

Nordic Workshop on challenges of dietary assessment in adolescents

Thursday 4th to Friday 5th of December 2014

University of Gothenburg and the Department of Food and Nutrition, and Sport Science, Building C, Room CE04

Address: Läroverksgatan 5, Gothenburg

Program

Thursday December 4th

9.30-10.00 Registration and coffee

10.00-10.05 Welcome by Christel Larsson, University of Gothenburg on behalf of organizers

First theme: Recruitment of adolescents (20 min presentation including questions)

10.05-10.25 Participation rate among children and adolescents in Norwegian dietary assessment studies – our experiences. Anine Medin, University of Oslo

10.25-10.45 How adolescents in low socioeconomic status areas perceive recruitment to dietary survey - results from a qualitative study Maria Magnusson, University of Gothenburg - to be confirmed

10.45-11.05 Recruitment of Finnish 9-11 y olds. Eva Roos, Folkhälsan Research Center

11.05 -11.25 Recruitment of 13 y old students in a health promotion research project focusing on empowerment, food and physical activity habits. Maja Wiberger, University of Gothenburg

11.25-12.10 Group discussion in pairs and plenary on recruitment issues

12.10-13.00 Lunch (CE and HK kitchen/dininghall)

Second theme: Dietary methods tailored to adolescents

13.00-13.20 General thoughts on making web-tools for adolescents. Lene Frost Andersen, University of Oslo

13.20-13.40 Webdash – Development of dietary assessment tool for 10-11 y olds. Anja Biloft-Jensen, Technical University of Denmark

13.40-14.00 Development of a smartphone dietary assessment application among 15 year olds in Sweden. Christel Larsson, University of Gothenburg and Umeå University

14.00-14.20 Implementation and evaluation of a smartphone dietary assessment application among 15 year olds in Sweden. Åsa Svensson, Umeå University and University of Gothenburg

14.20-14.40 Can gamification influence food behavior in adolescent Finnish athletes? Henna Vepsäläinen, University of Helsinki

14.40-15.00 Coffee break

15.00-15.20 The school as a setting for class room questionnaires and individual interviews among Swedish adolescents. Agneta Sjöberg, University of Gothenburg

15.20-15.40 Investigating dietary habits and promoting health in Icelandic youth - challenges and opportunities when using IT-tools, apps and photos. Anna S Olafsdottir, University of Iceland

15.40-16.30 Discussion in pairs and plenary on methods suited for adolescents

16.30 -16.45 Summing up of today's program

16.45 -17.30 Mingling/networking – something to eat and drink (CE and HK kitchen/dining hall)

Friday December 5th

Third theme: Issues that make it difficult to capture adolescent's dietary intake e.g. irregularity of meals, meals not eaten at home

8.30-9.00 Coffee

9.00-9.20 Results from Danish validation study in Nordic monitoring – what do adolescents answer when they participate in a survey with FFQ. Sisse Fagt, Technical University of Denmark

9.20-9.50 Assessing dietary data in Children and adolescents in a European study – a challenge. Gabriele Eiben, University of Gothenburg

9.50-10.10 Adolescents' perceptions on food and eating - a qualitative study in the Riksmaten ungdom project. Implications for a web based diet method. Anna-Karin Lindroos and Eva Warensjö, National Food Administration, Sweden

10.10-10.30 Quality of meals eaten out of home among Norwegian 9- and 13 year olds. Results from the Ungkost-3 Pilot study. Torunn Totland, University of Oslo

10.30-10.50 How to assess the diet among students at Danish schools for vocational education? Implications for the design of the study. Charlotte Lehmann, Technical University of Denmark

10.50-11.50 Group discussions and plenary regarding possible future strategies in dietary surveys on adolescents to handle some of the questions raised (Room CE11, CE13 and CE14 also available)

12.00 Goodbye by Ellen Trolle, Technical University of Denmark on behalf of the organizers

12.10-13.00 Lunch (CE and HK kitchen/dininghall)