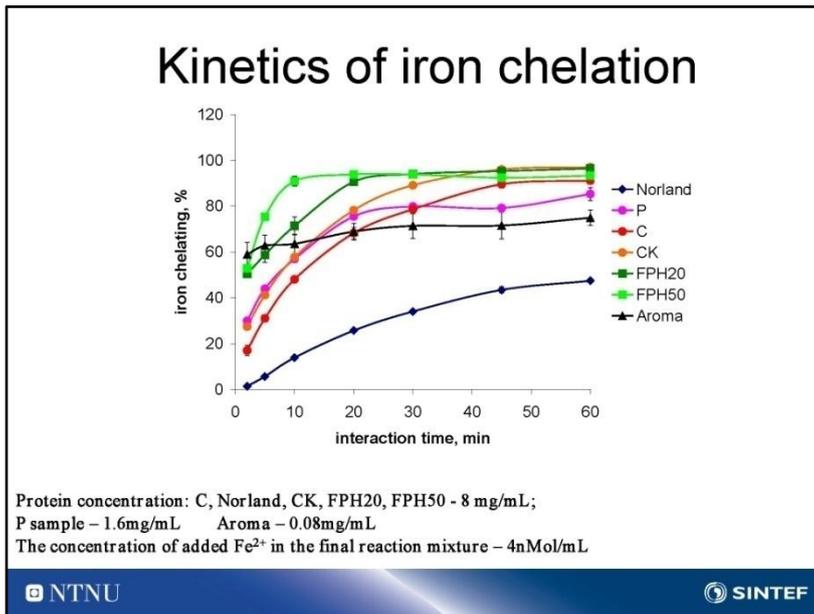
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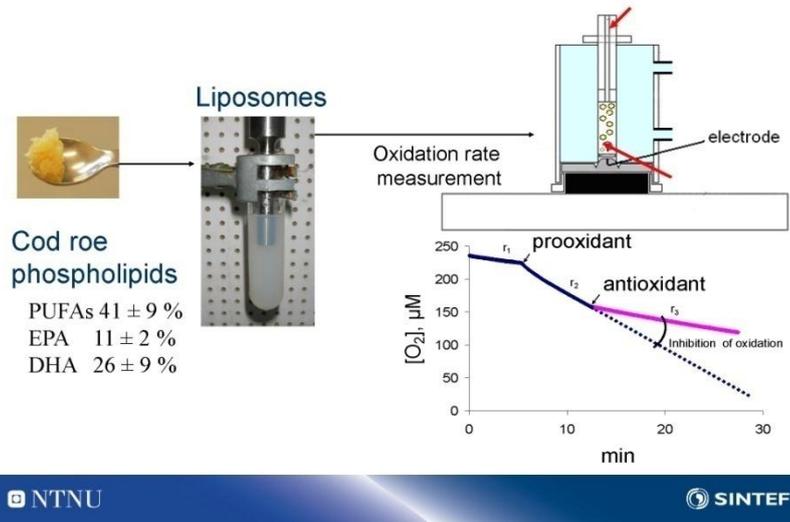
9

Fe and haemoglobin mediated oxidation

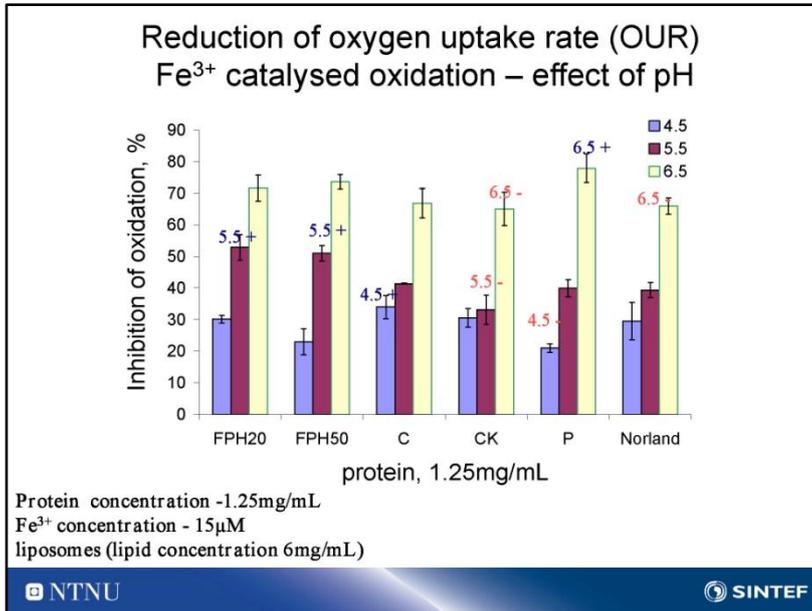
	Two different types of lipid oxidations	
Prooxidants	Fe	Haemoglobin
Effect of prooxidant	Linear	Michaelis-Menten
Dissolved oxygen	Not dependent	Dependent (1.order kinetics)
pH	Optimum at pH 4 - 5	Increasing with pH
Temperature	Ea = 60-86kJ/mole K	Ea= 48 kJ/ mole K
Phosphate	Antioxidant	No effect
EDTA	Antioxidant	No effect

10

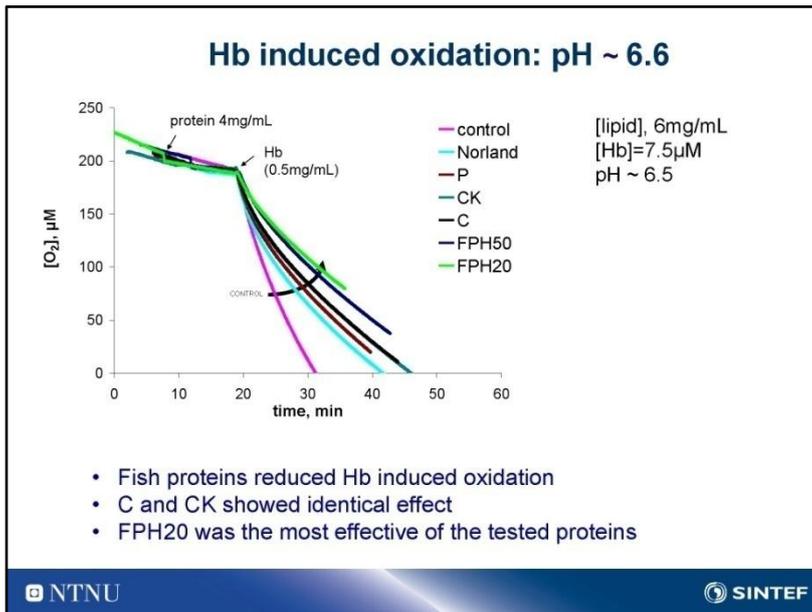
A system to measure the oxidation kinetics



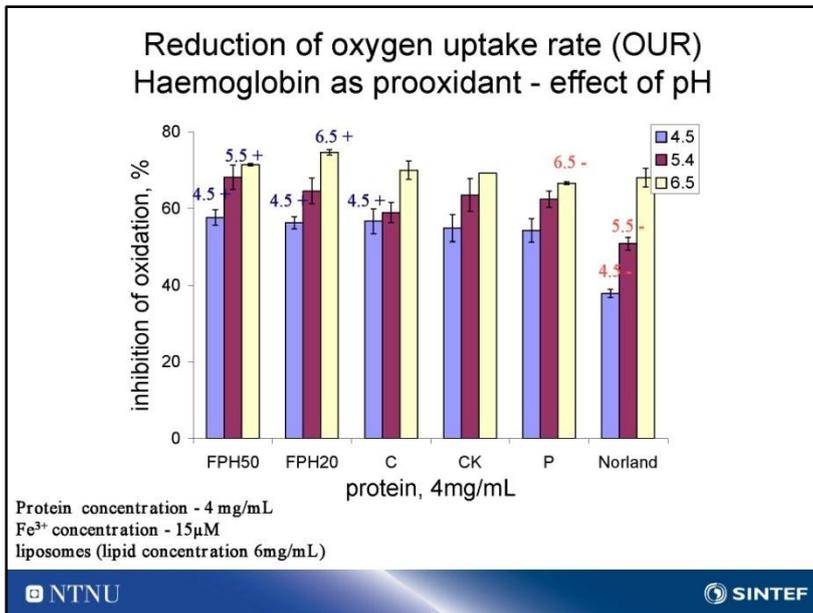
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Antioxidative properties - Summing up

	FPH 20	FPH 50	MariPep P	MariPep C	MariPep CK	Norland
DPPH radical scavenging activity	++	+			-	--
Iron chelating ability		+	++			-
Fe ³⁺ (pH 4.5)			-	+		
Fe ³⁺ (pH 5.5)	++	+			-	
Fe ³⁺ (pH 6.5)			+		--	-
Hb (pH 4.5)	+	++		+		-
Hb (pH 5.5)		+				-
Hb (pH 6.5)	+		-			
	2	1	4	3	5	6

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15

Model food system for evaluation of effect of added fish proteins

Salmon pate

Concentration test Sensory test Storage test

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16

The recipe for salmon pate

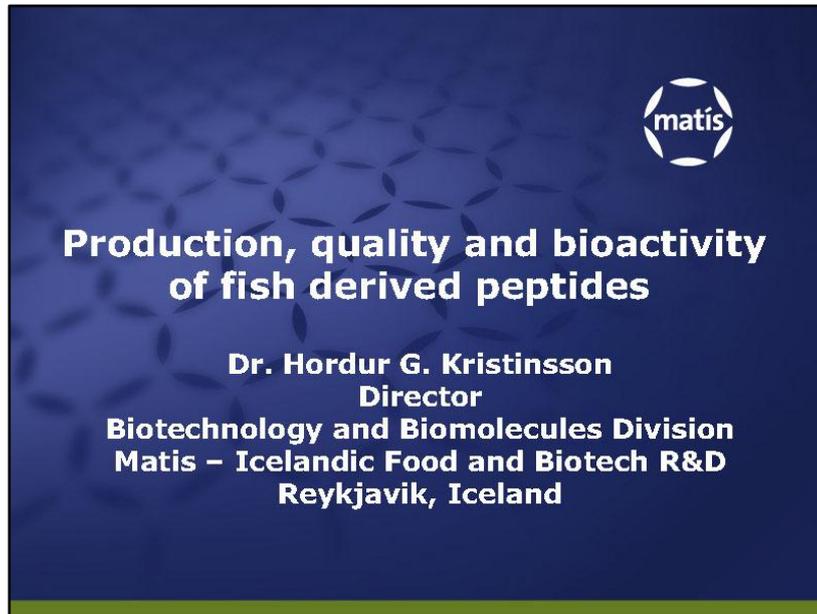
- Salmon (cooked) 41.6 %
- Salmon (smoked) 10.8 %
- Rainbow trout oil 17.5 %
- Whey powder 3 %
- Water 24.7 %
- Salt 0.5 %
- Vinegar 0.8 %
- Fish proteins 1.1 %

•20 min of baking at 190°C (water bath)

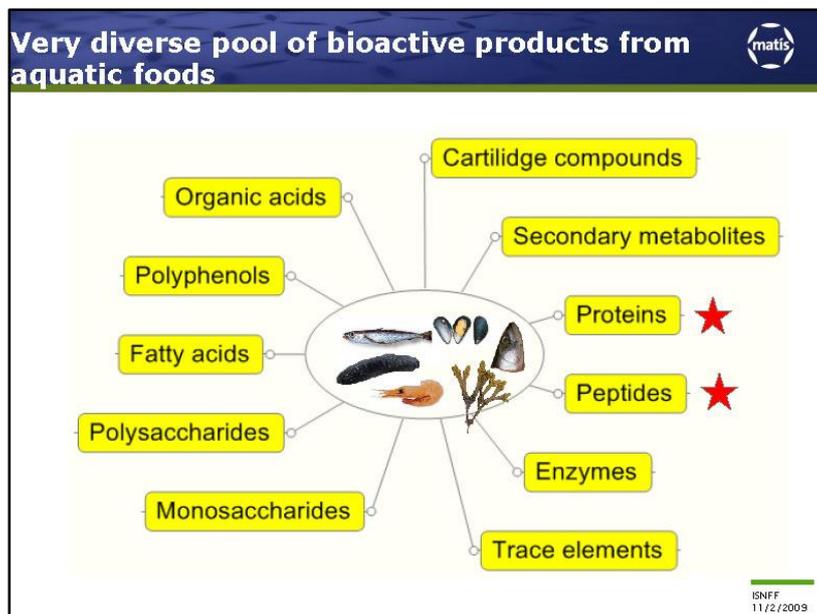
NTNU SINTEF

Appendix 8. "Production, quality and bioactivity of fish derived peptides"
by Hordur G. Kristinsson

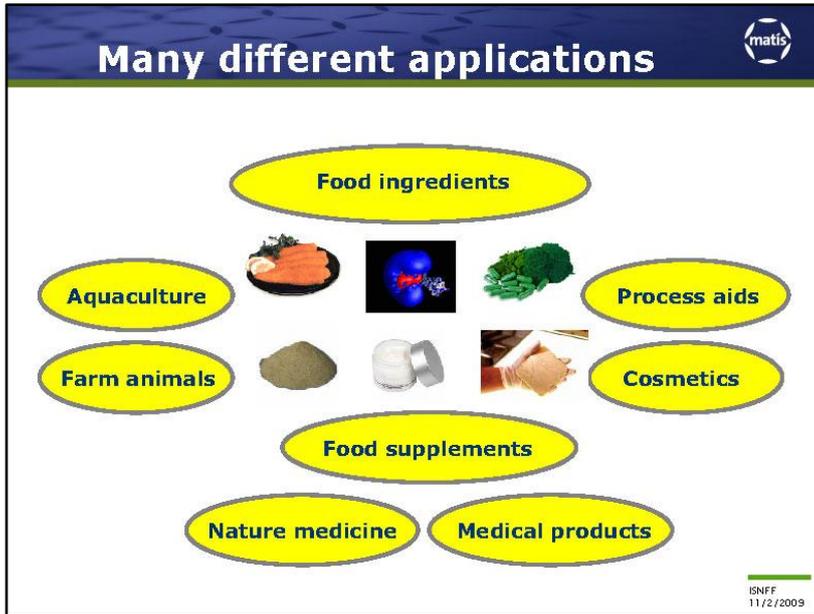
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USA – functional foods

\$30-80 billion in 2009

2011
25% omega-3 products

ISNFF
11/2/2009

5

Animal food market – opportunities



**USA - petfood
\$50 billion in 2009**





ISNFF
11/2/2009

6

Health effects

Increased consumer awareness about natural bioactive compounds

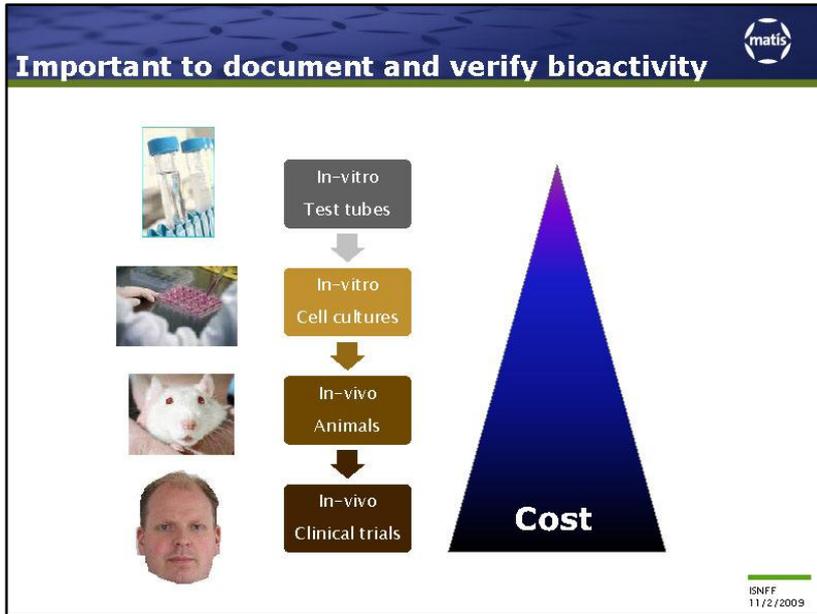
- **Might work against:**
 - Oxidative stress
 - Increased blood pressure
 - High cholesterol
 - Inflammation
 - Cancer
 - Diabetes
 - Obesity



Could play a role in a more healthy living

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11/2/2009

7



8

Substantial value addition

Fishmeal	SeaCure	PeptACE
		
0,13 ISK/g protein	81 ISK/g protein	132 ISK/g protein

623-1015 fold difference!

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9

Peptide products



			
<p>Katsuboshi oligopeptide (Vasotensin®) Nippon Supplements</p>	<p>Sardine peptide SP100N Senmiekiisu</p>	<p>Seacure® Proper Nutrition</p>	
			
<p>PeptACE Natural Factors</p>	<p>Peptides de Poisson Grand Ocean</p>	<p>PeptiStress DJFusion</p>	<p>AntiStress Forté Pharma</p>

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Foods with fish peptides



<p>Apertizers with low GI: Nutripeptin</p>	<p>Cakes and orange juice with Collagen HM</p>
	
<p>Bread with Phoscalim</p>	<p>Chocolate with Protizen: relaxing properties</p>
	
<p>Copalis, France</p>	

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11

Cosmeceuticals with fish peptides

Vselena, Poland

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12

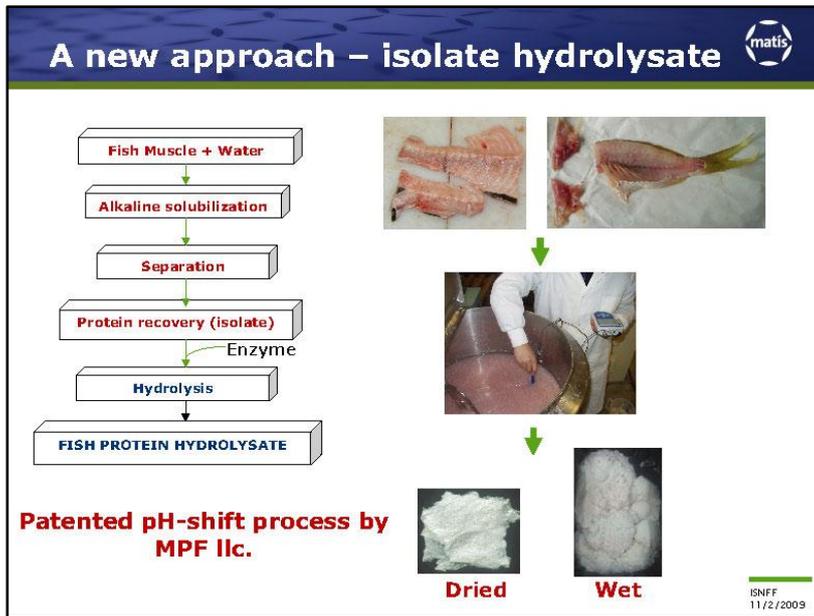
The hydrolysis process

```
graph TD; A[Fish Muscle + Water] --> B[Homogenization]; B --> C[Hydrolysis]; E[Enzyme] --> C; C --> D[Reaction Termination]; D --> E[Cooling]; E --> F[Centrifugation or Filtering]; F --> G[Drying or Concentrating]; G --> H[FISH PROTEIN HYDROLYSATE];
```

Dried Wet

ISIFF
11/2/2009

13



14

Some benefits of using isolate

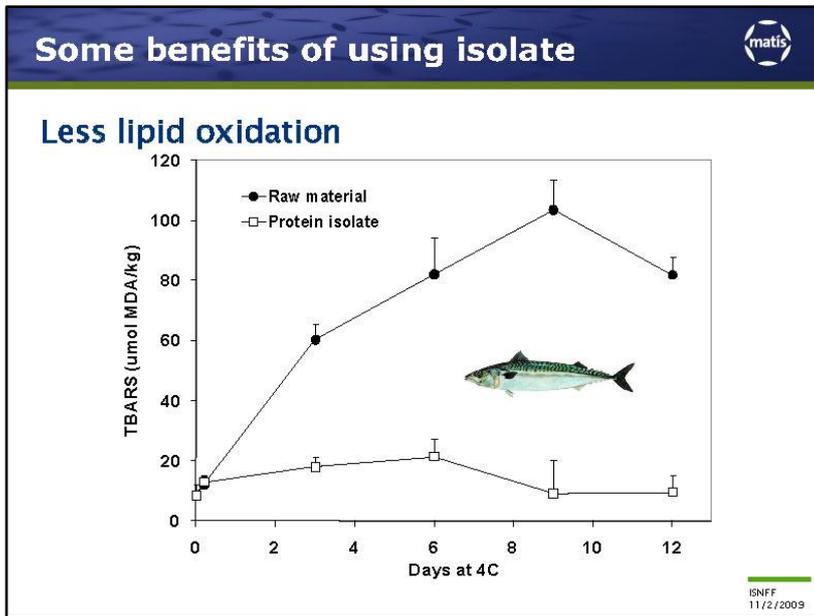
Better color and cleaner product

- ↓lipids
- ↓pro-oxidants
- ↑protein

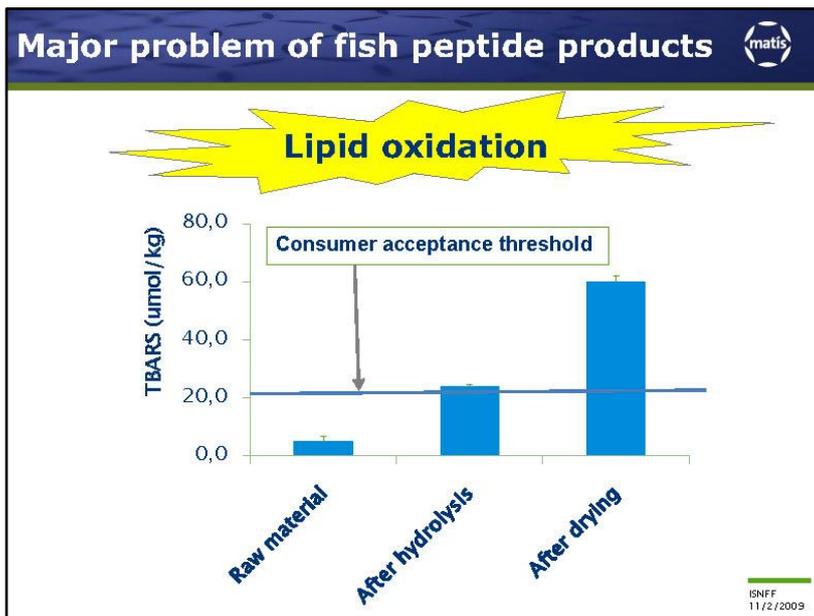

V.S.


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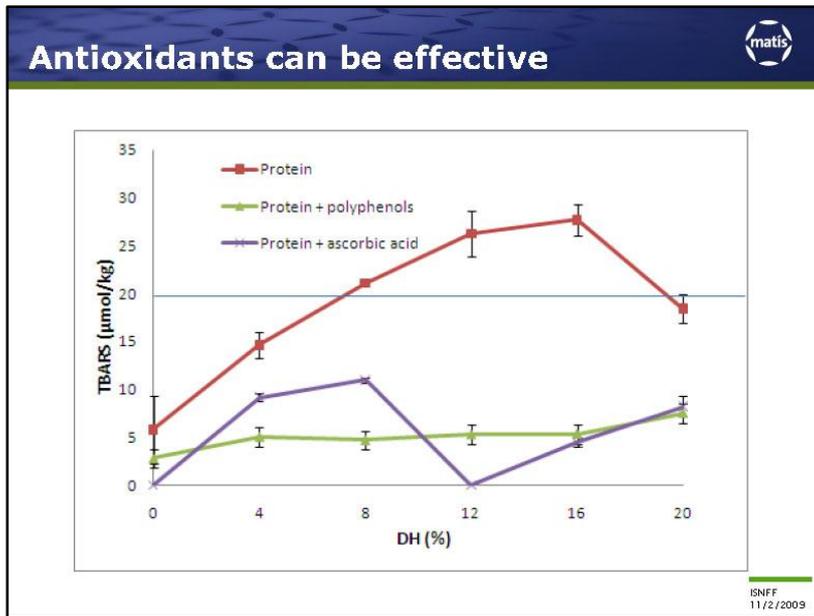
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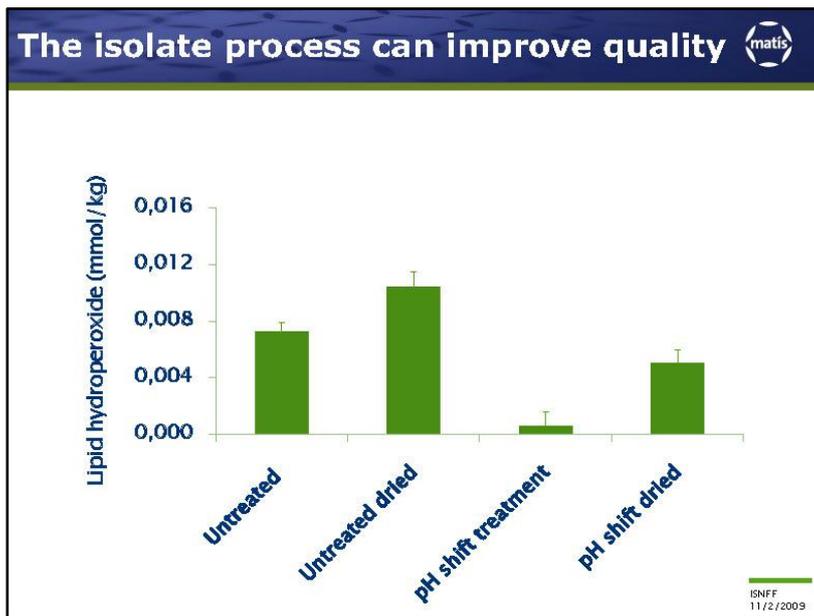
16



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18



19

Many different species/materials studied 

- Cod
- Haddock
- Saithe (pollock)
- Blue whiting
- Capelin
- Herring
- Salmon
- Clams
- Shrimp
- Lobster
- Sea cucumber
- Seaweed
- Tilapia
- Channel catfish

FOCUS: Byproducts



Hydrolysis **Ultrafiltration**

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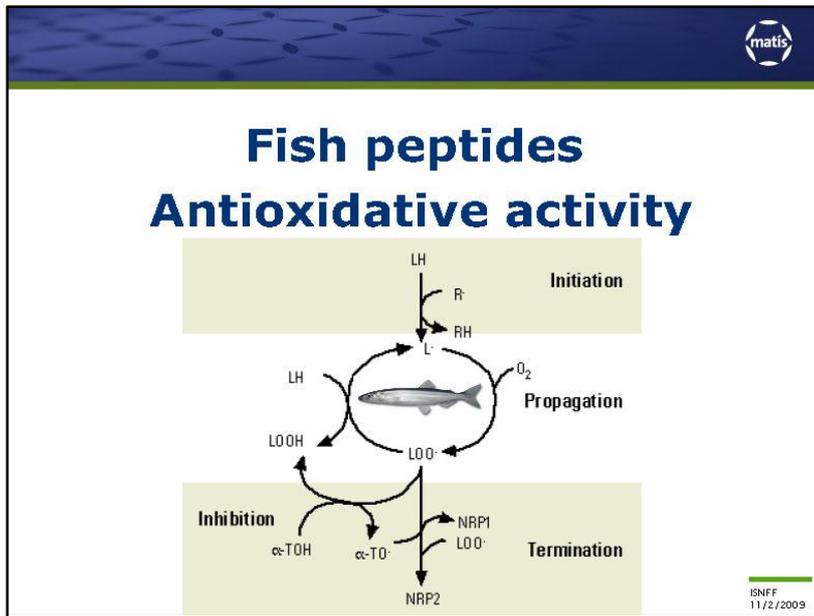
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Investigations 

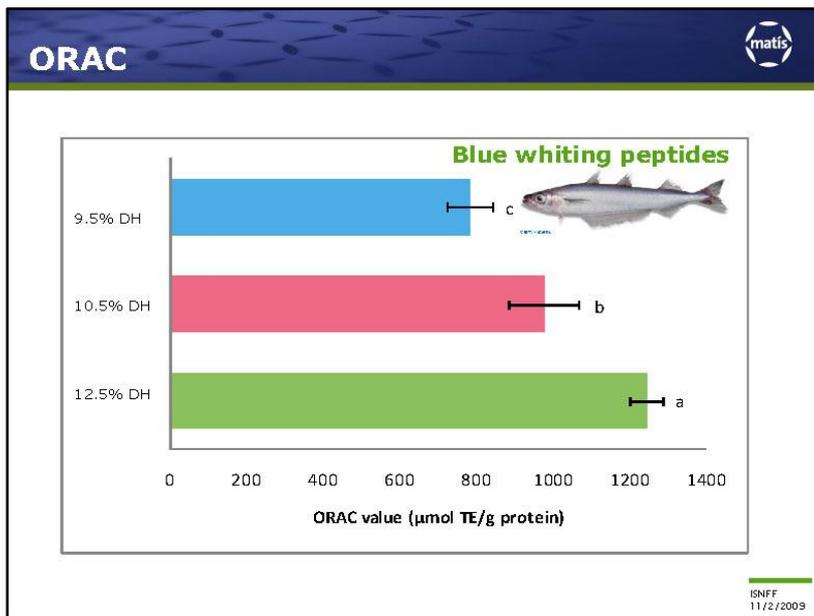
<p>Antioxidative properties</p> <ul style="list-style-type: none">•ORAC•DPPH•Metal chelation•Radical scavenging•Monocytes•Protein carbonyls•Washed fish model (food model)•Fish protein isolates (food model)•Clinical trials	<p>Anti-hypertensive properties</p> <ul style="list-style-type: none">•ACE•Clinical trials <p>Anti-carcinogenic properties</p> <ul style="list-style-type: none">•Alamar blue•Protein expression <p>Anti-inflammatory properties</p> <ul style="list-style-type: none">•Dentric cell model
--	---

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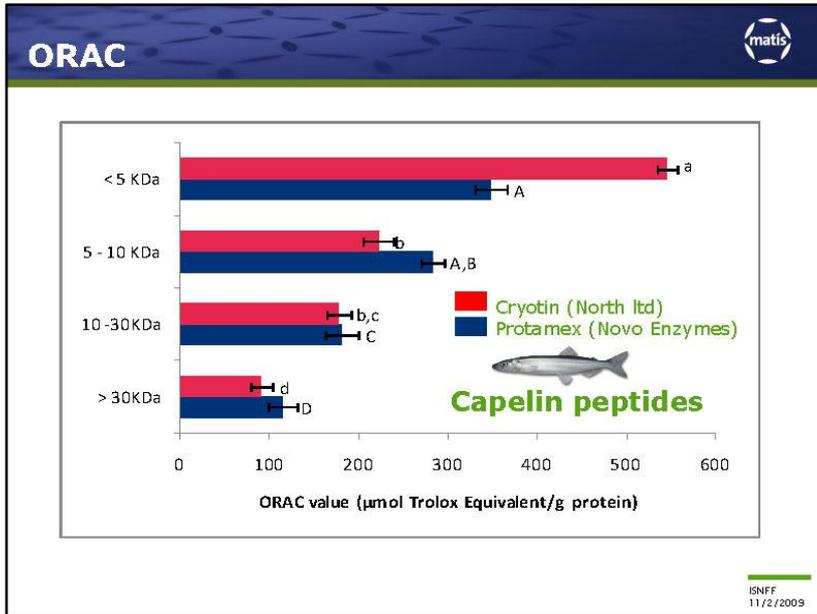
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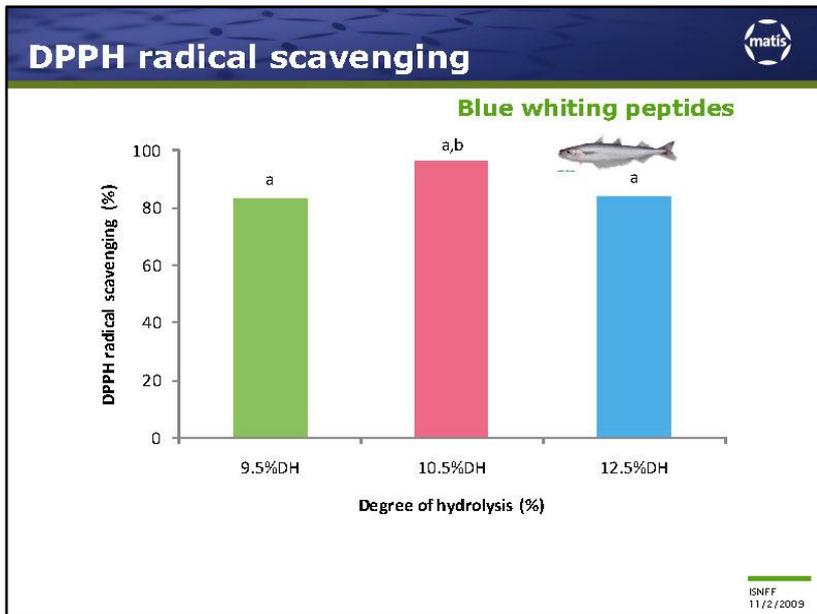
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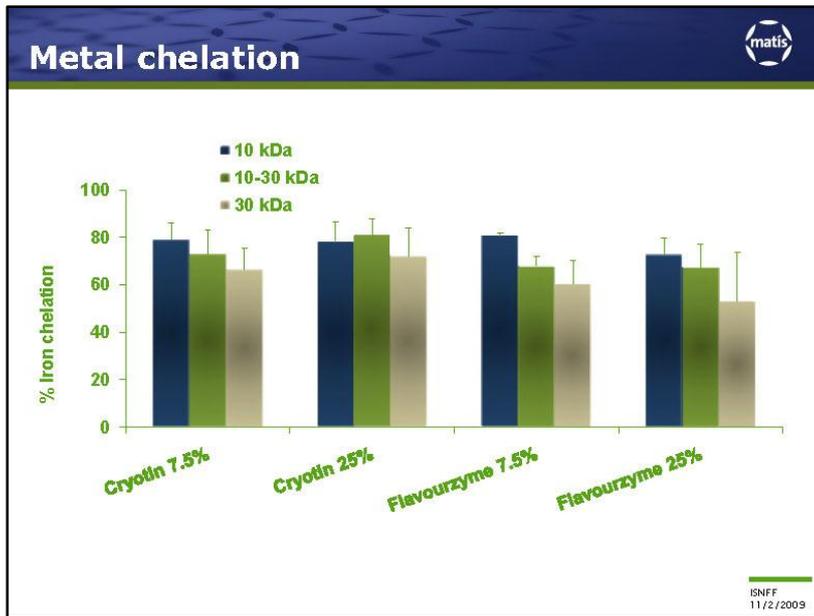
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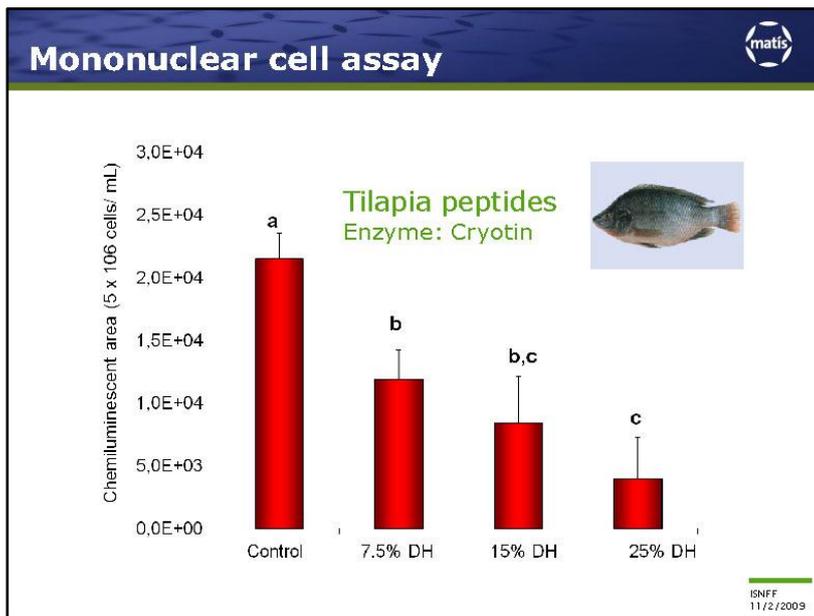
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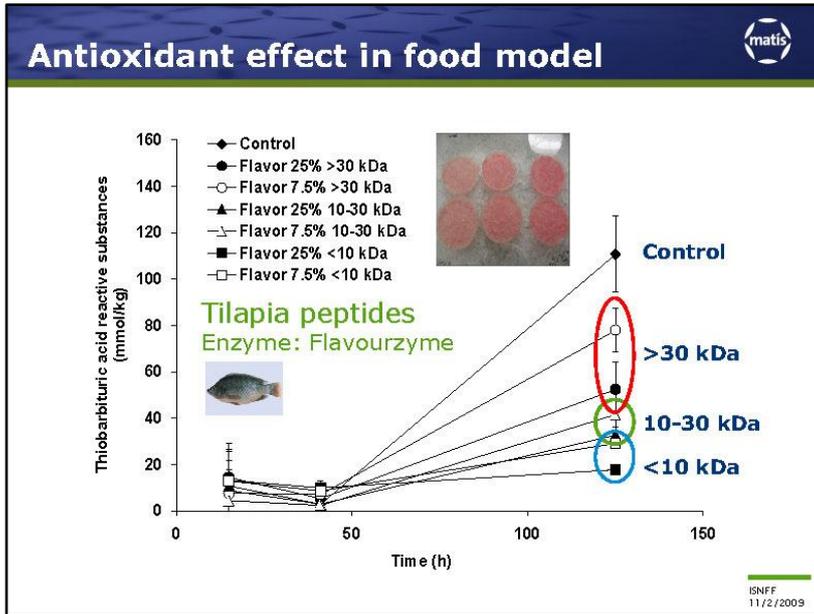
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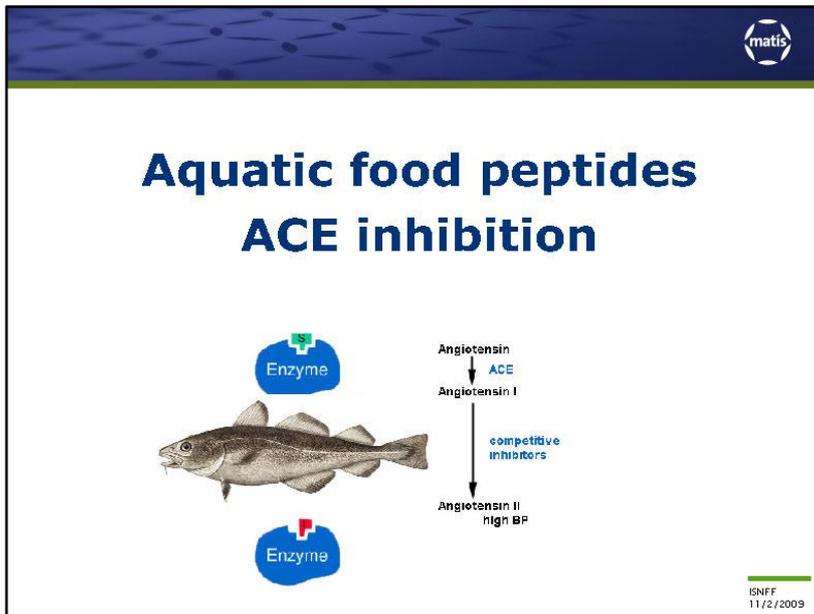
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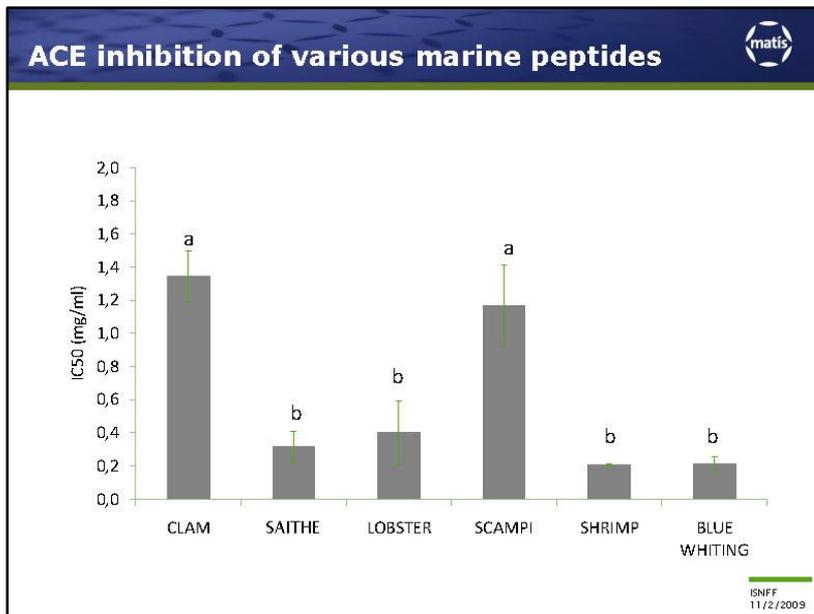
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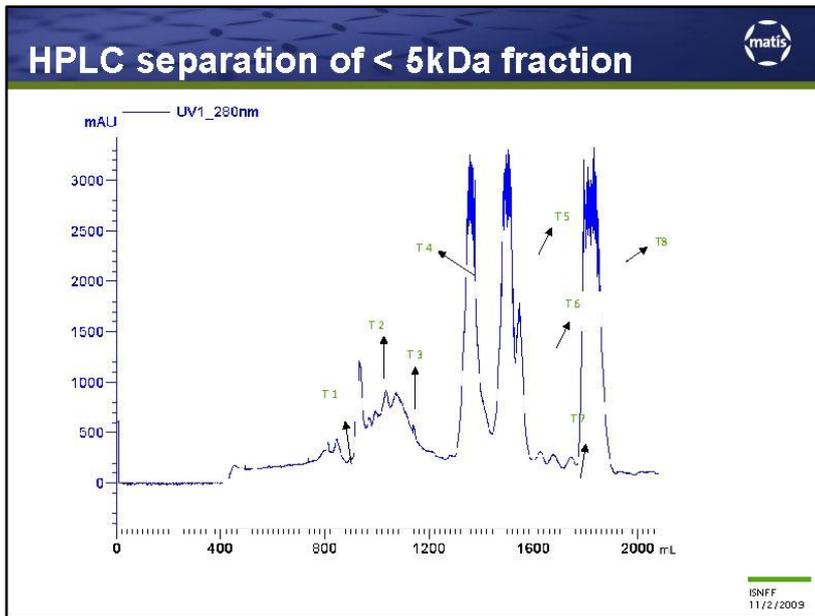
Cod peptides – 15% DH & fractionated

Fraction	Protein [mg/mL]	ACE inhibition [%]	IC ₅₀ [mg/mL]
>30 kDa	20,6	94,9	1,4
< 30 kDa	19,1	85,9	0,8
< 10 kDa	16,3	70,5	0,2
< 5 kDa	9,8	78,2	0,1

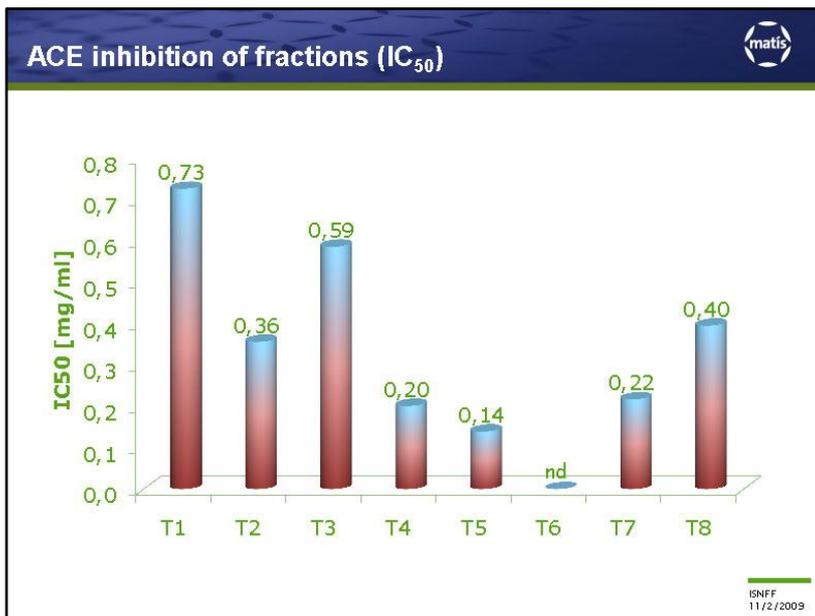
Lower IC₅₀ value => higher activity

ISNFF 11/2/2009

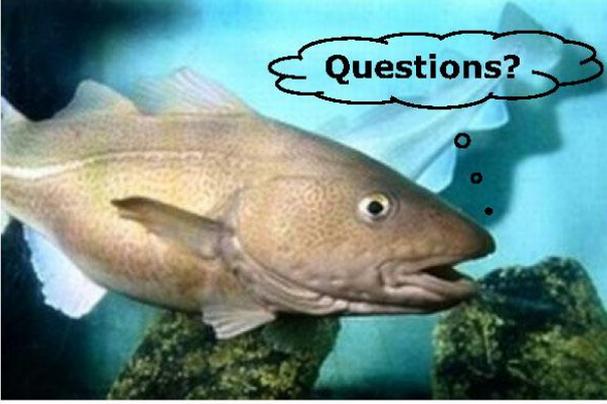
31



32



33



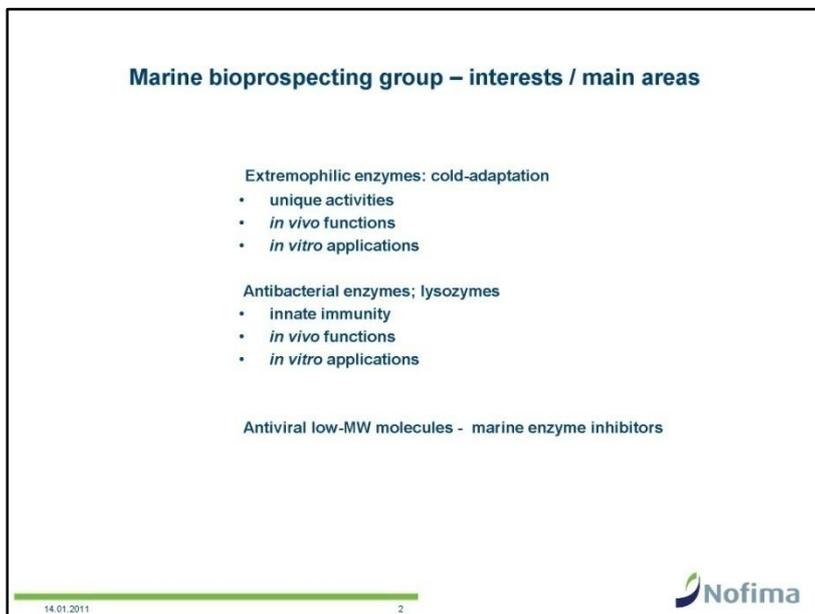
The slide features a central image of a fish, likely a sea bream, swimming in an aquarium. A thought bubble above the fish contains the text "Questions?". The slide has a dark blue header with a pattern of white dots and a "matis" logo in the top right corner. In the bottom right corner, there is a small logo and the text "ISNFF 11/2/2009".

Appendix 9. "Marine enzymes and enzyme inhibitors" by Inge W. Nilsen

1



2



3

In focus: enzymes with unique features

- Cold-adapted
- \pm Low-temperature activities
- \pm Heat lability
- High catalytic rates
- Fish & marine invertebrates
- Basic / molecular and applied research

Past – recent - present studies \rightarrow

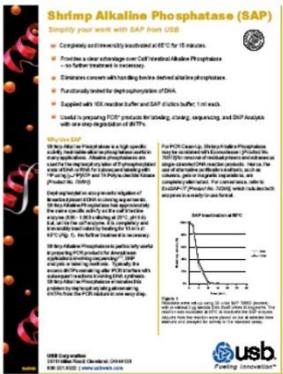
14.01.2011
3

4

Stories from "the past" - 1

1. Shrimp alkaline phosphatase (SAP); successful commercial product

- Sold as native & recombinant product
- Heat labile (\rightarrow efficient & irreversible heat inactivation), not cold-active
- Dephosphorylates DNA and nucleotides
- Used prior to DNA sequencing and in cloning



Shrimp Alkaline Phosphatase (SAP)

Simplify your work with SAP from USB

- Completely and irreversibly inactivated at 65°C for 15 minutes.
- Provides a clear advantage over calf intestinal alkaline phosphatase – no further treatment is necessary.
- Enhances concern with low background alkaline phosphatase.
- Fluoridically tested for dephosphorylation of DNA.
- Supplied with 100 reaction buffer and SAP in 1000 µl buffer (1 ml each).
- Contains everything you need for labeling, cloning, sequencing, and DNA fingerprinting with the exception of DNA.

Why Use SAP?

Shrimp alkaline phosphatase is a high specific activity enzyme that is naturally active at low temperatures. It is highly stable and resistant to heat inactivation. It is also highly active at low temperatures, making it ideal for use in cold-sensitive reactions. It is also highly active at low temperatures, making it ideal for use in cold-sensitive reactions.

How to Use SAP

1. Add 100 µl of SAP to 100 µl of reaction buffer. 2. Add 100 µl of substrate. 3. Incubate at 37°C for 15 minutes. 4. Inactivate at 65°C for 15 minutes. 5. Purify the product.

USB **usb**
Funding innovation

Nilsen I.W., Øverbe K., and Lanes O. (2007) Shrimp alkaline phosphatase. European Patent EP1326890.

Nilsen I.W., Øverbe K., and Olsen R. (2001) Thermolabile alkaline phosphatase from Northern shrimp (*Pandalus borealis*): Protein and cDNA sequence analyses. *Comp Biochem Physiol* 129:853-861.

Olsen R., Øverbe K., and Myrnes B. (1991) Alkaline phosphatase from the hepatopancreas of shrimp (*Pandalus borealis*): A dimeric enzyme with catalytically active subunits. *Comp Biochem Physiol* 99: 755-761.

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Stories from "the past" - 2

2. Shrimp double-strand specific DNase (dsDNase); commercial product

- Sold as recombinant product
- Heat labile (→ efficient & irreversible heat inactivation), not cold-active
- Degrades dsDNA
- Used to prevent false positives of carry-over products in PCR amplification reactions

Shrimp DNase, Recombinant

- Selectively degrades double-stranded DNA, leaving single-stranded DNA and RNA intact
- Totally inactivated at 70°C within a 30-min incubation
- Free of contaminating DNAse
- Enzymes concern with handling double-stranded DNase

Source:
 Plasmid pGEX-4T1 containing the coding sequence of *Pandalus borealis* DNase.

Description:
 Shrimp DNase is an endonuclease that cleaves double-stranded DNase to 5' and 3' ends, leaving 5' phosphate and 3' hydroxyl termini. This DNase has a broad range of specific activity towards double-stranded DNA (dsDNA). The activity towards dsDNA is 100% at 37°C. The activity towards dsDNA is 100% at 37°C. The activity towards dsDNA is 100% at 37°C. The activity towards dsDNA is 100% at 37°C.

Applications:

1. Selective degradation of dsDNA leaving ssDNA and RNA intact
2. Removal of DNA from RNA prior to RT-PCR
3. Removal of DNA template after *in vitro* transcription
4. *In vitro* translation with DNA Polymerase I (Phi 29)
5. Precipitation determination of DNA binding proteins

USB Corporation
 2011 USB Recombinant DNase
 888.877.7822 www.usb.com

usb
 Purifying. Improving.™

Nilsen I.W., Sandsdalen E. and Stenberg E. (2003) A method of removing nucleic acid contamination in amplification reactions. US patent 6,541,204.

Nilsen I.W., Øverboe K., Elde M., Gjellesvik D.R. and Lanes G. (2010) The enzyme and the cDNA sequence of a thermostable and double-strand specific DNase from Northern shrimps (*Pandalus borealis*). PLoS ONE (in press).



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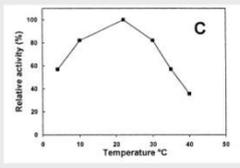
Stories from "the past" - 3

A lysozyme from Icelandic scallops

FIGURE 2 (C) FIGURE 4 (C) (99% 100-130)

Protein purification and gene isolation of chlamysin, a cold-active lysozyme-like enzyme with antibacterial activity

Inge W. Nilsen^a, Kersti Øverboe^b, Erling Sandsdalen^a, Elin Sandaker^a, Knut Sletten^a, Bjørnar Myrnes^a



C

Table 2
Antibacterial effect of chlamysin

Bacterial strains	MIC (µM)
Gram-negatives:	
<i>V. salmonicida</i>	> 0.6 - < 1.25
<i>E. coli</i>	10
<i>E. aerogenus</i>	10
<i>P. mirabilis</i>	10
Gram-positives:	
<i>L. monocytogenes</i>	> 2.5 - < 10
<i>B. cereus</i>	> 2.5 - < 10
<i>S. epidermidis</i>	10
<i>E. faecalis</i>	10

Not commercialized due to problems in recombinant production



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Present stories – background lysozymes

Function: hydrolyze peptidoglycans surrounding bacteria → "antibacterial"

Occurrence in animals:

Organisms	Chicken-type	Goose-type	Invertebrate-type
Vertebrates	+ (- gadoids?)	+	-
Urochordates	+/- (2)	+	-
Invertebrates	+ (arthropods)	+ (molluscs)	+

Counter-defense in bacteria: "specific" lysozyme inhibitor proteins

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Lysozyme studies – Atlantic salmon

- Recombinant *goose*-type
- Native *chicken*- and *goose*-types
- Tissue expressions

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Recombinant SaLG – cold-active, heat-labile but reactivates

Figure 2. SDS PAGE analysis of recombinant salmon g-type lysozyme prepared in *E. coli* after induction with IPTG. Lanes 1-10 show the effect of heating and cooling on activity. Lane 1: Control; Lane 2: 60 °C, 15 min; Lane 3: 90 °C, 15 min; Lane 4: 90 °C, 15 min + 1:1 dilution; Lane 5: 90 °C, 15 min + 1:10 dilution; Lane 6: 90 °C, 15 min + 1:100 dilution; Lane 7: 90 °C, 15 min + 1:1000 dilution; Lane 8: 90 °C, 15 min + 1:10000 dilution; Lane 9: 90 °C, 15 min + 1:100000 dilution; Lane 10: 90 °C, 15 min + 1:1000000 dilution.

Figure 1. DSC thermogram of SaLG. Primary scan 1 - Measured at a scan rate of 1 °C min⁻¹ for 1.6 mg/ml protein. Primary scan 2 - 2 °C min⁻¹ for 1.6 mg/ml protein. Re-scan 1 - Following the initial scan at 1 °C min⁻¹ for 1.6 mg/ml and overnight incubation at 4 °C, the sample was re-scanned.

Table 2. Effect of temperature on SaLG activity at high and low protein concentrations

SaLG (mg/ml)	Heating	Cooling	Relative activity (%)
1.60	-	12 h, 4 °C	100
1.60	DSC*, 20-60 °C	+	33
1.60	60 °C, 15 min	+	30
1.60	90 °C, 15 min	+	3
0.05	-	+	8
0.05	90 °C, 15 min	+	100

* scan rate 2 °C/min. ** 1/19 0.01 dilution of heated SaLG sample before cooling.

Figure 4. Effect of temperature on salmon g-type (SaLG) lysozyme activity. The true activities of SaLG lysozyme (□) and hen egg white lysozyme (HEWL) at were measured at pH 7.2 and 100 mg/ml. (a) Effect of acute temperature on lysozyme activity for each lysozyme. (b) Inactivation at 90 °C for the individual lysozymes and immediate reactivation to activity measurement at 22 °C. (c) Lysozyme activity in reaction with *M. lysodeikticus* (2 mg/ml and 0.025% of cells) from reactivated heating at a temperature of 60 °C (SaLG), which continuously increased to 90 °C every 5 min for 15 min. The dotted line in (c) represents a negative control with an isopycnic protein.

Kyomuhendo P, Myrnes B, and Nilsen IW (2007) A cold-active salmon goose-type lysozyme with high heat tolerance. *Cell. Mol. Life Sci.* 64:2841-2847.

Kyomuhendo P, Myrnes B, Brandsdal BO, Smalås AO, Nilsen IW and Helland R (2010) Thermodynamics and structure of a salmon cold-active goose-type lysozyme. (*submitted*)

10

Recombinant SaLG and bacterial lysozyme inhibitors

SaLG – not inhibited by bacterial Ivy, unlike terrestrial g-type lysozymes and all c-type lysozymes

→

Used to isolate novel specific g-type inhibitor from bacteria

Fig. 1 Lysis of *Micrococcus lysodeikticus* cell suspension by hen egg white lysozyme (HEWL, diamonds) and recombinant salmon g-type lysozyme (triangles) in the absence (filled symbols) or presence (open symbols) of the bacterial inhibitor of vertebrate lysozyme (Ivy).

↓

PIIG – to be published

Collaboration with Chris Michiels, Catholic University of Leuven, Belgium

Kyomuhendo P, Nilsen IW, Brandsdal BO and Smalås AO (2008) Structural evidence for lack of inhibition of fish goose-type lysozymes by a bacterial inhibitor of lysozyme. *J Mol Model* 14:777-786

11

Native salmon lysozymes: isolation and characterization

Myrnes B, Øverbø K and Nilsen IW (*unpublished*)

- SaLC and SaLG isolated from adult individuals
- Confirmed by bacterial inhibitors PliG/Ivy and MS analyses
- Both native enzymes are cold-active
- Both native enzymes have temperature optimum at 60 °C (!!)
- Temp-optimum **discrepancy** for
recombinant versus native SaLG
- SaLC is bifunctional !!
 - minimum 50-200 fold higher (endo- and exo-) chitinase activity than SaLG and HEWL

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Nofima

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Salmon lysozymes – antibacterial studies

- Expressed interest for activities against enterobacteria *E. coli* / *Salmonella*
- ↓
- Lysozyme enzyme activity of SaLG tested on cells after removal of outer cell wall
- ↓
- Antibacterial effects tested in different liquid media under various growth conditions
- ↓
- Lysozymes tested alone or in combination with low-MW material from salmon

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Nofima

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Salmon lysozymes – antibacterial studies

- SaLG displays very high enzymatic activity on *E. coli* (and other) cell walls
 - but:
- No antibacterial effect of SaLG (40 nM - 40 μ M \rightarrow \sim 1 μ g – 1 mg/ml)
- No antibacterial effect of SaLC (max 5 μ M)
- No antibacterial effect of SaLG+SaLC
- No synergy in antibacterial effect of SaLG+SaLC+low-MW fraction
 - however:
- Some antibacterial effect of salmon low-MW fractions
- Potential synergistic effect of two different low-MW fractions

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Lysozyme gene-expression and enzyme activity studies reveal that goose-type dominates over chicken-type in tissues of juvenile Atlantic salmon (*Salmo salar*).

Myrnes B, Seppola M, Callewaert M, Vanderkelen L, Michiels C and Nilsen IW (*unpublished*)

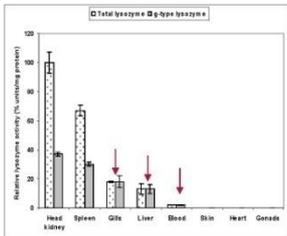


Figure 1. Relative distribution of lysozyme activities (mean values \pm SD) in juvenile Atlantic salmon organs. G-type lysozyme activity is determined from the activity suppressed by the PIG inhibitor as well as the activity remaining in the presence of the Ivy inhibitor.

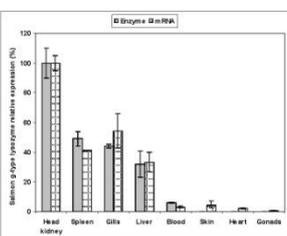


Figure 2. Relative amounts (mean values \pm SD) of enzyme activities and mRNA transcripts of the g-type lysozyme in juvenile Atlantic salmon.

- Discrimination of lysozyme enzyme activities by specific inhibitors (Ivy and PIG)
- Gene expression studies in agreement with enzyme activities
- Enzyme activities in tissues of adult salmon show the same distribution pattern

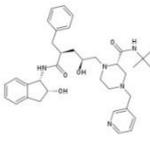
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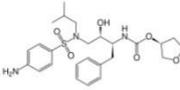
Inhibitors of HIV-1 protease

Frequent HIV "therapy" - a trippel coctail of inhibitors:
1 inhibitor of reverse transcriptase + 2 inhibitors of protease
Life-time treatment and few available drugs → resistance

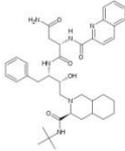
Examples of HIV protease inhibitors:



INDINAVIR (IDV)



AMPRENAVIR (APV)



SAQUINAVIR (SQV)



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Marine inhibitors of HIV-1 protease

Øverbø K, Arnesen JA, Christopheit T, Danielson H, Nilsen IW (unpublished)

- Extracts of marine invertebrates
- Sequential steps of low-MW components purification
- Fractions assayed for inhibition of HIV-protease enzymatic activity
- Compared to enzyme activity inhibition from two anti-HIV drugs (APV, SQV)
- No inhibition of pepsin activity (another aspartic protease)

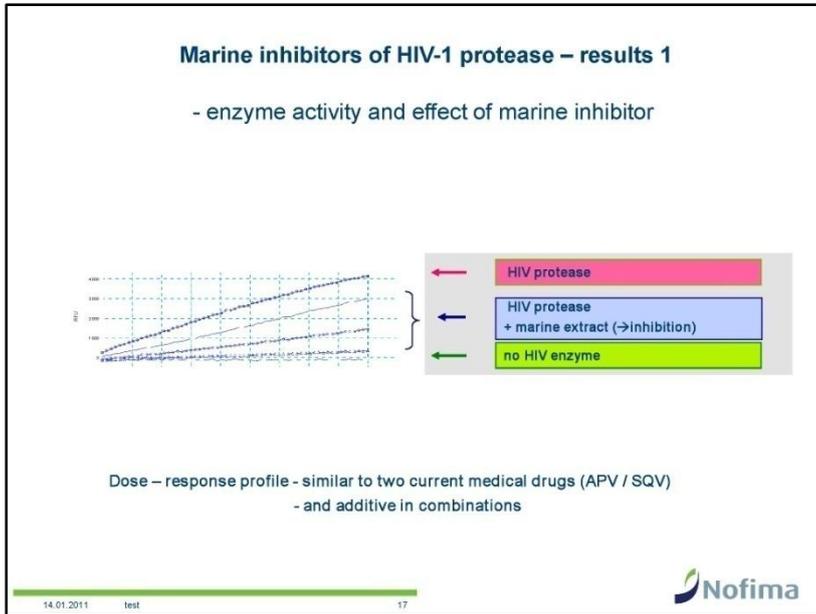
- when criteria are met:

- Analysed for its binding kinetics to HIV-protease (Biacore biosensor)
- Compared to its binding to human serum albumin (HSA)
- Compared to binding of clinical drug (IDV) to HIV protease

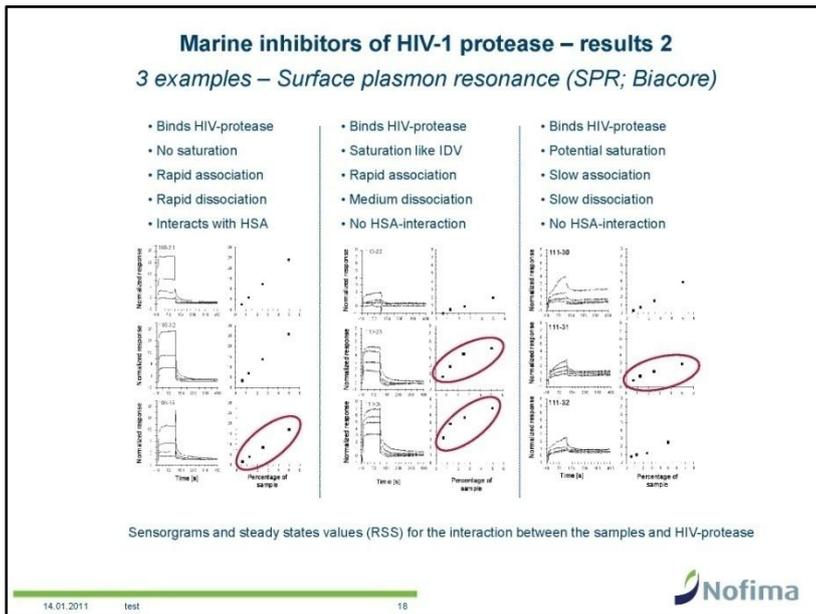


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Marine inhibitors of HIV-1 protease

- "Reservoir" of marine natural products that inhibit HIV-protease
- These inhibitors vary in specificity and affinity of physical binding
- Some marine inhibitors mimic clinical drugs in interaction with the protease
- Extensive work to screen and characterize such natural products

Lack of funding and no present activity, unfortunately

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Start-up story

large project collaboration Nofima marine – SINTEF F&A

Herring ("Norwegian spring-spawning herring")

- Enormous amounts (almost 1 million tons landed in Norway)
- Poorly characterized bioactivities
- "Simple" low cost by-products (mainly from ensilage)

To be prospected for

→ Novel enzymes, improved lipid products, "drugs" (i.e. antibacterials, inhibitors)

- Is sustainable
- "Advanced" high cost products

Duration: 5 years
Financing: public
Budget: 40 mill NKR (25 % secured)

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Appendix 10. "Seagarden ASA, a commercial producer of bioactive peptides from marine protein sources" by Bjarte Langhelle

1



2



3



4

sea garden Arctic seafood ingredients

MARINE SAVOURY INGREDIENTS

WHITE FISH PRODUCTS

- Fish Powders
- Codfish Powders
- Saithe Powders
- White Fish Powders
- Arctic Fish Powder
- Fish Protein Extract Powder

SALMON PRODUCTS

- Smoked Salmon Powder
- Salmon Powder
- Smoked Salmon Granulate
- Salmon Granulate

SHELLFISH PRODUCTS

- Shrimp Powders
- Shrimpshell Powders
- Crab Powder
- Squid Powder
- Scampi Powder
- Mussel Powder
- Shellfish Powder
- Lobster Extract Powder
- Seaweed Powder

SEAFOOD PASTES

- Fish Protein Extract
- Atlantic Salmon Extract
- Lobster Extract

5

MARINE BIO-ACTIVES

COMMERCIAL PRODUCTS

- **MiniPro™** (Eur. Pat Appl. 02751374.6)
Microencapsulated starter feed for shrimp and fish larvae
- **API Chitin**
Approved API (active pharmaceutical ingredient)
Intermediate for GMP grade glucosamines and chitosans

PRODUCT PIPELINE

- **Peptigard™** (Eur. Pat 0951837A1)
Piglet and poultry growth-enhancer. Bio-active peptides derived from fish, used as an alternative to porcine plasma for weaning pigs and poultry.
- **Collagen**
Fish Collagen Hydrolysates

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CURRENT DEVELOPMENT PROJECTS

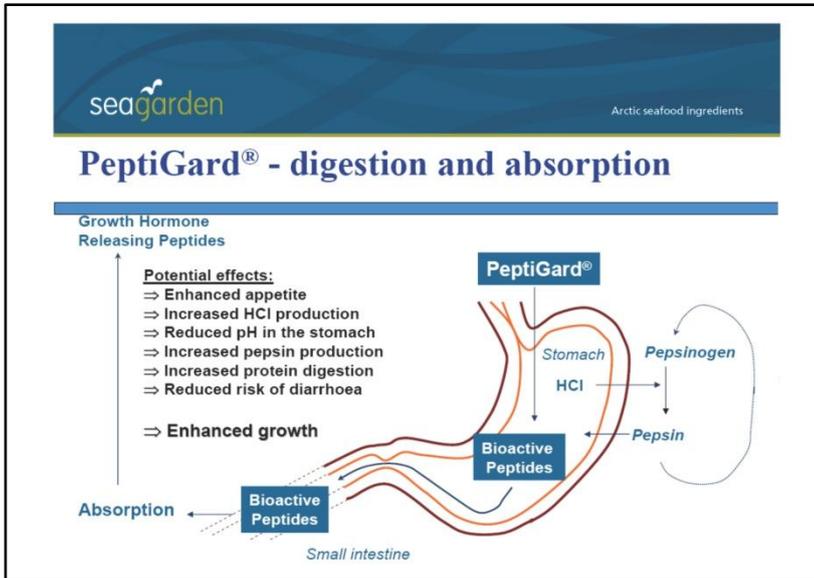
MARINE SAVOURY INGREDIENTS

- Development of new marine savoury ingredients
- Client-specific formulations
- GME-products from process-water, marine powders Avaldsnes.

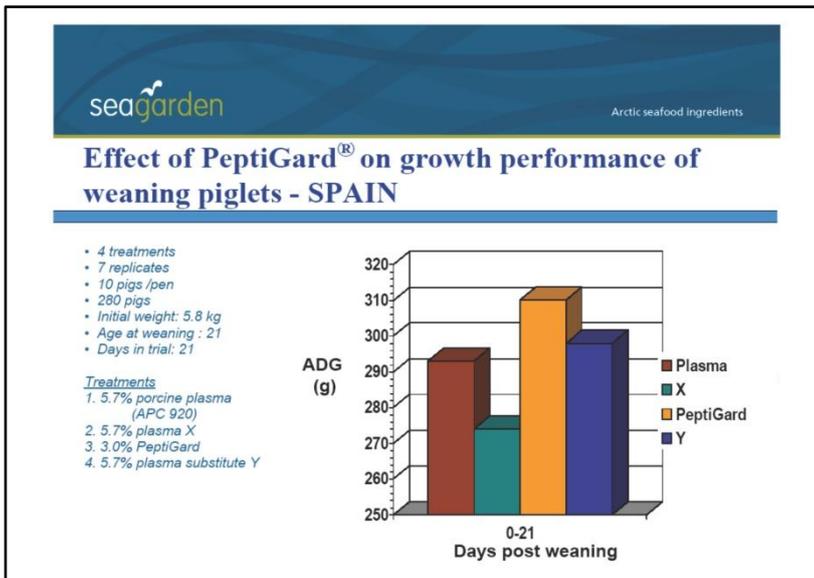
MARINE BIOACTIVES

- Peptigard™
- MiniPro™
- Collagen hydrolysates
- Bioactive peptides – IRIS
- Fermentation growth media
- Chitin-derivatives

7



8



9

seagarden Arctic seafood ingredients

**EVALUATION FACTORS IN PRODUCT DEVELOPMENT
FROM BIOPROSPECT TO MARKET**

COMMERCIAL CONSIDERATIONS

- Cost-Efficacy / Cost-Benefit
- Reproducibility
- IPR
 - Patents
 - Disclose or not disclose?
- Regulatory Requirements
- Development Time and Costs

➤ **Return on Investments**

CLINICAL AND REGULATORY CONSIDERATIONS

- Structure-Function Claims
- Clinical studies
 - Efficacy Studies
 - Dose-Response
 - Mode of Action
 - Food Vehicle Studies
 - Safety
- Novel Food Registration, GRAS, Pharma/Medical, etc.

➤ **Clinical and Regulatory Strategy**

10

seagarden Arctic seafood ingredients

**EVALUATION FACTORS IN PRODUCT DEVELOPMENT
FROM BIOPROSPECT TO MARKET**

COMMERCIAL AND ACADEMIC CO-OPERATION

- Review Scientific and Market Status – What is State of the Art?
- Scientific and Commercial Planning

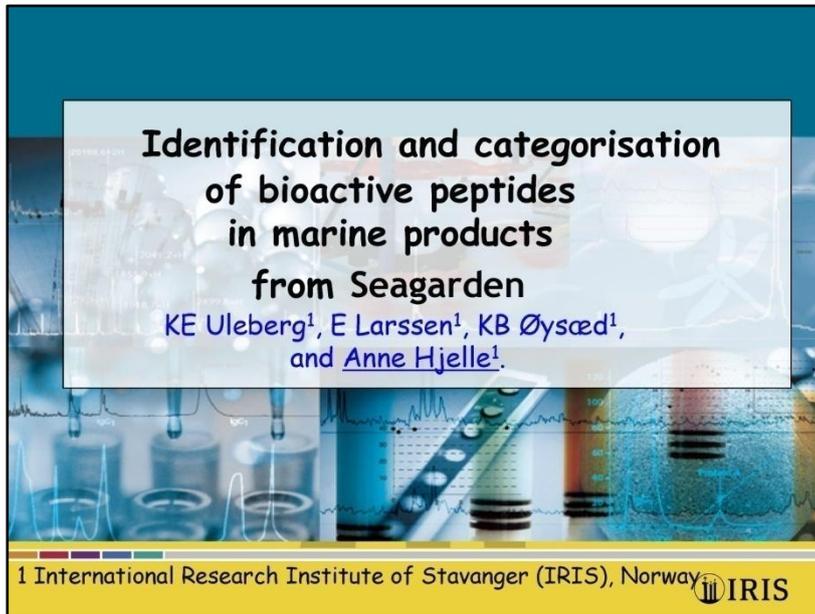
➤ **Commercial and Academic Interdependency and Co-operation**

BIOPROSPECTING

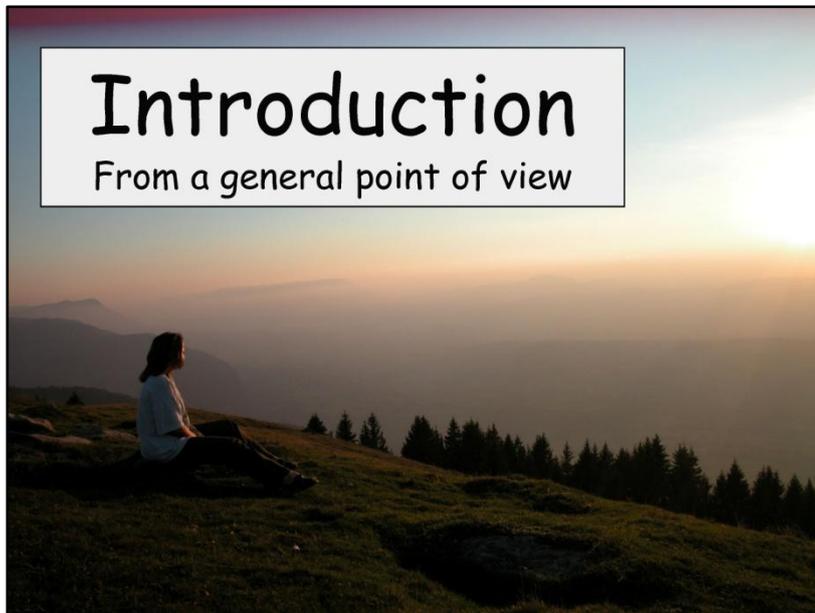
- Bioprospecting at Seagarden:
 - What Do we have?
 - What Can we have?
- **Bioprospecting into Existing Product Portfolio**
-> SG-IRIS Co-operation

Appendix 11. "Identification and categorisation of bioactive peptides in marine extracts produced by Seagarden ASA" by Anne Hjelle

1



2



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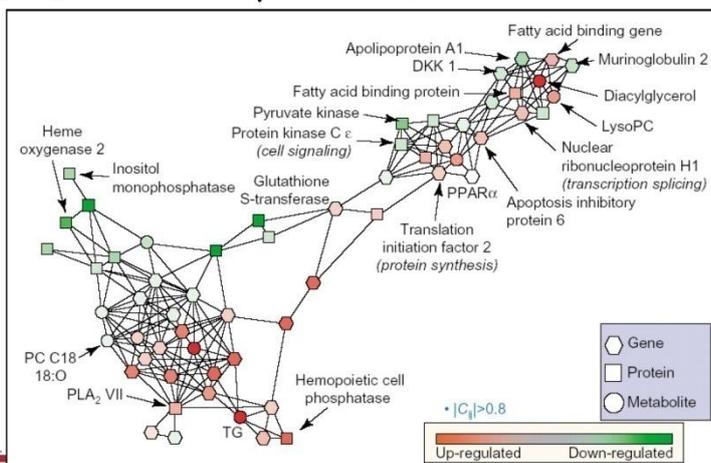
International trend: (e.g. EU Nutrition & Health, 7th Framework)

- Understanding beneficial and harmful dietary factors
- Interaction between nutrition and physiological/psychological functions
- **Reformulation of processed food, development of novel foods and ingredients, dietetic foods and foods with nutritional- and health claims ("Functional food").**
- Dietary strategy: development and application of nutrigenomics and systems biology



4

Example systems biology: Biomolecules (de)activated by onset of atherosclerosis:



C.B. Clish et al. 2004; J. Van der Greef et al. 2004



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Marine ingredients as "functional food"



Seagarden (SG) is a supplier of high quality marine ingredients to customers worldwide, including a wide range of powders and extracts as regards both marine savoury ingredients and marine bioactives.

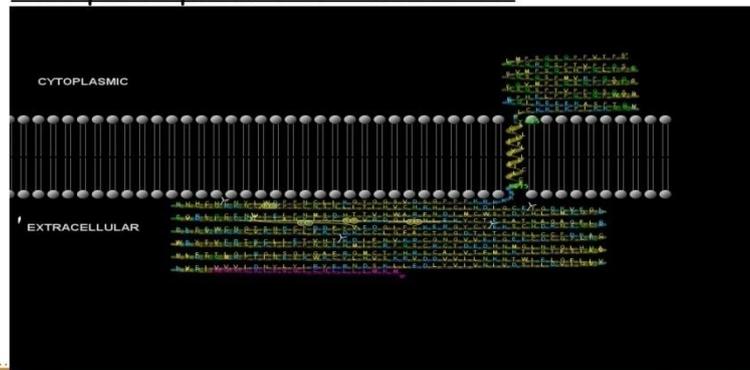
However, this project is limited to evaluation of bioactive PEPTIDES in SG products (fish hydrolysates).



6

Proteins & peptides: "functional building blocks in all organisms"

= unique sequences of Aminoacids:



7

Bioactive peptides (BAP):

Normally 2-9 Aa,
but can be up till 20 Aa

Hydrophobic sequences
+ proline, lysine and arginine

BAP can be latent
as/when part of
a "mother" protein

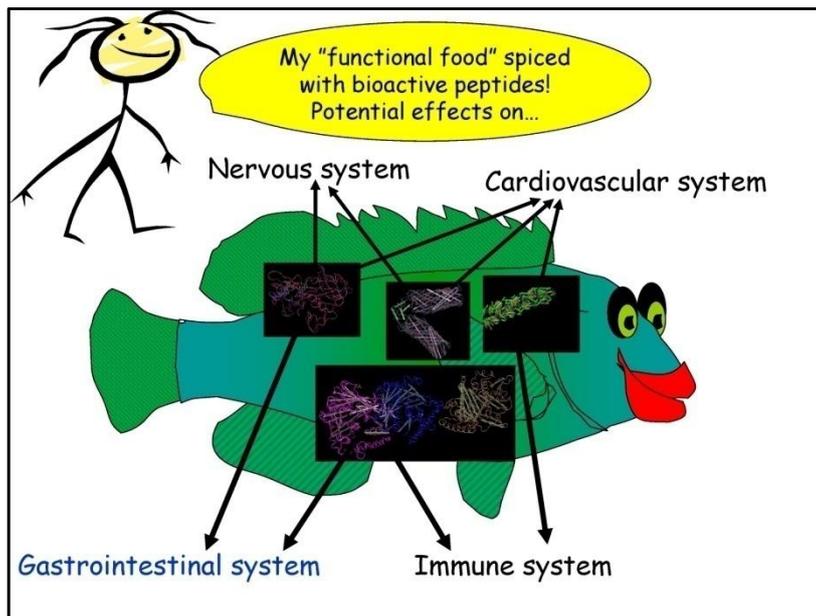
Proteolysis could be necessary
to "release" and activate
the peptide for a specific
physiological response

2. Bioactive peptide?

3. Bioactive peptide ?

Membrane

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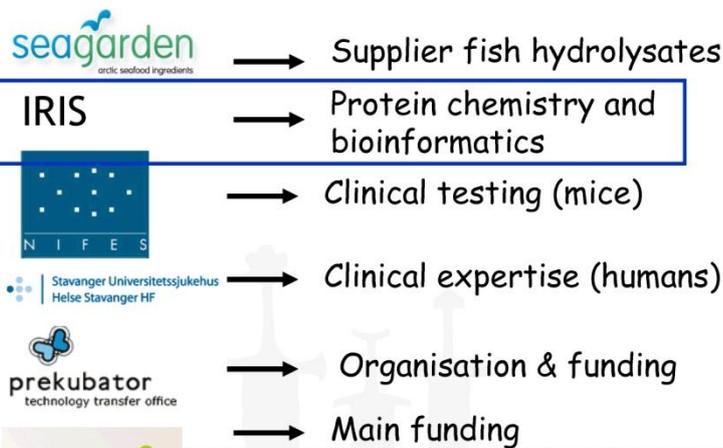
Aim of study:

- To evaluate effects of bioactive peptides (from SG-fish hydrolysates) on gastrointestinal diseases.
 - by optimising methodology to identify as many bioactive peptides as possible from 3 marine SG- products,
 - by ranking the SG-products' bioactivity,
 - and by subsequent validation of results by clinical tests (not included in this presentation).

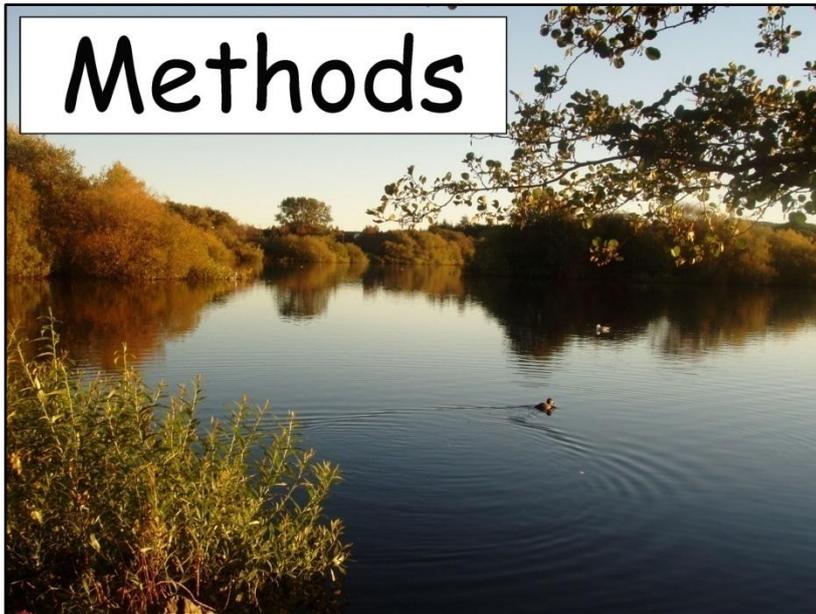


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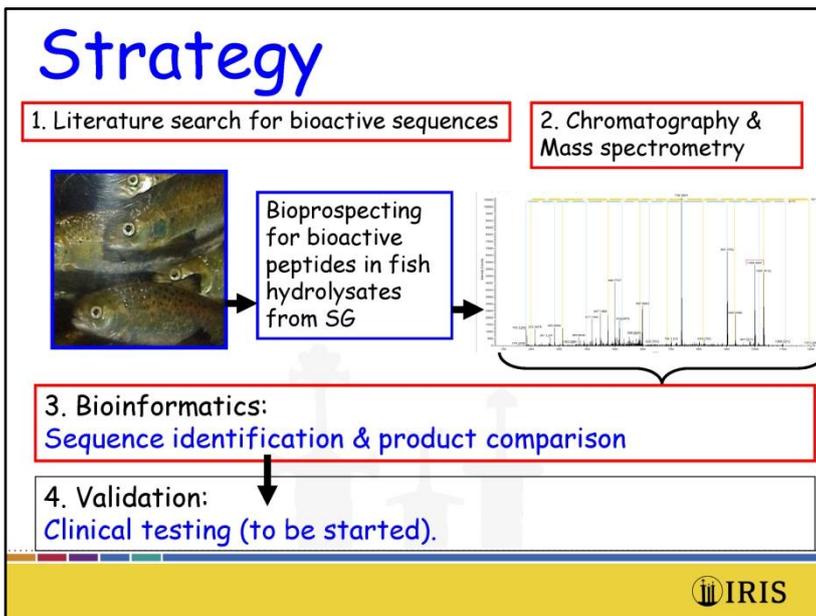
Project team:



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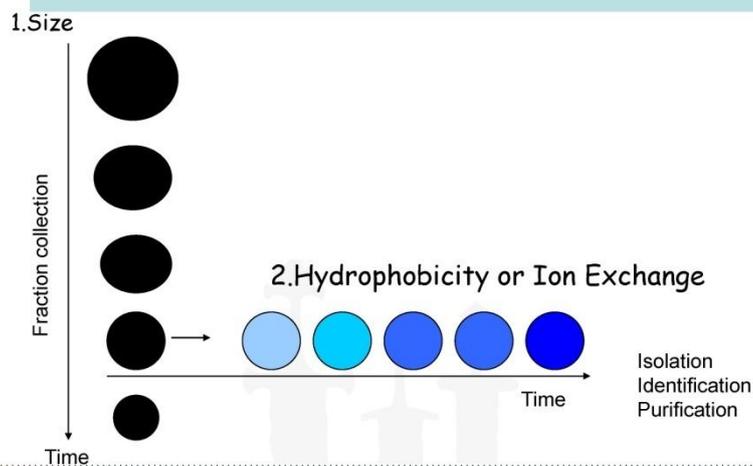
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1. Which peptides are bioactive?

- Product evaluation in the present study is based on information from published literature:
- Literature search at 'ISI Web of knowledge' (<http://apps.isiknowledge.com>)

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2A. Sample preparation by chromatography



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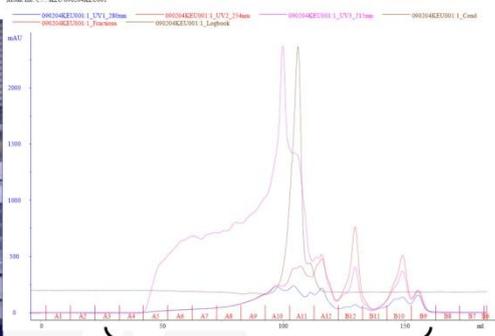
Challenge:

Sample-COMPLEXITY



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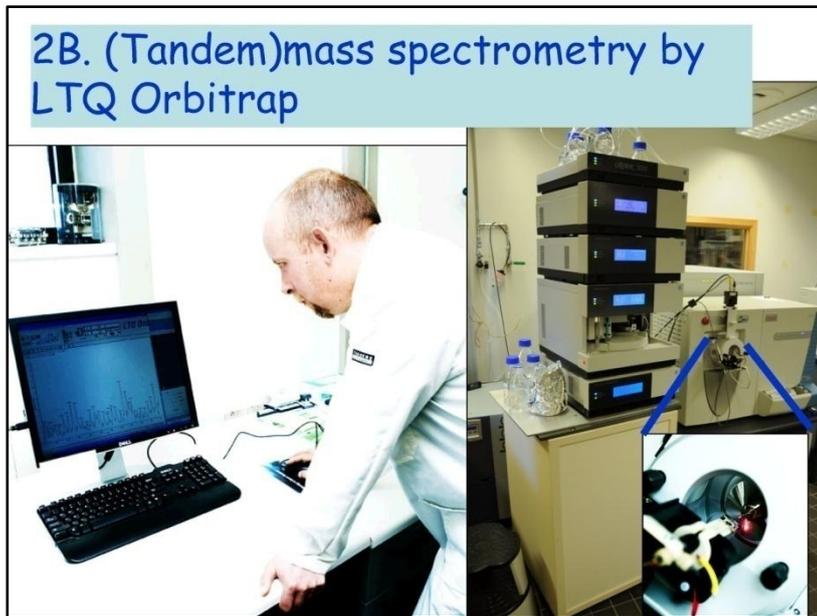
Original sample is divided into subfractions



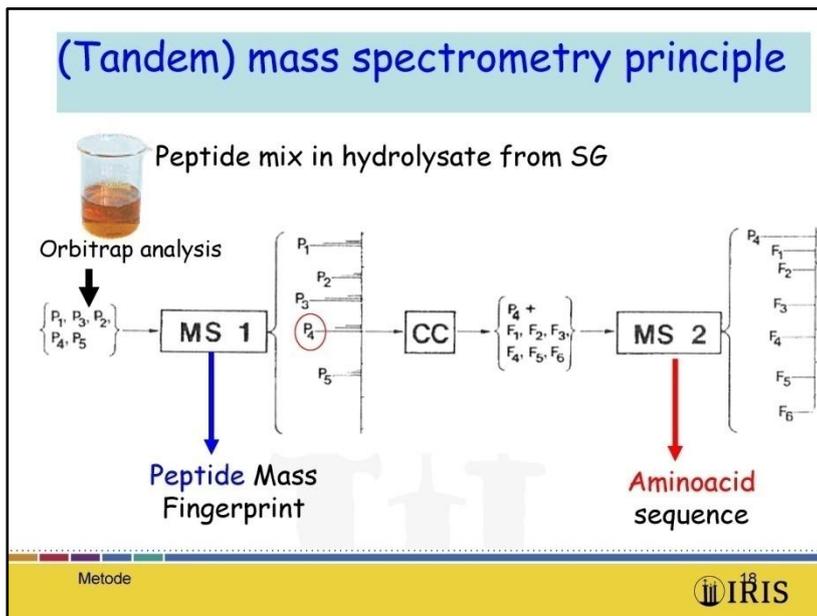
Collection of sample-fractions



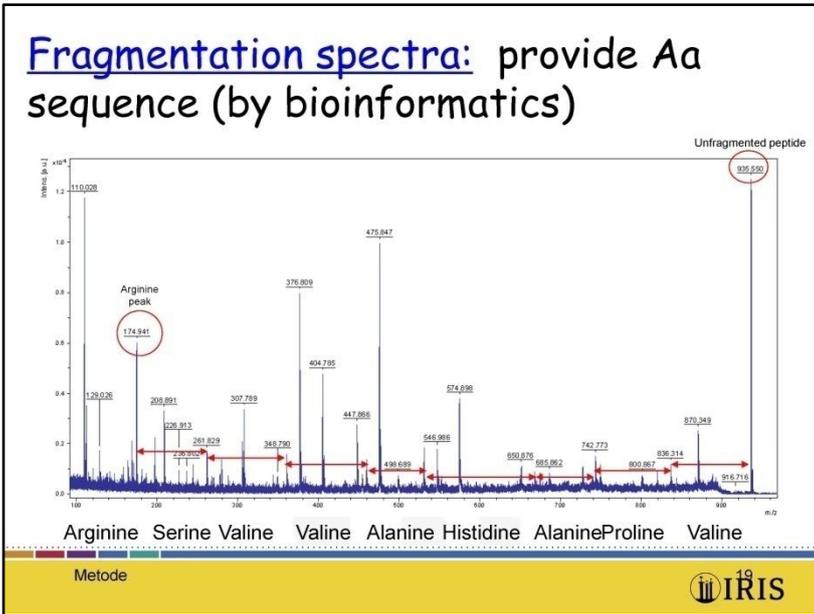
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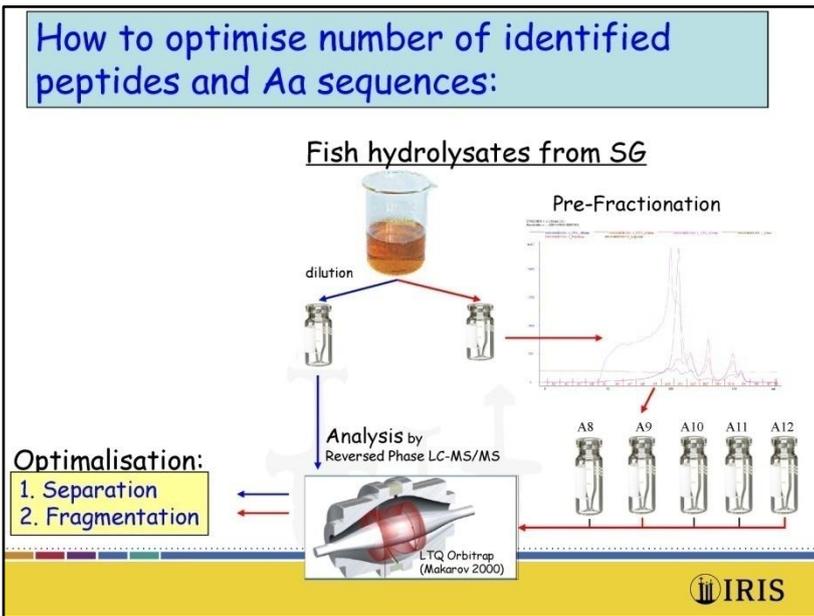
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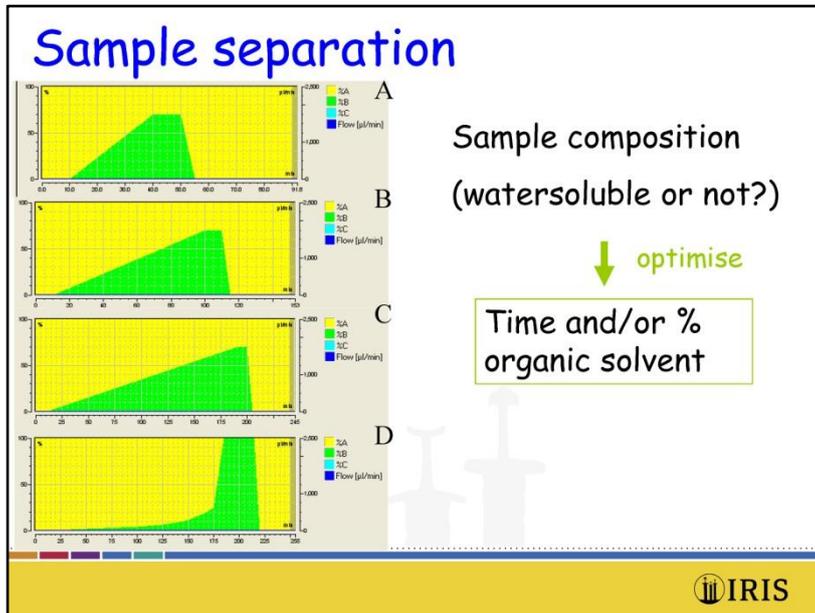
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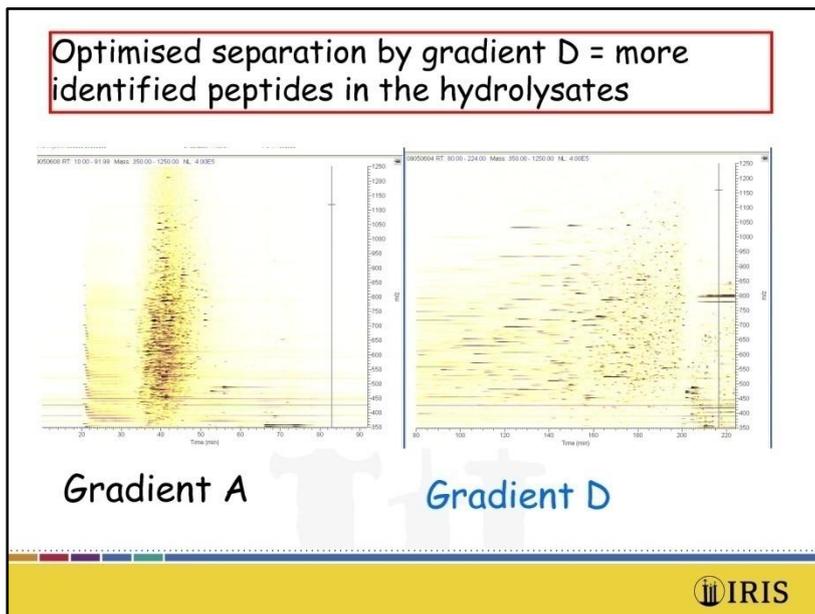
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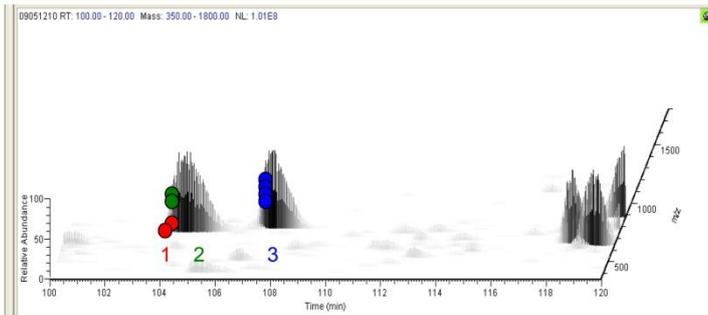
22



23

MS settings (fragmentation)

e.g. Peptide exclusion list to be able to fragment/identify a higher number of peptides.



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3. Bioinformatics

A: Database search for sequence ID

B: PERL algorithms for peptide "fishing" and categorisation

25

A: Sequence identification

Aa sequence

Differential abundance analysis (Sieve Software)

Using **Sequest** algorithm and Proteome Discoverer (+ relevant taxonomic databases available on internet to know the protein-origin of peptides)

26

B: Categorisation of BAP based on effects

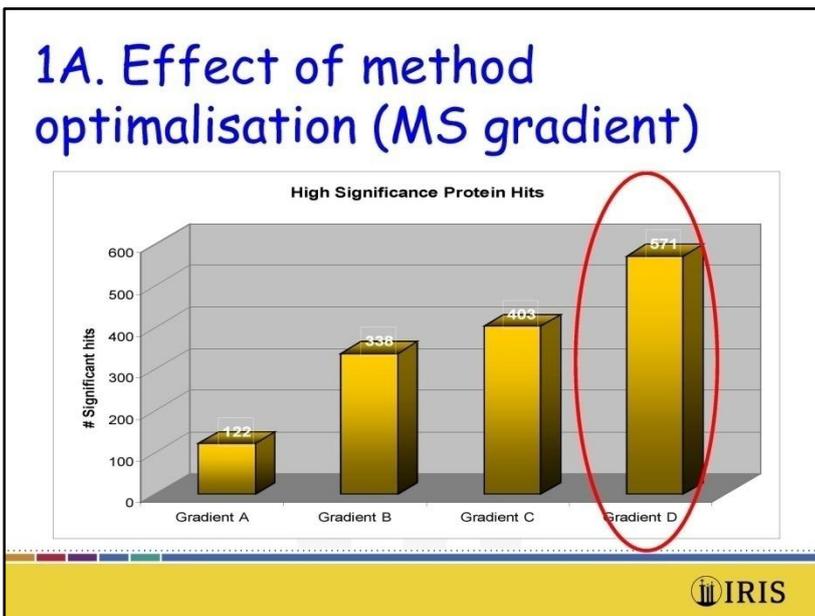
Cardiovascular system Hypocholesterolemic Antioxidative Antithrombotic	Nervous system	Gastrointestinal system Mineral binding Opioid agonist Opioid antagonist Antimicrobial	Immune system Immunomodulatory
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Hartmann, R. and H. Meisel, Food-derived peptides with biological activity: from research to food applications. *Curr Opin Biotechnol.* 2007. **18**(2): p. 163-9

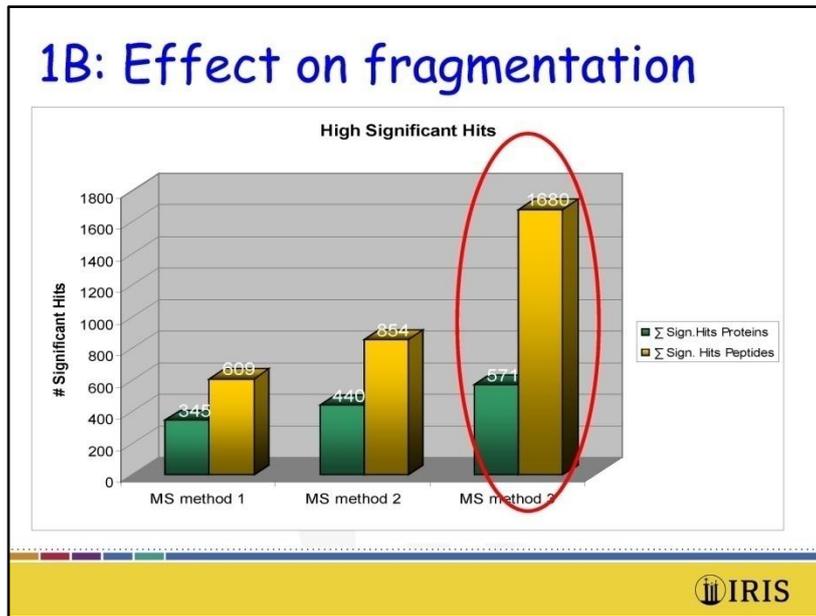
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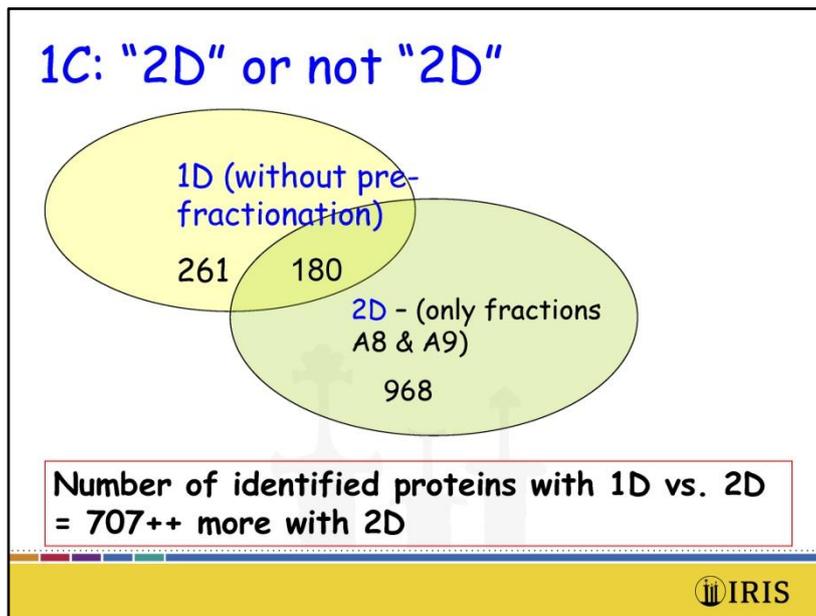
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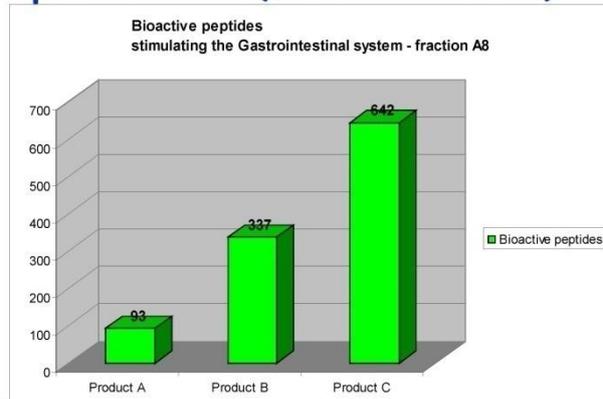


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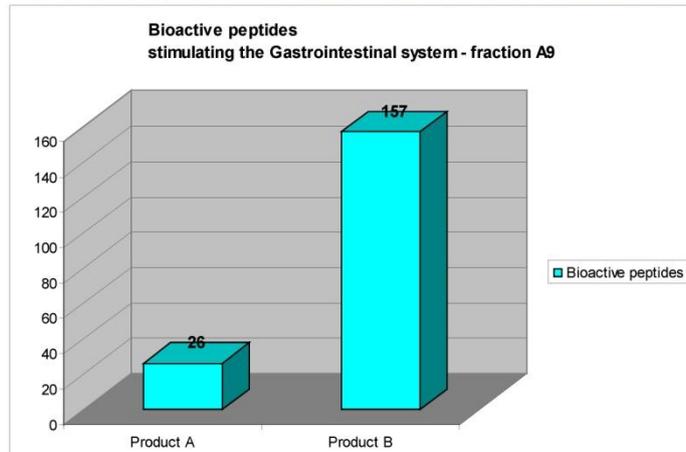
33

2A. Ranking the bioactivity in SG products (fraction A8)

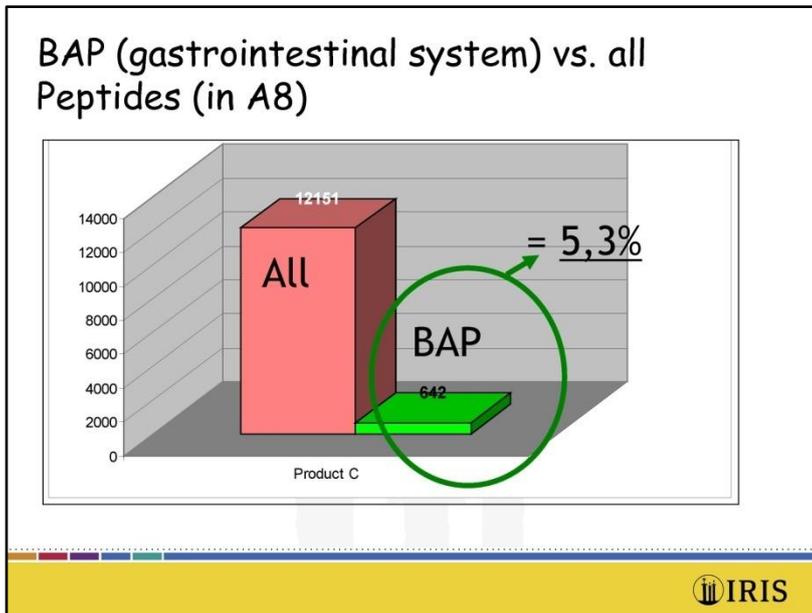


34

2B. Same trend in fraction A9



35



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Main conclusions

- ◆ The results revealed that all products from Seagarden contain bioactive peptides that is known, from literature, to stimulate the gastrointestinal system.
- ◆ The results did also indicated that the level of bioactivity varied among products.

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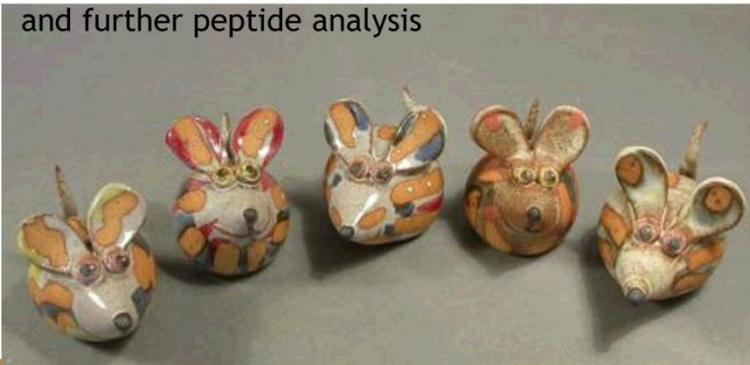
Conclusions II

- ◆ **Improving chromatography and MS parameters** significantly increased the number of identified peptides and proteins (for both 1D and 2D).
- ◆ **2-dimensional chromatography** further increases the number of identified peptides and proteins compared to 1D.
- ◆ **A PERL algorithm** was successfully used to determine the number of "category-specific" peptides in each product.

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The way forward:

Clinical testing by NIFES....
and further peptide analysis



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Appendix 12. "PEPFISH: Utilisation of bioactive peptides from fish processing – upgrading the value of secondary products" by Flemming Jessen

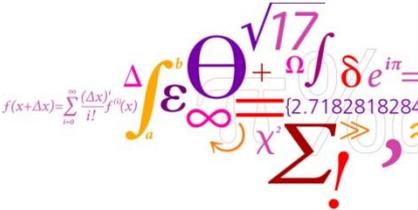
1



PEPFISH

Utilisation of bioactive peptides from fish processing – upgrading the value of secondary products

Flemming Jessen





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PEPFISH

- A 3½ year project initiated April 2008
- Financed by The Danish Council for Strategic Research
- **Why**
 - Around 50% of the fish is not used for human consumption
 - Increased scientific documentation that fish or hydrolysed fish protein contain large amount of bioactive peptides
- **Aim**
 - Purification and characterisation of bioactive peptides present in fish or produced by hydrolysis of fish proteins
 - Characterise mechanisms of activity
 - Creating scientific documentation of bioactive fish peptides for use in health food or pharmaceutical products

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Project partners

- **Technical University of Denmark, National Food Institute**
 - Lisa Lystbæk Andersen, Henrik Hauch Nielsen, Michael Engelbrecht, Flemming Jessen
- **University of Copenhagen, Biological Institute**
 - Else K. Hoffmann, Carlo Ossum
- **Rigshospitalet, Dept. of Clinical Microbiology**
 - Leif Percival Andersen, Anna Boschian, Lone Rasmussen
- **Lund University, Division of Bacteriology**
 - Torkel Wadström
- **University of Tromsø, Institute of Marine Biotechnology**
 - Edel Oddny Elvevoll
- **Marinova**
 - Greta Jakobsen, Inez Johansson
- **Biofac A/S**
 - Peter Rørvig, Charlotte B. Pipper
- **Novozymes A/S**
 - Gitte Budolfson Lynglev, Steffen Ernst

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Project concept



- (Extraction) / hydrolysis of proteins
 - Different commercial and experimental enzymes (Novozymes)
 - Different parts of fish (belly flap, skin)
- Commercial hydrolysates (Marinova, Biofac A/S)
- Fractionation of peptides
 - Filtration (ultra, nano)
 - Gelfiltration
 - Ion exchange
- Test for biological activity
 - Different *in vitro* assays (enzymatic, cell culture)
 - *In vivo* (mouse)
- Feedback and further fractionation
- Gastrointestinal digestion effects on bioactivity
- Characterisation of peptides
- Characterise mechanism of activity

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***In vitro* testing**

- Angiotensin I-Converting Enzyme (ACE) inhibition
- Matrix Metalloproteinase (MMP-9, MMP-13) inhibition
- Antibacterial activity (*Helicobacter pylori*)
- Anticancer activity (pancreas, lymph node)
 - Proliferation (BrdU incorporation)
 - Apoptosis (Caspase-3/7 activity)
 - Migration (Microscopy-based method)
- Antioxidative activity
 - Ion chelating
 - Reducing power
 - Radical scavenging
 - Inhibition of peroxidation (liposome model)

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***In vivo* testing****Mouse: BALB/c, C57**

- Antibacterial activity (*Helicobacter pylori*)
- Immunological effects

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DTU


Preliminary results

- **ACE inhibition activity**
 - Found in the main part of hydrolysates or peptide fractions that have been tested.
 - Relevance?

- **Anticancer activity**
 - Inhibition of cell proliferation at low concentration (0.1 mg/ml) of a couple of hydrolysates and fractions from these.
 - Possible induction of apoptosis by some hydrolysates in the primary tumour cell line, but no effect on the lymph node metastasis cell line.

- **Antioxidative effects**
 - Activity found in commercial and experimental hydrolysates
 - Low molecular fractions have higher activity than high molecular fractions

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